



Findings from the 2013 Texas WIC Infant Feeding Practices Survey

Introduction

Chapter 165 of the Health and Safety Code, the Texas Legislature recognizes that breastfeeding is the “best method of infant nutrition.” This affirmation supports similar positions of the U.S. Surgeon General, American Academy of Pediatrics, American Congress of Obstetrics and Gynecology, the Texas Department of State Health Services (DSHS), and multiple other organizations as well as a large body of research findings. DSHS is committed to supporting a woman’s choice to breastfeed. DSHS has implemented, and continues to support programs that encourage the Ten Steps to Successful Breastfeeding and other recommended maternity practices in infant nutrition and care, worksite lactation support, breastfeeding-friendly child care practices, a woman’s right to breastfeed in public, and other initiatives. These programs are in addition to the breastfeeding promotion efforts provided directly to Texas WIC clients through local WIC services.

In its efforts to promote breastfeeding, the DSHS Division of Family and Community Health Services regularly conducts a survey of breastfeeding beliefs, attitudes, and practices among women receiving WIC services. The purpose of this survey is to provide data to local WIC agencies to aid in planning and activity development. These data may also provide valuable information to coalitions, public health partners, policy makers, and others interested in supporting breastfeeding.

Questionnaire and Sample

The questionnaire, which included 54 questions and was 10 pages in length, allowed primarily multiple choice (close ended) responses. Surveys were assigned to clinics in all 67 local WIC agencies operating at the time of the survey. Each clinic that served 49 or more pregnant women and infants from May through July 2013 was assigned a specified number of surveys that was proportionate to the number of clients served in that clinic. An equal number of English and Spanish surveys proportionate to client load, survey assignments, administration instructions and an informed consent script were provided to WIC clinics via local WIC agency directors. WIC clinic supervisors were instructed to offer the survey using the informed consent script to each eligible participant presenting at the clinic for services during the survey administration period. The eligible population was women who were biological mothers (they gave birth to the baby) who were age 18 or older and who presented at the clinic for services and who have a single baby who was aged three-months to eighteen-months old at the time of the survey.

Eligible participants who voluntarily agreed to participate in the survey were to complete the survey booklet and supplemental survey form in the language (English or Spanish) of her choice. Surveys were to be administered in each participant’s preferred language until all surveys in **one** of the two languages have been completed or until the survey period ended, whichever came first.

A total of 13,276 surveys were completed from October 15 to December 13, 2013 and returned for scoring. Completed surveys were returned by 62 of 67 local WIC agencies (93% of all WIC local agencies operating at the time of the survey).

The questionnaire also served as a screener to identify and select the study population. Respondents who were under 18 years of age, not the biological mothers of the children receiving services or whose baby was younger than one month or more than 30 months old at the time of the survey were eliminated from the analyses presented in this report. Therefore, the study population consisted of mothers presenting at a WIC clinic for services for their biological children. Skip patterns in the survey further limited responses.

After eliminating ineligible respondents, **the final sample size was 11,094**. Together, these completed surveys represent a snapshot of the survey respondents' infant feeding practices. The responses are not weighted or adjusted and may not be representative of the general population presenting for WIC services in Texas.

Questionnaires were self-administered as Scantron paper surveys. Respondents were asked to fill in the bubble for events or reasons that were most applicable to them. Some clients did not answer all items. Therefore, the totals in each section may not match the total number of surveys and the totals may not match from section to section. Blank responses were coded as missing data and were omitted from analyses. While the questionnaire included skip patterns, respondents did not always adhere to instructions. Following data entry, all questions that were mistakenly answered were recoded as an appropriate skip.

Interpretation

Data are not comparable to surveys prior to 2011, for which the target audience was mothers whose infants were Born-to-WIC and presenting at the WIC clinic for their one-year sub-certification visits.

This document contains data analyses at a state and regional level. Data from all Public Health Regions are presented to allow for regional comparisons. Some regional analyses are derived from a small number of responses for a given response category. Caution should be used when interpreting these responses. Comparisons or conclusions cannot be reliably made when using analyses with small sample sizes. Results for categories with fewer than 20 responses were not included in the report due to extremely small sample size and are marked as "insufficient data" (ID).

Data will also be available at the level of the local WIC agency; however these data are not presented in this report due to small sample sizes. These results will be made available in a separate file and should be used with *extreme caution*.

