

**Texas WIC Lesson Evaluation Results  
IF-000-22: CCNE Baby’s First Bites**

**Client Feedback**

**Total # of clients who responded to survey: 217**

**Clients surveyed identified themselves as:**

- Pregnant: 13%
- Breastfeeding: 14%
- Caretaker of baby under 12 months: 78%
- Caretaker of a child over 1 year: 48%
- Friend or family: 12%
- First WIC class: 11%

**Language in which the class was taught:**

- English – 70%
- Spanish – 24%
- Both – 4%

Compared to other WIC classes, clients awarded this class **4.4 stars** (out of 5).

**Clients rated the class as follows on the items below:**

	<b>Not at all</b>	<b>A little</b>	<b>A lot</b>
Helpful	2%	22%	77%
Too long	76%	20%	4%
Informative	1%	19%	80%
Important	2%	15%	84%
Boring	77%	19%	4%
Covered things I already know	8%	66%	26%
Answered my questions	2%	25%	74%
Encouraged me to participate	2%	28%	70%
The instructor knew a lot about the topic	-	8%	92%
Good for first-time parents	1%	6%	93%
I understood the language	-	3%	97%

**Clients indicated one thing they learned that they would try at home. Out of 195 write-in responses, themes for these comments included:**

- General feeding tips (53), including preparing and serving foods and being persistent
- Introducing solids at appropriate developmental stage (50), including increasing variety and texture (16), transitioning to mixing foods (9), and introducing finger foods (6)
- Waiting 5-7 days between trying new foods (17)
- Ideas for trying new foods and increasing variety (16)
- Appropriate bottle-feeding, including not putting rice cereal in the bottle and weaning to a sippy cup (15)

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**Staff Feedback**

**Total # of staff who responded to the survey: 14**

**Staff surveyed included** Clerks (6), Nutrition Assistants (5), CAs (3), and Nutritionists (3) and had the following degrees: LVN (3), Degreed Nutritionist (3), LD (1), and RD (1).

**Language in which the class was taught:**

- English – 36%
- Spanish – 14%
- Both – 50%

**Staff reported the following as working well when teaching the class:**

Client interaction (8)

- Participant interaction
- Parents like sharing their experience when asked.
- Share different experiences with each other and knowing what to expect through each.
- Participation from client because they were interested on it according to babies age
- Participation from each client. Everyone was involved
- Participation from client b/c they were interested on it according babies age
- The interaction from clients went quite well and they participated well.
- How the participants were really interested when to introduce to the baby the first bites.
- DVD (3)
  - The clients really enjoyed this DVD.
  - The video was very informative. Clients liked it a lot
  - The DVD lesson worked well...Clients opened up to each other at this time. They were very receptive.
- Everything (1)
- Prepare the class ahead of time & activities (1)

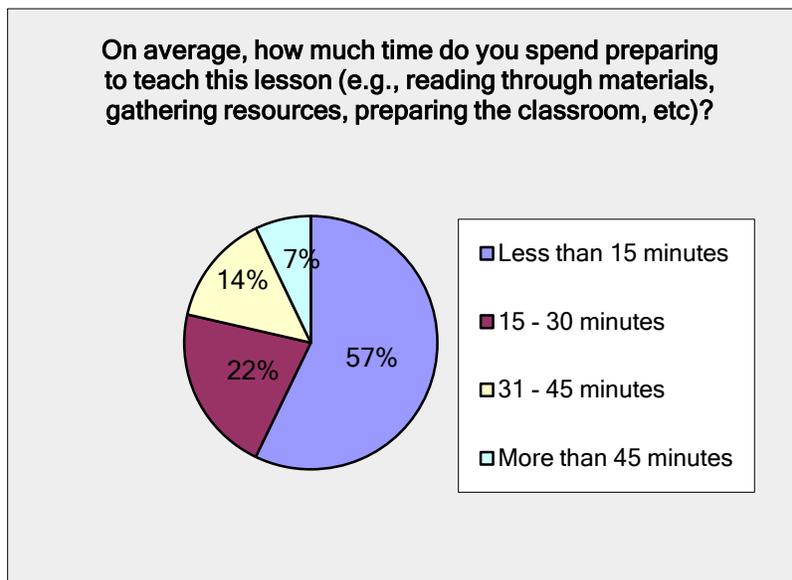
**What staff would do differently the next time they teach the class:**

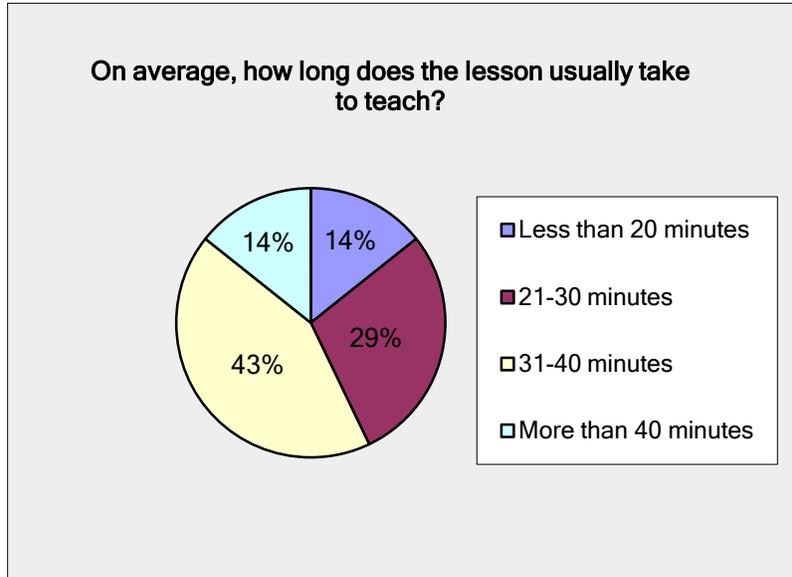
- Prepare myself better to handle misinformation from other participants
- I would have loved to have spoons and sippy cups to give out to the clients
- I usually give answers when parents ask questions. I will ask another parent to provide the answers next time.
- Have nametags for each parent w/their names, infants age, etc.
- Change activities
- Nothing. (5)

