



Memorandum

TO: WIC Regional Directors **#09-038**
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager **(Original Signed)**
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: March 6, 2009

SUBJECT: *April 2009 Interactive Distance Learning Class Schedule*

Attached please find the *April 2009 Interactive Distance Learning Network (IDL) Class Schedule*.

This month we continue highlighting the classes relevant to the changes of new food packages, which will be implemented on Oct. 1, 2009. A complete list of class descriptions is available at www.dshs.state.tx.us/wichd/training.

In addition to our recent new classes, this month we bring you these additional topics:

Reading Your New FY09 "Surplus Sheet"

The Surplus page has been revised for FY 09. Intended for WIC directors and staff who work with WIC billings, this class will explain how an agency "earns" WIC funds, how to compute the limits on that amount established by nutrition-education costs, required breastfeeding expenditure amounts, both nutrition education and breastfeeding allowable costs, and computing an agency's balance of funds available to spend.

Materials recommended: Current Local Agency surplus page

Benefits of Soy

The new food packages will offer a couple of soy foods, soy milk and tofu. Recent studies show soy foods play a role in reducing the risk of cancer, heart disease, and osteoporosis and in controlling diabetes. This session will highlight the new WIC soy foods and the many benefits of soy.

Spice it Up! Hot Tips for Peer Counselors

The topic for February, March, and April is "Counseling Moms of Premature and Late-preterm Infants"

This is an opportunity for peer counselors to share best practices. Experienced peer counselors will discuss counseling moms of premature and late-preterm infants. These presentations will be followed by an interactive "open mic" time with opportunity for attendees to discuss and share additional insight, practices and tips on these and other topics pertaining to peer counseling. Topics presented in this session change quarterly.

DSHS Child Abuse Reporting

This training will highlight revisions to the *DSHS Child Abuse Screening, Documenting, and Reporting Policy* and as well as the *Reporting Form*.

BABY'S DADDY: fathers' impact on family health, and what WIC can do about it

Q: Why should WIC care about Dad?

A: [you fill in the blank]

In this one hour interactive presentation, staff from the Office of the Attorney General will present evidence-based information on:

- the impact father involvement has on pregnancy outcomes, child health and development, and long-term economic stability of the family
- common assumptions and beliefs about unmarried parents and their children
- strategies, skills, and resources to engage dads in WIC
- paternity, child support, and WIC families

If you have any questions or require additional information, please contact Yolanda Baz Dresch, IDL Studio Manager, Nutrition Education/Clinic Services Unit, at (512) 341-4443 or yolanda.bazdresch@dshs.state.tx.us.

April 2009 Interactive Distance Learning Class Schedule

Time	Monday	Tuesday	Wednesday 4/1	Thursday 4/2	Friday 4/3
8:30 – 9:30			IDL Made Simple	IDL Made Simple	
9:30 – 10:30			General DSHS Child Abuse Reporting Rachel Edwards	VENA Goal Setting: Setting Clients Up for Success Erica Harris	Customer Service/Civil Rights WIC Disability Issues and Civil Rights Pat Ogle
11:00 - 12:00			Nutrition Physical Activity for Preschoolers Carlos Galvan	Class Management A Fresh Spin on Teaching Group Classes Cristina Garcia	Customer Service/Civil Rights Civil Rights Complaints Pat Ogle
12:00 – 1:00					
1:00 – 2:00			General Orientation to WIC Pat Ogle	Certification Formula Policies: Contract and Non- contract Elizabeth Bruns	
2:30 – 3:30			Supervisory Skills Effective Team Building Pat Ogle	Nutrition Feeding Preterm Infants Elizabeth Bruns	
4:00 – 5:00					

April 2009 Interactive Distance Learning Class Schedule

Time	Monday 4/6	Tuesday 4/7	Wednesday 4/8	Thursday 4/9	Friday 4/10
8:30 – 9:30		General IDL Made Simple	General IDL Made Simple	General IDL Made Simple	
9:30 – 10:30	Supervisory Skills Role of the Supervisor Carlos Galvan	Certification Allowable Foods Elizabeth Bruns	Breastfeeding Is Mom Producing Enough Milk? Kristina Arrieta	Certification More About Risk Codes	Customer Service/Civil Rights Breaking the Language Barrier Pat Ogle
11:00 - 12:00	Spanish Survival Spanish - Breastfeeding Carlos Galvan	Certification Food Packages for EBT Issuance Elizabeth Bruns	EBT EBT Client Disputes Megan Downing	Tiffany Brown	Customer Service Limited English Proficiency - Meeting the Challenge Pat Ogle
12:00 – 1:00					
1:00 – 2:00	Breastfeeding Anatomy of the Breastfeeding Process Kristina Arrieta	Breastfeeding Spice It Up! Hot Tips for Peer Counselors Jewell Stremler	General Drop Ship for EBT Clinics Clinic Services Staff	Certification The 400s Risk Codes Anita Ramos	
2:30 – 3:30	Breastfeeding I Have Too Much Milk! Kristina Arrieta		Customer Service/Civil Rights WIC Disability Issues and Civil Rights Pat Ogle	Breastfeeding Counseling the Mother of a Premature Baby, Part 1 Marguerite Kelly	
4:00 – 5:00					

