



## Memorandum

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**#10-037**

**TO:** Regional Medical Directors for  
Health Service Regions 4/5, 6 & 5 South, 9/10 and 11  
WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** April 2, 2010

**SUBJECT:** Updated *Texas WIC Approved Whole Grains and Baby Foods*

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The *Texas WIC Approved Whole Grains and Baby Foods* has been updated. The new list of approved brands can be found on the web under FY 2010 Texas WIC Approved Foods at [http://www.dshs.state.tx.us/wichd/approved\\_foods/new\\_foods.shtm](http://www.dshs.state.tx.us/wichd/approved_foods/new_foods.shtm). This information is available for your reference or to make copies for WIC participants. The list has been updated with the following brands:

**Brown Rice**

Best Choice – 16 oz.

**Whole Wheat Tortillas**

Mission - 16 oz.

Nuevo Leon - 16 oz.

Ramirez and Sons - 16 oz.

**Corn Tortillas**

Casa Rica – 16 oz.

Ramirez and Sons – 16 oz.

The list will be updated periodically. We will notify you when new brands or additional baby food fruits and vegetables are approved.

If you have any questions or require additional information, please contact Paula Kanter, Clinical Nutrition Specialist, at (512) 341-4574 or [paula.kanter@dshs.state.tx.us](mailto:paula.kanter@dshs.state.tx.us).