CCNE Lesson Development Checklist

This checklist tool is for use with the CCNE Lesson Template. Use this tool as a guide for developing your own CCNE group lessons and for gathering feedback from peer review.

Lesson title: _________________________________________________________________________________________

The Objectives:
☐ Are clearly defined
☐ Address at least two of the following
  o Increasing knowledge or understanding [cognitive objective—head]
  o Changing feelings or attitudes [affective objective—heart]
  o Being able to do something differently [psychomotor objective—hand]

The Key Content Points:
☐ Contain information needed in order to achieve the objectives
☐ Describe the main messages of the lesson
☐ Are limited to no more than 3 main points

The Icebreaker:
☐ Is a simple discussion question or activity that encourages participation from all group members
☐ Is related to the topic [Optional]

The Activities:
☐ Support the objectives and key content points
☐ Include discussion questions for each topic
☐ Provide information in manageable amounts
☐ Encourage participants to do most of the talking
☐ Enhance motivation and/or increase self efficacy by including one or more of the following
  o Discusses feelings or attitudes
  o Discusses barriers and/or benefits to change
  o Provides opportunities for modeling, practice, and positive reinforcement
  o Encourages social support and/or helps provide a support system
  o Encourages goal setting

Overall:
☐ The objectives, key content points, and activities of this lesson support each other
☐ This lesson focuses on only 2-3 main points
☐ This lesson respects different viewpoints
☐ This lesson is written in a simple way that would be easy for staff to understand
☐ This lesson can be taught as written. If not checked, what additional information/detail would be needed?
________________________________________________________________________________________________________

What is one thing that could be added to the lesson in order to:
Get children involved in the class? ________________________________________________________
Get clients moving around the room? ______________________________________________________
Give clients a hands-on experience? _______________________________________________________
Give clients the opportunity to share? _____________________________________________________