Age of respondents' children ranged from 1 to 30 months without even distribution of age. Twenty-nine percent of children were 1-3 months, 43 percent were 4-6 months, 39 percent were 7-9 months, 36% were 10-12 months and 9% were 13-15 months. Fewer than 8% of respondents had children aged 16-30 months. The average child's age was 8 months, while 5 months was the most frequently reported age. Children age 6 months and older are under-represented in the sample. For this reason, breastfeeding duration and exclusivity rates for children six months and older should be interpreted with caution.

Exclusivity of breastfeeding was calculated from duration and introduction of formula and complementary foods questions. Although duration was only asked of women who breastfed, duration and exclusivity are reported among all women so figures may be considered in the same way as the Healthy People 2020 objectives and the CDC Breastfeeding Report Card objectives for initiation, duration, and exclusivity.

Questions 15 through 25 were limited to women who reported that they had ever breastfed their child, even if only once. Questions referring to work experiences are limited to women who responded that they returned to work after their child was born. Some other questions were limited to certain respondents. Descriptions of how responses were limited are provided in parentheses within the report.

Questions about this report should be directed to Tracy Erickson, WIC Breastfeeding Coordinator at Tracy.Erickson@dshs.state.tx.us, phone: 512-341-4521 or to Julie Stagg, State Breastfeeding Coordinator at Julie.Stagg@dshs.state.tx.us; phone 512-776-6917.

Proportion of Client Load and Completed Eligible Surveys per WIC Local Agency

WIC LA	Public Health Region	% of total clients from May-July 2013	# of eligible surveys	% of total eligible surveys
001	7	3.3%	484	4.4%
003	11	2.7%	351	3.2%
004	11	0.1%	14	0.1%
005	11	0.9%	91	0.8%
007	3	10.7%	1,396	12.6%
010	3	0.4%	42	0.4%
011	6	0.7%	75	0.7%
012	11	6.6%	1,017	9.2%
013	11	2.7%	343	3.1%
017	6	3.4%	409	3.7%
019	8	0.3%	30	0.3%
020	1	0.6%	60	0.5%
021	2	0.5%	53	0.5%
022	7	0.9%	82	0.7%
024	8	0.4%	0	0.0%
026	6	7.5%	943	8.5%
027	1, 9, 10	2.7%	311	2.8%
028	10	0.2%	0	0.0%
029	6	1.6%	163	1.5%
030	5	0.4%	58	0.5%
031	7	2.1%	201	1.8%
032	7	0.9%	78	0.7%
033	10	4.3%	466	4.2%
034	2	0.5%	52	0.5%
035	3	1.5%	97	0.9%
036	7, 8	1.0%	105	0.9%
037	8	0.5%	53	0.5%
038	11	0.6%	44	0.4%
039	4	3.1%	356	3.2%
040	5	0.6%	41	0.4%
041	8	5.1%	603	5.4%
042	7	0.9%	83	0.7%
043	8	0.1%	26	0.2%
044	8	0.3%	0	0.0%

WIC LA	Public Health Region	% of total clients from May-July 2013	# of eligible surveys	% of total eligible surveys
045	2	0.1%	13	0.1%
046	6	0.8%	102	0.9%
048	6	7.0%	427	3.8%
049	8	0.1%	0	0.0%
051	11	0.3%	0	0.0%
053	8	0.1%	15	0.1%
054	3	6.2%	657	5.9%
056	2, 9	0.5%	41	0.4%
058	5	0.4%	45	0.4%
059	8	0.3%	47	0.4%
060	6	0.2%	29	0.3%
061	5	0.2%	19	0.2%
062	4	0.2%	26	0.2%
063	5	0.1%	18	0.2%
064	8	0.1%	17	0.2%
065	4	0.3%	31	0.3%
067	3	0.2%	28	0.3%
069	8, 11	0.3%	32	0.3%
070	6	0.1%	8	0.1%
071	3	1.3%	89	0.8%
073	8	1.3%	148	1.3%
074	2	0.1%	17	0.2%
076	1, 2, 3, 6, 7	4.1%	476	4.3%
077	5, 6	4.2%	321	2.9%
089	8	0.5%	41	0.4%
090	3	0.5%	67	0.6%
095	8	0.2%	10	0.1%
100	1	0.9%	93	0.8%
105	7	0.1%	15	0.1%
107	7	0.3%	41	0.4%
108	4	0.6%	42	0.4%
110	7	0.1%	30	0.3%
126	7	0.1%	22	0.2%

