

## Memorandum

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#14-112

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Amanda Hovis, Director  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** September 15, 2014

**SUBJECT:** Clarification for Recumbent Length

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This memo is to clarify the instructions for paper liner placement when obtaining a recumbent length on infants and children less than 24 months of age.

When preparing to obtain an infant's recumbent length staff shall, at a minimum, cover the headpiece, neck, and shoulder area with scale liner or table paper. Staff may choose to cover more of the recumbent board, as long as it does not interfere with the reading of the measurements off the board or impede the infant's body from being fully extended.

The picture below indicates the proper placement of the paper liner:



This clarification does not change the procedure that is currently in place for obtaining a recumbent length. Rather, it clarifies the extent for which the recumbent board shall be covered. Staff trainings, including the "Weighing and Measuring" training offered via Century Link, that mention the Recumbent Length procedure are currently being revised to indicate this clarification.

If you have questions or need additional information, please contact Cristina García, Clinic Services Training Specialist, at [Cristina.Garcia@dshs.state.tx.us](mailto:Cristina.Garcia@dshs.state.tx.us) or (512) 341-4583.