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#11-056

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** May 13, 2011

**SUBJECT:** Peer Counselor Training Materials

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Effective immediately, all requests for Peer Counselor Training materials will need to be made through Kristina Arrieta at: [Kristina.Arrieta@dshs.state.tx.us](mailto:Kristina.Arrieta@dshs.state.tx.us). Orders for materials must be made **at least 30 days before the training begins**. Please share this information with your breastfeeding coordinator and your peer counselors.

The items listed below are no longer available on the WIC Materials Ordering system.

- *Peer Counselor Manual*, stock no. 13-06-11342
- *Instructor Manual*, stock no. 13-140
- *The Womanly Art of Breastfeeding*, stock no. 13-06-13462
- *Breastfeeding Answers Made Simple*, stock no. 13-06-13468

The Spanish *Breastfeeding Answer Book*, stock no. 13-06-13473A is being deleted. We have a limited number available and orders will be on a first-come, first-served basis for this item. Many local agencies have found it helpful to keep one Spanish *Breastfeeding Answer Book* in each of their clinics.

The State Agency highly recommends that all peer counselor trainers contact Missy Hammer at [Missy.Hammer@dshs.state.tx.us](mailto:Missy.Hammer@dshs.state.tx.us) to obtain the continuing education paperwork to offer Lactation Continuing Education Recognition Points (L-CERPs) prior to teaching the class.

Beginning with the 2012 International Board of Lactation Consultant Examiners (IBLCE) exam, eligibility requirements for first-time exam candidates will change from 45 to 90 hours of lactation-specific education. The Peer Counselor Training awards 20 L-CERPs. If you do not apply for L-CERPs through Missy Hammer at least 30 days **before** the Peer Counselor Training begins, the participants will **not** be awarded L-CERPs and will not be able to use those hours towards the amount needed to sit for the exam.

If you have questions or require additional information, please contact Kristina Arrieta, Peer Counselor Coordinator, Nutrition Education/Clinic Services Unit, at (512) 341-4593 or [Kristina.Arrieta@dshs.state.tx.us](mailto:Kristina.Arrieta@dshs.state.tx.us) or Missy Hammer, Program Specialist, at (512) 341-4457 or [Missy.Hammer@dshs.state.tx.us](mailto:Missy.Hammer@dshs.state.tx.us).