Texas WIC Agencies

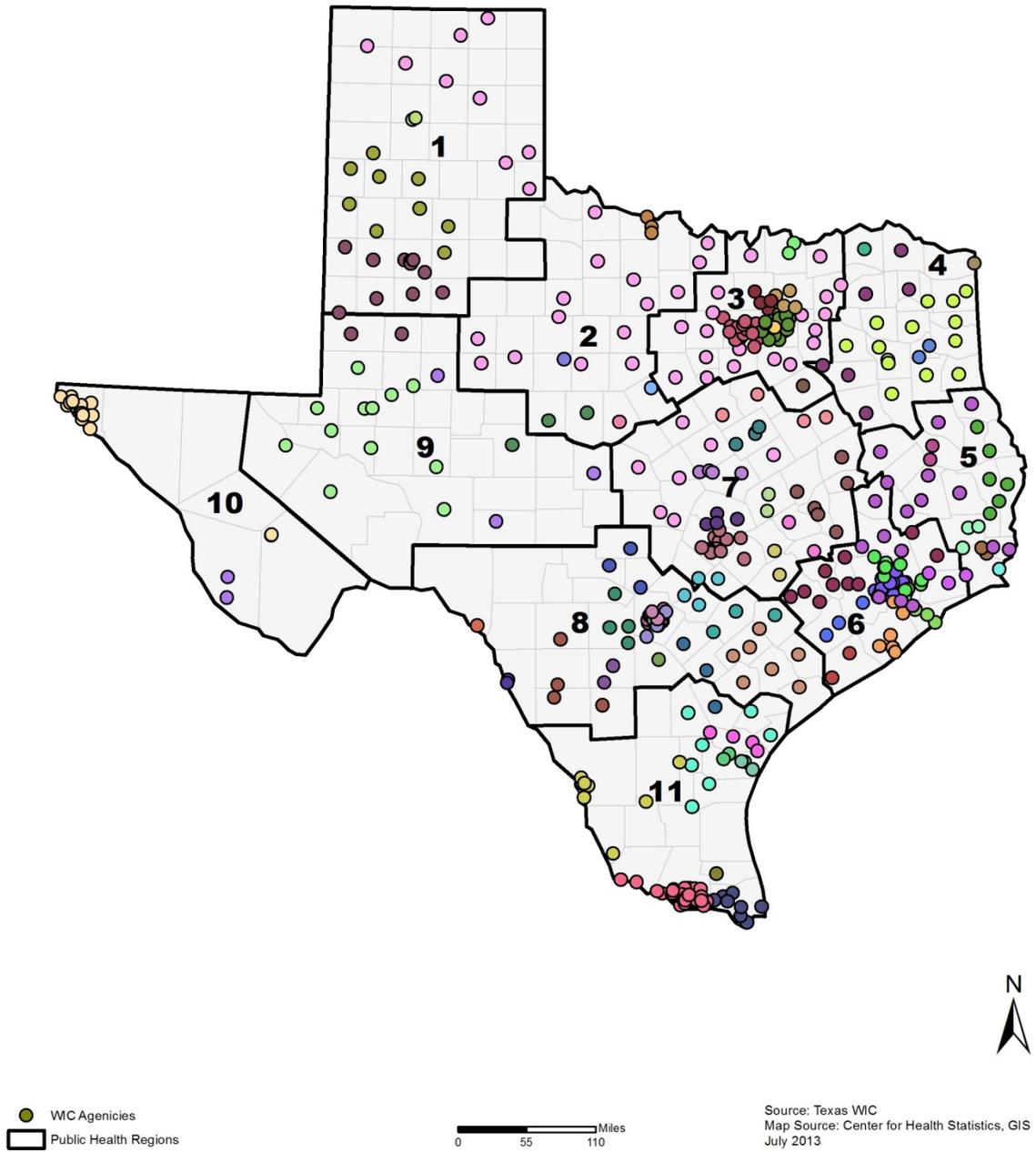


Figure 1 Distribution of WIC Clinics in Texas

Survey Distribution by Public Health Region and WIC Local Agency

PHR	WIC LA	# of eligible surveys	% of total eligible surveys
1	020	60	0.5%
1	027	125	1.1%
1	076	65	0.6%
1	100	93	0.8%
2	021	53	0.5%
2	034	52	0.5%
2	045	13	0.1%
2	056	4	0.0%
2	074	17	0.2%
2	076	41	0.4%
3	007	1,396	12.6%
3	010	42	0.4%
3	035	97	0.9%
3	054	657	5.9%
3	067	28	0.3%
3	071	89	0.8%
3	076	308	2.8%
3	090	67	0.6%
4	039	356	3.2%
4	062	26	0.2%
4	065	31	0.3%
4	108	42	0.4%
5	030	58	0.5%
5	040	41	0.4%
5	058	45	0.4%
5	061	19	0.2%
5	063	18	0.2%
5	077	95	0.9%
6	011	75	0.7%
6	017	409	3.7%
6	026	943	8.5%
6	029	163	1.5%
6	046	102	0.9%
6	048	427	3.8%
6	060	29	0.3%
6	070	8	0.1%
6	076	6	0.1%
6	077	226	2.0%
7	001	484	4.4%
7	022	82	0.7%

PHR	WIC LA	# of clients	% of total
7	031	201	1.8%
7	032	78	0.7%
7	036	67	0.6%
7	042	83	0.7%
7	076	56	0.5%
7	105	15	0.1%
7	107	41	0.4%
7	110	30	0.3%
7	126	22	0.2%
8	019	30	0.3%
8	024	0	0.0%
8	036	38	0.3%
8	037	53	0.5%
8	041	603	5.4%
8	043	26	0.2%
8	044	0	0.0%
8	049	0	0.0%
8	053	15	0.1%
8	059	47	0.4%
8	064	17	0.2%
8	069	15	0.1%
8	073	148	1.3%
8	089	41	0.4%
8	095	10	0.1%
9	027	181	1.6%
9	056	37	0.3%
10	027	5	0.0%
10	028	0	0.0%
10	033	466	4.2%
11	003	351	3.2%
11	004	14	0.1%
11	005	91	0.8%
11	012	1,017	9.2%
11	013	343	3.1%
11	038	44	0.4%
11	051	0	0.0%
11	069	17	0.2%
Total		11,094	100%

2013 Texas WIC Infant Feeding Practices Survey Administered October 15-December 13, 2013 State and Regional Report

The target study population was biological mothers aged 18 or older with infants who were 3 to 12 months of age at the time of survey administration. Note that surveys completed by the biological mother for a child who was 1 to 30 months at the time of the survey were included in this report.

