Criteria for Identifying Nutrition Risk Conditions

Purpose
To provide benefits to meet the special health and nutrition needs of low-income pregnant, breastfeeding and postpartum women, infants, and children. WIC provides supplemental foods and nutrition education to participants at nutrition risk during the critical growth and development periods of pregnancy, infancy, and early childhood.

Authority
7 CFR Part 246.7

Policy
To be eligible for program benefits, all WIC Program applicants shall have a nutrition risk condition identified through the documentation of a complete nutrition assessment.

Procedures
I. When determining eligibility, compare all data from the applicant’s health history, dietary, biomedical, and anthropometric assessment to the risk conditions listed in the Texas Clinic Assessment Manual. The criteria listed in this policy reflect allowable risk conditions. The Texas Clinic Assessment Manual provides the definition, justification, clarifications, guidelines and references about each of the allowable risk conditions.

II. Every condition of nutrition risk identified shall be marked on the back of the category specific state agency (SA) Participant Form (titled WIC Nutritional Risk Codes). Every risk code marked on the Participant Form shall have supporting documentation, e.g., growth charts, diet/health history forms, progress notes and/or individual counseling forms.
Guidelines

List of Allowable Nutrition Risk Conditions

The allowable nutrition risk conditions are subsequently listed by category. These risk conditions are in accordance with the national risk conditions identified and required by the United States Department of Agriculture (USDA). See the Texas Clinic Assessment Manual for complete definitions, priority levels, justifications, and clarifications of each risk criteria.

Pregnant Women

Anthropometric - Priority I

101 Underweight
111 Overweight
131 Low Maternal Weight Gain
132 Maternal Weight Loss During Pregnancy
133 High Maternal Weight Gain

Biochemical - Priority I

201 Low Hematocrit/Low Hemoglobin
211 Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Priority I

Pregnancy-Induced Conditions

301 Hyperemesis Gravidarum
302 Gestational Diabetes
303 History of Gestational Diabetes
304 History of Preeclampsia
Delivery of Low-Birth weight/Premature Infant
311 History of Preterm Delivery
312 History of Low Birth Weight

Prior Stillbirth Fetal or Neonatal Death
321 History of Spontaneous Abortion (two or more terminations of less than 20 weeks gestation or less than 500 grams), Fetal (20 weeks or greater gestation) or Neonatal Loss (28 days or less of life)

General Obstetrical Risks
331 Pregnancy at a Young Age
332 Short Interpregnancy Interval
333 High Parity and Young Age
334 Lack of or Inadequate Prenatal Care
335 Multifetal Gestation
336 Fetal Growth Restriction (FGR)
337 History of Birth of a Large for Gestational Age Infant
338 Pregnant Woman Currently Breastfeeding
339 History of Birth with Nutrition Related Congenital or Birth Defect

Nutrition-Related Risk Conditions (Chronic disease, Genetic Disorder, Infection)
341 Nutrient Deficiency Diseases
342 Gastro-Intestinal Disorders
343 Diabetes Mellitus
344 Thyroid Disorders
345 Hypertension and Prehypertension
346 Renal Disease
347 Cancer
348 Central Nervous System Disorders
349 Genetic and Congenital Disorders
351 Inborn Errors of Metabolism
352 Infectious Diseases (within the past 6 months)
353 Food Allergies
354 Celiac Disease
355 Lactose Intolerance
356 Hypoglycemia
357 Drug Nutrient Interactions
358 Eating Disorders
359 Recent Major Surgery, Trauma, Burns
360 Other Medical Conditions
361 Depression
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat

**Substance Use (Drugs, Alcohol, Tobacco)**
371 Maternal Smoking
372 Any Alcohol Use in Current Pregnancy
373 Any Illegal Drug Use in Current Pregnancy

**Other Health Risks**
381 Oral Health Conditions

**Dietary - Priority IV**
401 Failure to Meet *Dietary Guidelines for Americans*
480 Inappropriate Nutrition Practices for Women