April 2009 Interactive Distance Learning Class Schedule

Time	Monday 4/13	Tuesday 4/14	Wednesday 4/15	Thursday 4/16	Friday 4/17
8:30 – 9:30		General IDL Made Simple	General IDL Made Simple	General IDL Made Simple	
9:30 – 10:30	Customer Service/Civil Rights Know Your WIC Civil Rights Rules Pat Ogle	Financial Reading Your New FY '09 "Surplus Sheet" Benny Jasso	Breastfeeding Nipple Shields and Supplemental Nursing Systems	New Food Package Highlights of the New Food Packages Elizabeth Bruns	10:00 – 12:00 EBT
11:00 - 12:00	Customer Service/Civil Rights Civil Rights Complaints Pat Ogle	VENA Tools for Building Rapport and Personalizing a Counseling Session Cristina Garcia	Kristina Arrieta	Nutrition Benefits of Soy Elizabeth Bruns	EBT Policy and Procedure Rollout Training Tiffany Brown
12:00 – 1:00			General "Lunch with Linda" WIC State Agency Update Linda Brumble		
1:00 – 2:00	Breastfeeding Benefits of Breastfeeding - Why Should We Teach Mothers to Breastfeed? Kristina Arrieta	1:30 Certification Screening for Eligibility Megan Downing	1:30 Breastfeeding Counseling the Mother of a Premature Baby, Part 2 Marguerite Kelly	Breastfeeding Latch-On and Positioning, Using Asymmetrical Latch Hellen Sullivan	1:00 – 3:00 EBT Formula Training Clinic Service Staff
2:30 – 3:30	Breastfeeding Common Breast Complications Associated with Breastfeeding Kristina Arrieta		3:00 Breastfeeding Sleepy Baby Marguerite Kelly	Breastfeeding Nursing More Than One Hellen Sullivan	
4:00 – 5:00					

April 2009 Interactive Distance Learning Class Schedule

Time	Monday 4/20	Tuesday 4/21	Wednesday 4/22	Thursday 4/23	Friday 4/24
8:30 – 9:30			9:00 New Food Packages	IDL Made Simple	
9:30 – 10:30	Customer Service/Civil Rights Know Your WIC Civil Rights Rules Pat Ogle		MOOving to Lower-fat Milk - How to prepare your staff and clients for the change Tiffany Brown/Lauren Christian	VENA Reflective Listening Carlos Galvan	Customer Service/Civil Rights WIC Disability Issues and Civil Rights Pat Ogle
11:00 – 12:00	General Baby's Daddy: Father's impact on family health and what WIC can do about it Office of the Atty. Gen. Staff		10:30 Breastfeeding A Business Case for Breastfeeding Kristina Arrieta	VENA Motivational Interviewing Lauren Christian	Customer Service/Civil Rights Civil Rights Complaints Pat Ogle
12:00 – 1:00					
1:00 – 2:00	Breastfeeding Counseling the Mother of a Premature Baby, Part 3 Marguerite Kelly		1:30 IDL Made Simple	1:30	
2:30 – 3:30	VENA Tips for Completing the VENA Family Documentation Tool Cristina Garcia		Certification Overview of GA:01.0, Confidentiality of Applicant/Participant Information Megan Downing	Certification Advanced Income Screening Megan Downing (90. mins)	
4:00 – 5:00					

April 2009 Interactive Distance Learning Class Schedule

Time	Monday 4/27	Tuesday 4/28	Wednesday 4/29	Thursday 4/30	
8:30 – 9:30				IDL Made Simple	
9:30 – 10:30	EBT EBT Post Rollout – Information You Need to Know Tiffany Brown		9:00 Breastfeeding Recruiting Peer Counselors Jewell Stremler 10:30 Breastfeeding	Nutrition How Children Develop Food Preferences Erica Harris	
11:00 – 12:00	Spanish Spanish I — Basic Alphabet, Numbers, WIC "Phrases" and Basic Communication Carlos Galvan		Skin to Skin Hellen Sullivan	VENA VENA Counseling Scenarios Erica Harris	
12:00 – 1:00	12:15 WIC Wellness Works Break UT Instructor		General Baby's Daddy: Father's impact on family health and what WIC can do about it Office of the Atty. Gen. Staff		
1:00 – 2:00	Spanish Spanish II — Interaction in the Lab with Non-English Speaking Clients Carlos Galvan	VENA VENA Networking: Tools of the Trade Erica Harris	1:30 IDL Made Simple	Breastfeeding Breastfeeding the Older Baby and Weaning Hellen Sullivan	
2:30 – 3:30	Customer Service/Civil Rights Civil Rights Complaints Pat Ogle	Customer Service/Civil Rights Breaking the Language Barrier Pat Ogle	Breastfeeding Does Just One Bottle Really Matter? Kristina Arrieta	Certification Identifying Participants at Risk for Anemia Elizabeth Bruns	
4:00 – 5:00					