**Class Logistics**

How many times have you taught this class?		
Answer Options	Response Percent	Response Count
1	7.1%	1
2	7.1%	1
3	14.3%	2
4	28.6%	4
<b>5 or more</b>	<b>42.9%</b>	<b>6</b>

How easy or difficult was the lesson to follow?		
Answer Options	Response Percent	Response Count
<b>Very Easy</b>	<b>50.0%</b>	<b>7</b>
<b>Easy</b>	<b>50.0%</b>	<b>7</b>
Difficult	0.0%	0
Very Difficult	0.0%	0





**In your opinion, what would be the ideal size for this class?**

Answer Options	Response Percent	Response Count
Less than 6	14.3%	2
<b>6-10</b>	<b>71.4%</b>	<b>10</b>
11-16	14.3%	2
More than 16	0.0%	0
It doesn't matter	0.0%	0

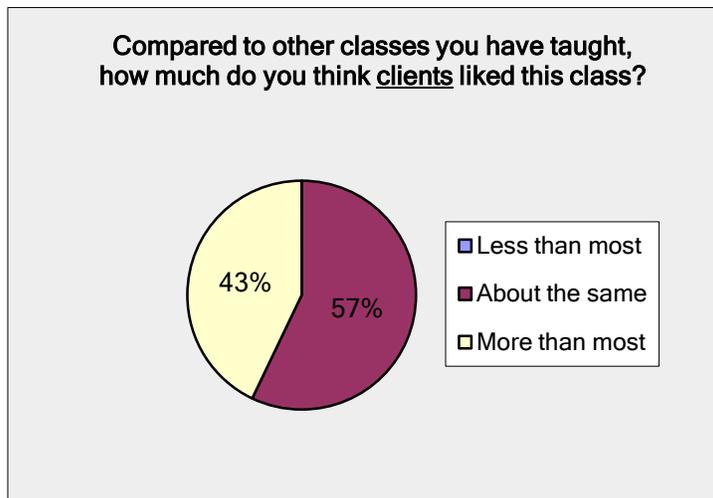
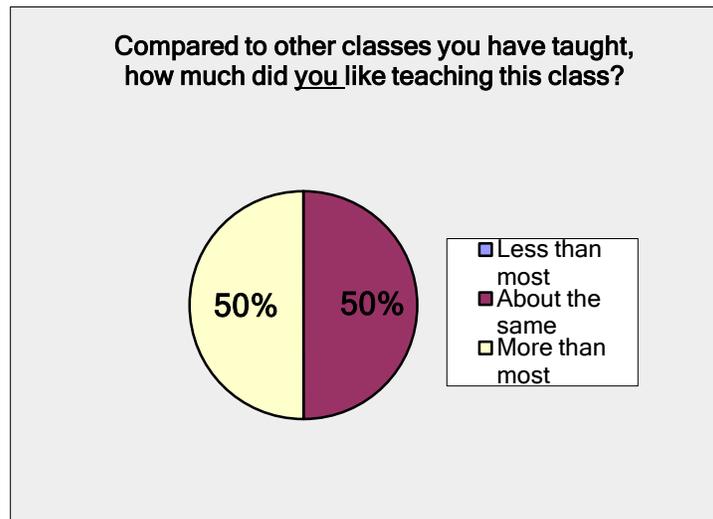
### Class Flow

**How much of the following sections of the lesson plan did you usually cover?**

Answer Options	None	Some	All	Not applicable
Introduction/Icebreaker	0	0	14	0
Main activity	0	3	11	0
Optional activities	3	6	2	2
Conclusion/Take away	0	2	12	0
In-class evaluation	1	5	8	0

How many of the clients usually participate in the class discussion?		
Answer Options	Response Percent	Response Count
Almost none	0.0%	0
Less than half	14.3%	2
About half	7.1%	1
More than half	21.4%	3
<b>Almost all</b>	<b>57.1%</b>	<b>8</b>

### Enjoyment of Class



## Training Background

What training or background have you had that helped you teach this class? (Check all that apply.)		
Answer Options	Response Percent	Response Count
None	0.0%	0
<b>Basic nutrition knowledge</b>	<b>64.3%</b>	<b>9</b>
Advanced nutrition knowledge	21.4%	3
Basic breastfeeding knowledge	35.7%	5
Advanced breastfeeding knowledge	7.1%	1
Public speaking	14.3%	2
Client-centered NE training from State	28.6%	4
<b>Client-centered NE training at my local agency</b>	<b>64.3%</b>	<b>9</b>
Other (please specify)		6

### What additional training would help you teach this class?

- Public speaking (2)
- Attend NE meetings because I am not very familiar with the CCNE lesson plans.
- Breastfeeding training
- Client-centered NE training
- More pamphlets
- Anything the State or Agency has to offer.
- Create a process to mentor CA's on how to teach client centered classes. - New Video techniques - A Seminar from the State Office about strategies in teaching CCNE classes.