[Information about how many eligible surveys were completed, scored, analyzed, and included in this report for the state and each of the eleven Texas Public Health Regions \(PHRs\)](#)

[How many surveys were completed in the state and in each PHR, and how many were completed in English and in Spanish?](#)

Surveys included in this report	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Total number (#) of surveys	11,094	343	180	2,684	455	276	2,388	1,159	1,043	218	471	1,877
% of state's total surveys	100.0%	2.9%	1.5%	22.5%	3.8%	2.3%	20.1%	9.7%	8.8%	1.8%	4.0%	15.8%
% of surveys completed in English	62.7%	79.9%	90.6%	59.6%	78.5%	77.9%	55.1%	66.4%	75.2%	78.4%	62.8%	53.8%
% of surveys completed in Spanish	37.4%	20.1%	ID*	40.5%	21.8%	22.1%	44.9%	33.6%	24.8%	21.6%	37.2%	46.2%

*ID: Insufficient data due to extremely small sample size

Information about the clients who answered this survey (Demographics):

Q1. Were you enrolled in WIC at any time during your pregnancy with this child?

Enrolled in WIC at any time during pregnancy with this child	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	84.5%	86.6%	80.9%	81.5%	84.5%	83.8%	83.6%	82.6%	85.7%	75.1%	84.5%	91.8%

Q5. How many years old are you?

Years old at time of survey	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
18-24	40.9%	49.6%	53.9%	38.0%	50.1%	47.2%	36.7%	40.2%	43.3%	51.6%	39.1%	42.6%
25-29	27.7%	28.8%	27.0%	27.7%	26.7%	30.0%	27.0%	28.6%	28.1%	25.4%	32.0%	26.6%
30-34	18.4%	13.1%	11.8%	19.4%	15.1%	16.5%	21.4%	18.2%	16.2%	15.0%	17.0%	18.2%
35 and older	13.0%	8.6%	ID*	15.0%	8.1%	ID*	14.9%	12.9%	12.4%	ID*	11.8%	12.6%

*ID: Insufficient data due to extremely small sample size

Q6. How many months old is your baby today? (On the date of survey)

Note: Only responses for infants from 1 to 30 months were included in analyses for this report.

