



Memorandum

#12-075

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: August 6, 2012

SUBJECT: Lesson Deletions from Nutrition Education Plan

The attached list of lessons will be deleted from Texas WIN (TWIN), the WIC website, and the Nutrition Education (NE) Plan class schedule on September 1, 2012. If any of these lessons are on your class schedule, please remove them.

Our NE staff is working hard to revise and update many of our older lessons. Part of this revision process includes creating new lessons in multiple formats, such as self-paced, web-based, bulletin board, and client-centered nutrition education (CCNE). We appreciate your patience with your agency's NE liaison during the lesson revision process.

If you have any questions or require additional information, please contact your local agency's NE liaison.

Attachment

Lessons Deletions – September 1, 2012

BF-000-27 (already deleted)

BF-000-33 (already deleted)

CF-000-18 Breakfast is for Champions (replace w/CF-000-32 Breakfast Builds Better Bodies)

CF-000-19 Bring the Outside In (replace w/CF-000-27 CCNE: Help Your Child Have a Healthy Weight)

CH-000-20 Mealtimes is Family Time: Mealtimes Matters (replace w/ CF-000-28 and CF-000-30)

CF-000-22 Tips for Making Family Life Easier (replace w/ CF-000-30 CCNE: Family Meals - More Than Just Eating Together)

CF-000-23 I'm Not a Baby Anymore: Tips for Feeding (replace w/ CF-000-28 CCNE: Picky Eaters - Making Peace w/ Food)

DH-000-06 Nothing but the Tooth (replace w/ DH-000-07 CCNE: Healthy Children, Healthy Smiles)

Remove Food Safety Section

IF-000-09 Infant Feeding Bingo (replace w/ CCNE: Infant Top 10)

IF-000-15 Feeding Your Infant 8-12 Months (replace w/ CCNE: Infant Top 10)

IF-000-19 Tips for Promoting a Healthy Weight during Infancy (replace w/ IF-000-24 Fun and Feeding for a Healthy Weight)

IF-000-20 Fit Families: Baby Talk about Food (replace w/ IF-000-24 Fun and Feeding for a Healthy Weight)

IF-000-21 Childhood Nutrition: Feeding Your Baby (replace w/ IF-000-24 Fun and Feeding for a Healthy Weight)

GD-000-02 Let's Get Our Bodies Moving! (replace w/ SP-000-13 Get Moving, Feel Great)

GD-000-04 Zowzoo (replace w/ SP-000-31 Zobey: Jungle Jive or SP-00033 Zobey: Barn Dance Party)

GD-000-05 Zowzoo (replace w/ CH-000-22 CCNE: Zobey: Jungle Jive or CH-000-23 CCNE Zobey: Barn Dance Party)

GN-000-15 Understanding Super-sized Portions (replace w/ GN-000-16 Fit Families: Portion Awareness)

MN-000-07 Healthy Pregnancy (replace w/ MN-000-14 Keen Eye on the Small Fry or MN-000-53 CCNE: Pregnancy Top 10)

MN-000-08 Pregnant & Growing (replace w/ MN-000-14 Keen Eye on the Small Fry or MN-000-53 CCNE: Pregnancy Top 10)

MN-000-09 New Baby Care (replace w/ MN-000-14 Keen Eye on the Small Fry or MN-000-53 CCNE: Pregnancy Top 10)

NR-000-12 For Goodness Sake! Prevent Anemia (replace w/ NR-000-18: CCNE Building Strong Blood)

NT-000-06 Folic Acid - What Every Woman Needs (information should be covered during individual counseling)

NT-000-07 Family Meals (replace w/ CF-000-30 CCNE: Family Meals – More Than Just Eating Together)

PN-000-06 Feeling Great... (replace w/ PN-00010 CCNE: Diet and Women's Health: Feeling Great Postpartum and Beyond)

PN-000-07 What Can I Do Besides Eat (replace w/ PN-000-11 CCNE: What Can I Do Besides Eat?)

Remove Reading Book Initiative Section

SP-000-03 Planning Your Meals

SP-000-13 Get Moving, Feel Great, Lose Weight (replace w/ SP-000-36 Be Active, Feel Great)

SP-000-15 Your Baby's Beautiful Teeth (replace w/ PB-000-08 Healthy Teeth, Healthy Smiles)

SP-000-16 You and Your Children Can Be Media Smart (replace w/ SP-000-23 Cut Back on Screen Time)

SP-000-28 Zobey: Searching for Rainbow (replace w/ SP-000-31 Zobey: Jungle Jive or SP-00033 Zobey: Barn Dance Party)

SP-000-29 Zobey: A Trip to Bugland (replace w/ SP-000-31 Zobey: Jungle Jive or SP-00033 Zobey: Barn Dance Party)