



## Memorandum

---

---

**#16-039**

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Amanda Hovis, Director  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** April 22, 2016

**SUBJECT:** Bulletin Board Lesson PB-000-06 and PB-000-07

---

---

It was recently discovered that bulletin board lessons PB-000-06 (English) and PB-000-07 (Spanish) include recommendations that are no longer consistent with DSHS safe sleep recommendations. If you are using the lessons, please either replace them with another lesson or remove the pieces that read:

“Breastfeeding is convenient — nothing to heat, prepare, pack, or buy. Take your baby to bed with you and never get up in the middle of the night — just nurse in bed.”

and:

“Alimentar con pecho es conveniente-- no hay nada que calentar, preparar, empaclar ni comprar. Acuéstese con su bebé en la cama y no se levante nunca durante la noche. Puede darle pecho ahí mismo.”

If you have questions or require additional information, please contact Kristina Arrieta, Peer Counselor Coordinator, at (512) 341-4593 or at [kristina.arrieta@dshs.state.tx.us](mailto:kristina.arrieta@dshs.state.tx.us)