*Note: Categories are not mutually exclusive-responses may be included in more than one category.

Age of baby in months at time of survey	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
3 or more months*	94.8%	94.3%	99.4%	94.3%	95.7%	95.4%	94.2%	95.9%	94.2%	96.7%	94.4%	95.3%
6 or more months*	67.6%	67.4%	68.5%	63.7%	74.0%	71.4%	66.3%	70.0%	67.2%	61.6%	75.9%	70.0%
12 or more months*	23.3%	26.9%	18.5%	18.6%	33.4%	26.3%	20.5%	27.9%	24.9%	19.0%	34.9%	24.1%

Q3. What is your race/ethnicity?

Race/Ethnicity	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
White	15.2%	21.5%	48.6%	15.4%	43.1%	34.8%	9.0%	22.5%	14.1%	20.5%	8.2%	5.9%
Black	11.3%	8.4%	11.2%	16.7%	17.1%	28.5%	16.1%	11.0%	5.5%	ID*	ID*	ID*
Hispanic	71.2%	67.2%	38.0%	65.3%	37.8%	33.3%	72.1%	63.8%	78.4%	71.9%	88.2%	92.4%
Other^	2.4%	ID*	ID*	2.7%	ID*	ID*	2.8%	2.7%	2.0%	ID*	ID*	1.3%

*ID: Insufficient data due to extremely small sample size

^Note: Responses marked as “Asian or Pacific Islander”, “Native American/Alaskan Native” and “Other” are included in this category.

Q7. What language do you usually speak at home?

Language usually spoken at home	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
English	42.2%	61.8%	80.4%	40.9%	65.1%	68.5%	36.6%	50.2%	57.4%	55.9%	30.3%	22.8%
Spanish	37.1%	17.6%	ID*	40.4%	21.0%	19.6%	44.2%	33.4%	25.7%	23.2%	39.4%	45.9%
English and Spanish	19.9%	19.7%	ID*	17.6%	13.6%	11.1%	18.1%	15.7%	16.5%	19.4%	30.3%	31.4%
Other language	0.7%	ID*	ID*	1.2%	ID*	ID*	1.0%	ID*	ID*	ID*	ID*	ID*

*ID: Insufficient data due to extremely small sample size

Q8. Where were you born?

Country of birth	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
United States	58.9%	76.0%	86.5%	52.7%	72.6%	74.0%	51.2%	60.6%	71.1%	72.8%	65.8%	54.6%
Mexico	34.9%	20.8%	ID*	39.7%	26.2%	23.8%	34.9%	33.1%	25.3%	25.8%	33.3%	44.8%
Other country	6.2%	ID*	ID*	7.5%	ID*	ID*	13.9%	6.4%	3.5%	ID*	ID*	ID*

*ID: Insufficient data due to extremely small sample size

Q2. What is the highest level of education you have completed?

Highest level of education	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Less than high school diploma	36.3%	31.5%	21.3%	40.4%	29.7%	30.2%	40.7%	33.2%	27.5%	34.5%	22.6%	40.0%
High school diploma or GED	30.6%	37.6%	43.3%	29.0%	37.6%	39.7%	28.2%	32.9%	33.0%	39.3%	26.3%	27.6%
Some college credit, but no degree	19.4%	22.0%	24.2%	17.2%	24.0%	19.5%	18.0%	21.2%	22.3%	19.4%	26.8%	17.5%
Associate's, Bachelor's degree, or Postgraduate degree [^]	7.6%	ID*	ID*	6.3%	ID*	5.7%	7.7%	7.4%	9.4%	ID*	15.9%	8.0%

[^]Categories were combined due to small numbers. For the state, 3.5% of respondents reported having an Associate’s degree, 3.5% reported having a Bachelor’s degree, and 0.6% reported having a postgraduate degree

*ID: Insufficient data due to extremely small sample size

Q4. Are you currently in school?

