



Memorandum

#13-046

TO: WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: May 8, 2013

SUBJECT: New Women's Health Module

NEW! Women's Health Module (stock no. 13-42)

The new *Women's Health Module* replaces the *Postpartum Module*. It provides staff with basic information on:

- Encouraging positive health behaviors
- Weight and women's reproductive health
- Nutrient needs for women
- Postpartum issues affecting nutritional status
- Effective counseling strategies in women's health

Local agencies (LAs) will receive **one printed module per clinic site**. Each agency will receive printed modules soon. Additional copies of the module will be available to print and download soon from the *WIC Catalog* at <http://www.dshs.state.tx.us/wichd/WICCatalog/contents.shtm>.

Once you receive the revised module, please discontinue using the old *Postpartum Module*. If staff have previously completed the *Postpartum Module*, they are not required to complete the new module.

NEW! Women's Health Workbook (stock no. 13-42-1)

The new *Women's Health Workbook* contains activities and test questions to accompany the *Women's Health Module*. Rather than receiving printed copies of the workbook, LAs will be able to download and print the desired number of workbook copies from the *WIC Catalog* at <http://www.dshs.state.tx.us/wichd/WICCatalog/contents.shtm>.

If you have any questions or require additional information, please contact either Katie Lanier, Nutrition Education Consultant at 512-341-4514 or Katie.Lanier@dshs.state.tx.us, or Mandy Seay, Nutrition Education Consultant, at 512-341-4516 or Mandy.Seay@dshs.state.tx.us.