



Memorandum

13-039

TO: WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: April 19, 2013

SUBJECT: Hot Topic for WIC Registered Dietitians – Fruities, Grabbers, and Squeezies – Oh My!

Are you curious about the latest infant and toddler feeding trends? Have you seen infants and toddlers sucking on squeezable pouches and wondered what they are? Then join us for the upcoming *Hot Topic* training on pureed food pouches, the newest addition to the baby and toddler food market. This training will discuss the intended use of food pouches, possible nutrition-related concerns, and recommendations for use.

Cristina Garcia, RD, LD, and Paula Kanter, RD, will be presenting the training. **Registered Dietitians and Dietetic Technicians, Registered, who attend the training are eligible for 1 CEU** (*note: name and local agency number must be submitted at the beginning of the session to receive credit*). The presentation will be repeated twice in one week to accommodate different schedules.

Session Dates & Times:

Fruities, Grabbers, and Squeezies – Oh My!

Presented by: Cristina Garcia, RD, LD, and Paula Kanter, RD

- Tuesday, May 21, 2013: 1:00 P.M. – 2:00 P.M. CST
- Wednesday, May 22, 2013: 1:00P.M. – 2:00 P.M. CST

Instructions for logging on:

1. You will need a telephone and internet access.
2. Open your internet browser. Go to <https://stateoftx-dshs.centurylinkccc.com/CenturylinkWeb/RDHotTopic>
3. Click the “Guest” tab.
4. Enter your name and email address, then click “Join Meeting.”

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5. To join by audio, type your phone number and click “Let the Meeting Call Me.” The program will automatically dial your phone.
 - a. You may also dial toll free **1-877-820-7831**. Enter participant passcode **5123414512#** when prompted (including the # sign that follows).
6. For help logging in, contact CenturyLink Customer Support at 1-800-485-0844.

If you have questions or require additional information, please contact Kaylene Thompson, RD, LD, Nutrition Education Consultant, at 512-341-4512, or by email at kaylene.thompson@dshs.state.tx.us.