



Memorandum

#10-060

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: May 21, 2010

SUBJECT: Hot Topics for high risk counselors – **Gestational Diabetes**

The upcoming Hot Topics for high risk counselors will focus on **Gestational Diabetes**. Participants will learn about statistics on incidence of diabetes occurring in pregnancy, potential maternal, fetal risks and complications associated with hyperglycemia and ketosis. The presentation will cover case studies on counseling women with gestational diabetes as well as other types of diabetes, diabetes medications and carbohydrate counting. Sandi Spicer-Moore, RD, LD, CDE, BC-ADM will be presenting the training. There will be time for questions at the end of the presentation. . **Attending registered dietitians are eligible for 1 CEU** (provided names and local agency numbers are submitted at the beginning of the presentation). The presentation will be repeated twice during June.

Hot Topics: Gestational Diabetes
Sandi Spicer-Moore, RD, LD, CDE, BC-ADM

Tuesday, June 8, 2010 12:00- 1:00 p.m. and
Thursday, June 10, 2010 12:00- 1:00 p.m.

Qwest # (866) 921-2203 (see log-in instructions below)

Room #: *3357839*

Qwest WEB Conferencing information and instructions for logging on:

- 1. You will need a telephone and Internet access with Internet Explorer.**
- 2 Go to <http://qwest.conferencing.com/>
- 3. Log on to the conference as a participant with the room number: *3357839***
- 4. Participants will be asked how they wish to access the voice portion of the meeting.** Choose “dial in now” and then call the phone number listed on the schedule for the class you are attending. Then enter the **room number** to join the meeting and then your *personal identifier number* given to you on your computer screen to link your phone and web connections.
- 5. Plan on joining the meeting at least 15 minutes early in order to deal with any technical difficulties you may encounter.** If you experience technical difficulties press*10*, on the telephone keypad to access technical support.

If you have questions or require additional information, please contact Lauren Christian, Nutrition Education Consultant, at (512) 341-4590, or Lauren.Christian@dshs.state.tx.us.