Currently in school	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	10.7%	14.8%	ID*	10.1%	11.8%	ID*	9.8%	10.7%	12.3%	ID*	15.5%	10.7%

*ID: Insufficient data due to extremely small sample size

Q50. Were you enrolled in Medicaid or CHIP at any time during your pregnancy with this child and/or after giving birth?

Enrolled in Medicaid or CHIP during pregnancy or after birth	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	89.9%	95.1%	88.5%	89.8%	93.2%	89.8%	91.3%	85.1%	90.3%	83.9%	78.0%	93.3%

Q51. Is your baby enrolled in Medicaid or CHIP now?

Baby enrolled in Medicaid or CHIP at time of survey	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	91.4%	91.4%	86.1%	93.1%	91.5%	94.8%	92.6%	86.9%	92.3%	87.6%	78.6%	93.6%

Respondents reported the following experiences:

Q53. Are you ever concerned you won't be able to buy enough food to feed your family?

Ever concerned about not being able to buy enough food to feed family	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	34.3%	22.9%	26.9%	39.1%	25.2%	33.5%	39.8%	30.9%	30.4%	25.0%	46.5%	29.3%

Respondents reported the following infant feeding experiences-early feeding:

Q12. Thinking back to the time when you were pregnant, how did you plan to feed your baby during his or her first few weeks of life?

Note: "I don't know" responses were recoded as blank responses and not included in this report due to small numbers.

Planned feeding method during baby's first few weeks of life	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
I was not sure how I would feed my baby	3.9%	ID*	ID*	4.3%	5.4%	ID*	3.6%	3.4%	3.6%	ID*	ID*	3.7%
Breastfeed or feed breast milk only	37.9%	40.2%	42.7%	41.2%	41.5%	37.6%	33.5%	45.7%	39.6%	39.8%	43.4%	29.9%
Formula feed only	12.3%	20.4%	20.2%	11.7%	15.5%	19.9%	11.0%	11.7%	16.3%	19.4%	11.9%	8.1%
Both breast and formula feed	45.8%	35.5%	32.6%	42.8%	37.7%	36.8%	51.9%	39.2%	40.4%	35.1%	41.3%	58.2%

*ID: Insufficient data due to extremely small sample size

Q14. Was this child ever breastfed or fed breast milk even if only once?

Child was ever breastfed	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	84.8%	74.7%	74.6%	86.7%	83.0%	73.4%	86.1%	84.7%	72.5%	72.5%	86.0%	89.4%

Q26. Below is a list of reasons why women do not breastfeed their babies. For each reason, please check if it was a reason why you did not breastfeed. I did not breastfeed because... (Among women who reported they never breastfed)

Note: Some respondents selected multiple options. If a respondent selected more than one reason, all reasons were counted.

Reason(s) for not breastfeeding	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
I planned to go back to work or school	40.0%	37.1%	ID*	45.1%	36.7%	45.2%	40.8%	33.6%	36.3%	55.6%	50.0%	33.5%
I did not think I would like breastfeeding	35.0%	37.1%	ID*	37.2%	40.0%	48.4%	37.8%	38.6%	27.4%	ID*	ID*	25.9%
I tried breastfeeding with a previous child and didn't like it or it didn't work out	30.2%	32.9%	ID*	30.5%	ID*	ID*	33.2%	30.0%	33.3%	ID*	ID*	29.1%
I believe that formula is as good as breastfeeding or that formula is better	34.2%	35.7%	ID*	34.2%	40.0%	45.2%	32.8%	32.9%	30.4%	ID*	ID*	36.1%
I thought I wouldn't have enough milk	19.1%	ID*	ID*	21.4%	ID*	ID*	13.9%	17.9%	18.5%	ID*	ID*	20.3%
I was sick or taking medication	18.9%	ID*	ID*	15.8%	ID*	ID*	20.2%	20.0%	19.6%	ID*	ID*	24.1%
I had too many other things to do	13.8%	ID*	ID*	12.0%	ID*	ID*	13.9%	14.3%	14.9%	ID*	ID*	13.9%
People told me it was hard to breastfeed	13.2%	ID*	ID*	16.5%	ID*	ID*	14.3%	ID*	11.9%	ID*	ID*	7.0%
A health professional said I should not breastfeed	11.8%	ID*	ID*	11.3%	ID*	ID*	12.6%	ID*	ID*	ID*	13.5%	15.8%
I wanted to use a birth control method that can't be used while breastfeeding	8.6%	ID*	ID*	5.6%	ID*	ID*	8.4%	ID*	ID*	ID*	ID*	ID*
Another reason not listed here.	8.3%	ID*	ID*	10.2%	ID*	ID*						

