



## Memorandum

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#10-068

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** June 11, 2010

**SUBJECT:** Post-Food Package Rollout *TEXFAN Questionnaire Survey*

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The State Agency is collaborating with Texas A&M University's Institute for Obesity Research & Program Evaluation to carry out the *Texas Food and Nutrition (TEXFAN) Questionnaire Survey* of Texas WIC participants. As you will recall, we are using this questionnaire to help evaluate the impact of the changes in the food benefit by surveying participants before and after the changes.

All local agencies participated in the pre-food package rollout *TEXFAN Questionnaire Survey* in winter 2008. This summer, you are asked to administer this survey for post-rollout results. This information will help us learn whether the new WIC foods are making an impact, and tailor our nutrition education curriculum to better meet the needs of our participants.

In the next few weeks, each local agency will receive a package containing the *TEXFAN Questionnaire Survey*, which should be administered to adult WIC participants. We are asking that each WIC Director appoint someone to coordinate this effort at your agency and follow the instructions enclosed in the *TEXFAN* package. The questionnaire's success is heavily dependent on the hard work of clinic staff.

The State Agency has worked with the Texas A&M Institute project team to streamline the process as much as possible for WIC staff, while also maintaining the integrity of the information being collected. Filling out the *TEXFAN Questionnaire Survey* will count as a class activity for the participants. Please use Nutrition Education Class Code **FT-000-01**.

TEXFAN Administration: The *TEXFAN* package will include the following:

- *TEXFAN Questionnaire Survey* (each local agency will receive the appropriate number based on sample size calculations)
- *Administration Instructions and Administration Script*
- A list of *Frequently Asked Questions (FAQs)*
- Prepaid FedEx airbills for returning the questionnaires

You should receive the *TEXFAN Questionnaire Survey* package by the week of **June 28**. **The surveys should be mailed back by the week of July 30, 2010**. We would greatly appreciate your help in ensuring that the *TEXFAN Questionnaire Survey* are filled out and returned using the FedEx air bills in a timely manner.

If you have any questions or would like additional information, please contact Texas A&M *TEXFAN* representatives at (979) 458-2679 or Matt Harrington, Nutrition Education Consultant, Nutrition Education/Clinic Services Unit, at (512) 341-4515 or [matt.harrington@dshs.state.tx.us](mailto:matt.harrington@dshs.state.tx.us).