Other Risks - Refer to each risk condition for priority level

**Regression/Transfer**
502 Transfer of Certification - No priority

**Breastfeeding Mother/Infant Dyad**
601 Breastfeeding Mother of Infant at Nutritional Risk - Priority I, II or IV depending on infant’s priority.
602 Breastfeeding Complications or Potential Complications - Priority I

**Homelessness/Migrancy**
801 Homelessness – Priority IV
802 Migrancy – Priority IV
Other Nutrition Risks
901 Recipient of Abuse (within past six months) – Priority IV
902 Woman with Limited Ability to Make Feeding Decisions and/or Prepare Food – Priority IV
903 Foster Care – Priority IV
904 Environmental Tobacco Smoke Exposure – Priority I

Breastfeeding Women - A woman is considered a breastfeeding woman if she nurses the infant at least once a day.

Anthropometric - Priority I
101 Underweight
111 Overweight
133 High Maternal Weight Gain in Most Recent Pregnancy

Biochemical- Priority I
201 Low Hematocrit/Low Hemoglobin
211 Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Priority I

Pregnancy-Induced Conditions
303 History of Gestational Diabetes
304 History of Preeclampsia

Delivery of Low-Birth weight/Premature Infant
311 History of Preterm Delivery
312 History of Low Birth Weight

Prior Stillbirth, Fetal or Neonatal Death
321 History of Spontaneous Abortion (termination of less than 20 weeks gestation or less than 500 grams), Fetal (20 weeks or greater gestation) or Neonatal Loss (28 days or less of life)
General Obstetrical Risks
331 Pregnancy at a Young Age
332 Short Interpregnancy Interval
333 High Parity and Young Age
335 Multifetal Gestation
337 History of Birth of a Large for Gestational Age Infant
339 History of Birth with Nutrition Related Congenital or Birth Defect

Nutrition-Related Risk Conditions
(E.g. Chronic Disease, Genetic Disorder, Infection)
341 Nutrient Deficiency Diseases
342 Gastro-Intestinal Disorders
343 Diabetes Mellitus
344 Thyroid Disorders
345 Hypertension and Prehypertension
346 Renal Disease
347 Cancer
348 Central Nervous System Disorders
349 Genetic and Congenital Disorders
351 Inborn Errors of Metabolism
352 Infectious Diseases (within the past 6 months)
353 Food Allergies
354 Celiac Disease
355 Lactose Intolerance
356 Hypoglycemia
357 Drug Nutrient Interactions
358 Eating Disorders
359 Recent Major Surgery, Trauma, Burns
360 Other Medical Conditions
361 Depression
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat
363 Pre-Diabetes
Substance Use (Drugs, Alcohol, Tobacco)
371 Maternal Smoking
372 Alcohol Use
373 Any Current Illegal Drug Use

Other Health Risks
381 Oral Health Conditions

Dietary - Priority IV
401 Failure to Meet Dietary Guidelines for Americans
480 Inappropriate Nutrition Practices for Women

Other Risks - Refer to each risk condition for priority level

Regression/Transfer
501 Possibility of Regression - Priority IV
502 Transfer of Certification - No priority

Breastfeeding Mother/Infant Dyad
601 Breastfeeding Mother of Infant at Nutritional Risk - Priority I, II or IV depending on infant’s priority.
602 Breastfeeding Complications or Potential Complications - Priority I

Homelessness/Migrancy
801 Homelessness - Priority IV
802 Migrancy - Priority IV

Other Nutrition Risks
901 Recipient of Abuse (within past six months) - Priority IV
902 Woman with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority IV
903 Foster Care - Priority IV
904 Environmental Tobacco Smoke Exposure – Priority I
Postpartum Women

Anthropometric - Refer to each risk condition for priority level

101 Underweight - Priority III
111 Overweight - Priority VI
133 High Maternal Weight Gain in Most Recent Pregnancy - Priority VI

