

Special Food Package Only Kosher Milk and Cheese

Effective October 1, 2014

► Kosher Milk

Look For:

- ½ gallon
- 1 gallon

Children 1 year old – whole mi

Children 2 up to 5 years old & women – fat-free & low-fat (1%)

Choose from these brands

Lamers Dairy

Fresh & Tasty

Pride of the Farm

Don't Buy: Calcium-fortified, high protein or flavored milk (such as chocolate)



► Kosher Cheese

Look For:

- 1 lb package

Choose from these brands

Miller's Mozzarella

Natural & Kosher Mozzarella (block or sliced)

Natural & Kosher White American



For Exclusively Breastfeeding Multiple Infants from the Same Pregnancy

► Kosher Cheese

Look For:

- 8 oz.

Choose from these brands

Haolam Cheddar stick



Listed below are several stores that carry kosher foods.

Most stores carry both kosher milk and cheese in the approved sizes. Call the store before shopping.

Austin

HEB 7025 Village Center Drive 512-502-8445

Dallas

Albertsons 7007 Arapaho Road 214-387-8996

Tom Thumb 11920 Preston Road 972-392-2501

Houston

HEB 5417 S. Braeswood Blvd 713-721-8781

Kroger 10306 South Post Oak 713-721-7691

Richardson

Tom Thumb 1380 West Campbell Road 972-680-6010

San Antonio

HEB 8503 NW Military Hwy 210-479-4300

Visit our website at TexasWIC.org

