



Memorandum

#16-027

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Amanda Hovis, Director
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: March 11, 2016

SUBJECT: New Food Package Guide and Food Package Code Quick Reference
Effective February 1, 2016

The *Texas WIC Food Package Guide* and *Food Package Code Quick Reference* have been updated to include the changes that were downloaded at the end of January, 2016. The guides can now be downloaded at <http://www.dshs.state.tx.us/wichd/nut/foods-nut.shtm>.

Changes to the Guide:

- **Removed infant food package 552 6-11 Months – Formula Only** – Refer to Memo #15-123 <http://www.dshs.state.tx.us/wichd/data15/15123.pdf> for more information on 552
- **Removed Gluten-free food packages** – participants who need gluten-free cereal can now receive a standard food package and choose the gluten-free cereals identified in the Shopping Guide
- **Added new Kosher food packages with all milk and no cheese** – kosher food packages do not include yogurt
- **Added new < 2 Years Low-fat Milk food packages with cheese and yogurt** – the yogurt option is available in all food packages except for kosher
- **Modified Evaporated Milk and Dry Milk food package to include yogurt** – all food packages now include yogurt except for *Exclusively breastfeeding* and *exclusively breastfeeding multiples, pregnant with multiples/pregnant and breastfeeding*, and *mostly breastfeeding multiples* do not get a food package with yogurt due to evaporated milk equivalence calculations

If you have any questions or need additional information, contact Paula Kanter, Clinic Nutrition Specialist, at paula.kanter@dshs.state.tx.us or 512-341-4574.