Biochemical - Priority III

201 Low Hematocrit/Low Hemoglobin
211 Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Refer to each risk condition for priority level

Pregnancy-Induced Conditions
303 History of Gestational Diabetes – Priority V
304 History of Preeclampsia – Priority V

Delivery of Low-Birth weight/Premature Infant
311 History of Preterm Delivery – Priority III
312 History of Low Birth Weight – Priority III

Prior Stillbirth, Fetal or Neonatal Death
321 History of Spontaneous Abortion (termination of less than 20 weeks gestation or less than 500 grams), Fetal (20 weeks or greater gestation) or Neonatal Loss (28 days or less of life) – Priority III

General Obstetrical Risks
331 Pregnancy at a Young Age- Priority III
332 Short Interpregnancy Interval – Priority III
333 High Parity and Young Age – Priority III
335 Multifetal Gestation – Priority III
337 History of Birth of a Large for Gestational Age Infant – Priority V
339 History of Birth with Nutrition Related Congenital Birth Defect – Priority V
Nutrition-Related Risk Conditions
(E.g. Chronic Disease, Genetic Disorder, Infection)

341 Nutrient Deficiency Diseases – Priority III
342 Gastro-Intestinal Disorders – Priority III
343 Diabetes Mellitus – Priority III
344 Thyroid Disorders – Priority III
345 Hypertension and Prehypertension – Priority III
346 Renal Disease – Priority III
347 Cancer – Priority III
348 Central Nervous System Disorders – Priority III
349 Genetic and Congenital Disorders – Priority III
351 Inborn Errors of Metabolism – Priority III
352 Infectious Diseases (within the past 6 months) – Priority III
353 Food Allergies – Priority III
354 Celiac Disease – Priority III
355 Lactose Intolerance – Priority III
356 Hypoglycemia – Priority III
357 Drug Nutrient Interactions – Priority III
358 Eating Disorders – Priority III
359 Recent Major Surgery, Trauma, Burns – Priority III
360 Other Medical Conditions – Priority III
361 Depression – Priority III
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat – Priority III
363 Pre-Diabetes – Priority IV

Substance Use (Drugs, Alcohol)

371 Maternal Smoking – Priority VII
372 Alcohol Use – Priority III
373 Any Current Illegal Drug Use – Priority III

Other Health Risks

381 Oral Health Conditions – Priority III
Dietary - Priority VI

401 Failure to Meet Dietary Guidelines for Americans
480 Inappropriate Nutrition Practices for Women

Other Risks - Refer to each risk condition for priority level

Regression/Transfer
501 Possibility of Regression - Priority VII
502 Transfer of Certification - No priority

Homelessness/Migrancy
801 Homelessness - Priority VI
802 Migrancy - Priority VI

Other Nutrition Risks
901 Recipient of Abuse (within past six months) - Priority VI
902 Woman with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority VI
903 Foster Care - Priority VI
904 Environmental Tobacco Smoke Exposure – Priority V

Infants

Anthropometric - Priority I

103 Infant Underweight
104 Infant At Risk of Underweight
112 Infant At Risk of Overweight
115 High Weight-for-Length
121 Short Stature
122 Infant At Risk of Short Stature
134 Failure to Thrive (FTT)
135 Slowed/Faltering Growth Pattern
141 Low Birth Weight
142 Prematurity
143 Very Low Birth Weight
151 Small for Gestational Age
152 Low Head Circumference
153 Large for Gestational Age

Biochemical - Priority I

201 Low Hematocrit/Low Hemoglobin
211 Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Priority I

Nutrition-Related Risk Conditions
(E.g., Chronic Disease, Genetic Disorder, Infection)
341 Nutrient Deficiency Diseases
342 Gastro-Intestinal Disorders
343 Diabetes Mellitus
344 Thyroid Disorders
345 Hypertension and Prehypertension
346 Renal Disease
347 Cancer
348 Central Nervous System Disorders
349 Genetic and Congenital Disorders
351 Inborn Errors of Metabolism
352 Infectious Diseases (within the past 6 months)
353 Food Allergies
354 Celiac Disease
355 Lactose Intolerance
356 Hypoglycemia
357 Drug Nutrient Interactions
359 Recent Major Surgery, Trauma, Burns
360 Other Medical Conditions
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat
Other Health Risks
381 Oral Health Conditions
382 Fetal Alcohol Syndrome (FAS)

