



Memorandum

#16-026

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Amanda Hovis, Director
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: March 11, 2016

SUBJECT: Changes to Evaporated Milk and Dry Powdered Milk Food Packages

This is a follow-up to Memo #16-010 Food Package Reports which listed the food package changes that were downloaded on January 29, 2016. Two of the changes included adding yogurt to the Evaporated Milk and Dry Milk food packages (excluding the No Refrigeration food package).

These new food packages were downloaded to REPLACE the old food packages that did not include yogurt by automatically transitioning to the new package when future month benefits are issued. This means that these participants need to be aware that their food package has changed. They are now receiving yogurt as part of their food package and will see yogurt on their Shopping List.

Below is a list of the changes to the food packages:

Evaporated Milk

- **<2 Years Old** – 17 cans of evaporated milk reduced to 16 cans plus 1 quart of yogurt
- **2+ Years Old** – 17 cans of evaporated milk reduced to 16 cans plus 1 quart of yogurt
- **Pregnant and Mostly Breastfeeding** – 25 cans of evaporated milk reduced to 24 cans plus 1 quart of yogurt
- **Postpartum and Some Breastfeeding** – 17 cans of evaporated milk reduced to 16 cans plus 1 quart of yogurt
- **Exclusively Breastfeeding** – PLEASE NOTE: food package remains at 28 cans of evaporated milk. Due to evaporated milk equivalence and calculations, we are unable to add yogurt to this package.
- **Exclusively Breastfeeding Multiples** – 45 cans evaporated milk reduced to 44 cans plus 1 quart yogurt

Dry Milk

- **2+ Years Old** – 38.4 oz. of dry milk remains the same. Removed the 1 can of evaporated milk and replaced with 1 quart of yogurt
- **Pregnant and Mostly Breastfeeding** – 60.8 oz. of dry milk reduced to 57.6 oz. plus 1 quart of yogurt
- **Postpartum and Some Breastfeeding** – 38.4 oz. of dry milk remains the same. Removed the 1 can of evaporated milk and replaced with 1 quart of yogurt
- **Exclusively Breastfeeding** – 67.2 oz. of dry milk reduced to 64 oz. plus 1 quart of yogurt
- **Exclusively Breastfeeding Multiples** – 105.6 oz. of dry milk reduced to 102.4 oz. plus 1 quart of yogurt

If you have any questions or need additional information about the changes, contact Paula Kanter, Clinic Nutrition Specialist, at 512-341-4574 or paula.kanter@dshs.state.tx.us