



Memorandum

14-055

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: May 2, 2014

SUBJECT: Pregnant Mostly Breastfeeding Food Package Effective May 5, 2014

Memo #14-039 regarding the USDA Final WIC Food Package Rules, dated March 31, 2014, announced that the Final Food Rules had been published and some of the key changes were highlighted. The first change Texas WIC will implement is the provision that allows pregnant women who are also mostly breastfeeding to receive the same food package as women who are pregnant with multiples (equivalent to the exclusively breastfeeding food package).

Starting May 5, 2014, pregnant women who are mostly breastfeeding can be issued any of the *Pregnant with Multiples* Food Packages listed below.

Pregnant with Multiples Food Packages

- 503 Standard with Milk and Cheese
- 504 Standard with Milk and Less Cheese
- 505 Lactose-Free Milk with Cheese
- 620 Lactose-Free Milk with Less Cheese
- 535 Soy Milk/Cheese and Tofu
- 556 Dry Powdered Milk No Cheese (for no refrigeration or cooking facilities)
- 534 Evaporated Milk
- 533 Dry Powdered Milk
- 536 Kosher Milk and Cheese
- 502 Gluten Free Cereal
- 636 Special Dietary Needs – Nutritional and Standard Foods
- 501 Special Dietary Needs – Nutritional and Soy Milk/Tofu

Pregnant Mostly Breastfeeding Food
Package Effective May 5, 2014
May 5, 2014
Page 2

The *Texas WIC Food Package Guide* will be updated to include a description for the *Pregnant Mostly Breastfeeding* next to the *Pregnant with Multiples*. The new guide will be available for staff to download in May 2014. The guide will include both the *Pregnant Mostly Breastfeeding Package* and the increase in the children's cash value from \$6.00 to \$8.00 which will be effective June 1, 2014.

If you have any questions or need additional information, please contact Paula Kanter, Clinic Nutrition Specialist, at 512-341-4574 or paula.kanter@dshs.state.tx.us.