Dietary - Priority IV
428 Dietary risk Associated with Complementary Feeding Practices (4 to 12 months)
460 Inappropriate Nutrition Practices for Infants

Other Risks - Refer to each risk condition for priority level

Regression/Transfer
502 Transfer of Certification - No priority

Breastfeeding Mother/Infant Dyad
603 Breastfeeding Complications or Potential Complications - Priority I

Infant of a WIC-Eligible Mother or Mother at Risk During Pregnancy
701 Infant Up to 6 Months Old of WIC Mother - Priority II
702 Breastfeeding Infant of Woman at Nutrition Risk - Priority I, II, or IV depending on woman’s priority.
703 Infant Born of Woman with Mental Retardation or Alcohol or Drug Abuse (most recent pregnancy) - Priority I
704 Infant Up to 6 Months of a Woman Who Would Have Been Eligible During Pregnancy – Priority II

Homelessness/Migrancy
801 Homelessness - Priority IV
802 Migrancy - Priority IV

Other Nutrition Risks
901 Recipient of Abuse (within past six months) – Priority IV
902 Infant of Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority IV
903 Foster Care - Priority IV
904 Environmental Tobacco Smoke Exposure – Priority I
Children

Anthropometric - Priority III

103 Child Underweight
104 Child At Risk of Underweight
112 Child At Risk of Overweight
113 Child Obese (2-5 Years of Age)
114 Child Overweight (2 – 5 Years of Age)
115 High Weight-for-Length (12 – 23 Months of Age)
121 Short Stature
122 Child At Risk of Short Stature
134 Failure to Thrive (FTT)
141 Low Birth Weight
142 Prematurity
143 Very Low Birthweight
151 Small for Gestational Age
152 Low Head Circumference (12 – 23 Months of Age)

Biochemical - Priority III

201 Low Hematocrit/Low Hemoglobin
211 Elevated Blood Lead Levels Within the Past 12 Months

Clinical/Health/Medical - Priority III

Nutrition-Related Risk Conditions (E.g., Chronic Disease, Genetic Disorder, Infection)

341 Nutrient Deficiency Diseases
342 Gastro-Intestinal Disorders
343 Diabetes Mellitus
344 Thyroid Disorders
345 Hypertension and Prehypertension
346 Renal Disease
347 Cancer
348 Central Nervous System Disorders
349 Genetic and Congenital Disorders
351 Inborn Errors of Metabolism
352 Infectious Diseases (within the past 6 months)
353 Food Allergies
354 Celiac Disease
355 Lactose Intolerance
356 Hypoglycemia
357 Drug Nutrient Interactions
359 Recent Major Surgery, Trauma, Burns
360 Other Medical Conditions
362 Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat

Other Health Risks
381 Oral Health Conditions
382 Fetal Alcohol Syndrome (FAS)

Dietary - Priority V
401 Failure to Meet Dietary Guidelines (2 – 5 Years of Age)
428 Dietary Risk Associated with Complementary Feeding Practices (12 – 23 Months of Age)
470 Inappropriate Nutrition Practices for Children

Other Risks - Refer to each risk condition for priority level

Regression/Transfer
501 Possibility of Regression - Priority VII
502 Transfer of Certification - No priority

Homelessness/Migrancy
801 Homelessness - Priority V
802 Migrancy - Priority V
Other Nutrition Risks
901 Recipient of Child Abuse (within past six months) – Priority V.
902 Child of Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food - Priority V
903 Foster Care – Priority V
904 Environmental Tobacco Smoke Exposure – Priority III