



## Memorandum

**#10-008**

**TO:** Regional Medical Directors for  
Health Service Regions 4/5, 6 & 5 South, 9/10 and 11  
WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** February 18, 2010

**SUBJECT:** Preparation for the 2010 International Board of Lactation Consultants Examiners (IBLCE) Exam

This memo announces a unique training opportunity that the State Agency will begin offering to WIC staff in preparation for the 2010 International Board of Lactation Consultants Examiners (IBLCE) Exam.

Over the next several months, various breastfeeding topics related to the IBLCE Exam Blueprint will be discussed via Interactive Distance Learning (IDL). The IDLs will be conducted like a discussion/study group and will cover “homework” or topics that staff are required to review prior to the IDL. The IDLs will be offered twice a month starting in March and continue until the exam date, July 26, 2010.

An overview of the training schedule is as follows:

<b>Maternal and Infant IDL Training Topic</b>	<b>Dates offered:</b>
Anatomy; Normal Physiology and Endocrinology	March 3, 2010 12:00pm – 1:00pm
Nutrition and Biochemistry; Immunology and Infectious Disease	March 10, 2010 12:00pm – 1:00pm
Pathology; Pharmacology and Toxicology	April, 2010 TBA, refer to IDL schedule
Psychology, Sociology and Anthropology; Public Health	April, 2010 TBA, refer to IDL schedule
Growth Parameters and Developmental Milestones	May, 2010 TBA, refer to IDL schedule
Breastfeeding Equipment and Technology	May, 2010 TBA, refer to IDL schedule
Techniques	June, 2010 TBA, refer to IDL schedule
Interpretation of Research; Ethical and Legal Issues	June, 2010 TBA, refer to IDL schedule
Review	July, 2010 TBA, refer to IDL schedule

For information on each topic, please refer to the IBLCE’s suggested resource list at their website at:  
[http://www.iblce.org/upload/downloads/SuggestedResourceList\\_06%202009.pdf](http://www.iblce.org/upload/downloads/SuggestedResourceList_06%202009.pdf).

A new study group will begin in August 2010 to help prepare staff for the 2011 IBLCE exam; it will only meet once a month. The content information and corresponding training dates will be announced in a memo this summer.

To view IBCLC requirements please visit <http://americas.iblce.org/pathway1.php>. Healthcare professionals, including Peer Counselors, should read the requirements in *Pathway 1*. We encourage local agencies to take advantage of this training opportunity and help increase the number of IBCLCs in Texas and in our WIC clinics.

If you have questions or require additional information, please contact Kristina Arrieta, Training Specialist, Nutrition Education/Clinic Services Unit, Nutrition Services Section, at (512) 341- 4592, or [kristina.arrieta@dshs.state.tx.us](mailto:kristina.arrieta@dshs.state.tx.us), or Lindsey Randall, Nutrition Education Consultant, Nutrition Education/Clinic Services Unit, Nutrition Services Section, at (512) 341-4594, or [lindsey.randall@dshs.state.tx.us](mailto:lindsey.randall@dshs.state.tx.us).