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**#13-079**

**TO:** WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** August 5, 2013

**SUBJECT:** *Breastfeeding and Family Planning Fact Sheet*, Stock #13-101

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It has been brought to our attention that the new bilingual fact sheet, *Breastfeeding and Family Planning Fact Sheet*, Stock #13-101, contains an error in the Spanish translation. Corrected fact sheets will be available from the WIC Catalog in a few weeks. Until that time a corrected PDF of the fact sheet has been uploaded to the WIC Catalog that you can download and copy to give to clients. You may also correct the March 2013 fact sheet as indicated below then give it to clients.

**English version is correct:**

2. You have to breastfeed your baby at least every four hours during the day, and every six hours at night – no exceptions.
3. Your baby is less than six months old.

**Change Spanish translation to:**

2. Usted tiene que amamantar al bebé por lo menos cada **4** horas durante el día y cada 6 horas durante la noche, sin excepciones.
3. El bebé tiene menos de **6** meses.

We apologize for any confusion this error may have caused.

Unless otherwise indicated, please visit the online WIC Catalog for publication description, downloads, and ordering information at <http://www.dshs.state.tx.us/wichd/WICCatalog/contents.shtm>. If you have any questions or require further information, please contact Marguerite Kelly, Training Specialist IV, 512-341-4589 or [marguerite.kelly@dshs.state.tx.us](mailto:marguerite.kelly@dshs.state.tx.us), or Tracy Erickson, Breastfeeding Coordinator, at 512-341-4521 or [tracy.erickson@dshs.state.tx.us](mailto:tracy.erickson@dshs.state.tx.us).