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Reason(s) for not breastfeeding, continued	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
I did not think that my baby would be able to breastfeed	8.0%	ID*	ID*	7.9%	ID*	ID*	9.2%	ID*	ID*	ID*	ID*	ID*
I wanted or needed someone else to feed my baby	7.9%	ID*	ID*	9.0%	ID*	ID*	8.4%	ID*	ID*	ID*	ID*	ID*
I didn't know if I could get help with breastfeeding	6.3%	ID*	ID*	8.3%	ID*	ID*						
My baby was sick and could not breastfeed	4.5%	ID*	ID*									
I wanted to smoke again or smoke more than I should while breastfeeding	4.2%	ID*	ID*									
My baby's father didn't want me to breastfeed	4.0%	ID*	ID*									
The baby's grandmother didn't want me to breastfeed	3.3%	ID*	ID*									

*ID: Insufficient data due to extremely small sample size

Q21. How old was your baby when he or she completely stopped breastfeeding or being fed breast milk? (Among respondents who reported their child was ever breastfed)

Duration of any breastfeeding	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Breastfed for 3 or more months (among children who were 3 or more months old at the time of the survey, including children still breastfeeding)	55.0%	49.3%	32.8%	55.3%	53.3%	55.5%	58.4%	61.5%	50.1%	42.6%	54.3%	53.7%
Breastfed for 6 or more months (among children who were 6 or more months old at the time of the survey, including children still breastfeeding)	35.0%	33.6%	ID*	36.1%	32.8%	33.0%	37.4%	43.3%	34.2%	ID*	31.9%	30.5%
Breastfed for 12 or more months (among children who were 12 or more months old at the time of the survey, including children still breastfeeding)	19.7%	ID*	ID*	18.1%	ID*	ID*	21.1%	25.9%	19.0%	ID*	ID*	15.5%
Child was still breastfeeding at time of survey (among children aged 1-30 months at the time of the survey)	23.3%	19.4%	16.4%	24.5%	18.7%	20.5%	26.4%	31.0%	19.6%	16.7%	20.7%	19.5%

*ID: Insufficient data due to extremely small sample size

Exclusive breastfeeding of children who were ever breastfed (Q14, 21, 24, 37)

Duration of exclusive breastfeeding	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Breastfed exclusively for 3 months or longer (of infants were 3 or more months old at the time of the survey)	20.1%	24.2%	ID*	22.2%	24.0%	17.4%	17.8%	27.2%	19.6%	24.7%	23.9%	14.6%
Breastfed exclusively for 6 months or longer (of infants were 6 or more months old at the time of the survey)	6.3%	ID*	ID*	7.6%	ID*	ID*	5.3%	9.2%	5.8%	ID*	ID*	3.5%

*ID: Insufficient data due to extremely small sample size

Q23. Was your baby ever given formula? (Among infants who were ever breastfed)

Formula supplementation of the breastfed child	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	93.1%	93.3%	90.0%	91.8%	93.3%	94.7%	94.3%	90.1%	93.0%	88.2%	92.4%	95.9%

Q24. How old was your baby when he or she was first fed formula? (If you are not sure, please give your best guess.)

Formula supplementation of the breastfed child	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
The average age at which breastfed children had formula for the first time (mean)	32 days	38 days	21 days	35 days	33 days	29 days	31 days	41 days	34 days	28 days	36 days	24 days
The age at which breastfed children most often had formula for the first time (mode)	1 day	1 day										
Proportion of breastfed newborns who were given formula on day 1 of life	36.2%	29.4%	38.0%	27.3%	34.4%	43.7%	42.4%	25.9%	35.9%	32.0%	32.4%	48.2%
Proportion of breastfed newborns who were given formula within the first 2 days of life	46.5%	39.3%	48.1%	37.4%	46.8%	52.3%	51.7%	37.3%	47.7%	46.0%	44.1%	58.0%

Q25. Below is a list of reasons why women may begin feeding their babies formula. For each reason, please answer if it was a reason why you began feeding your baby formula. I started feeding my baby formula because... [Among women who ever breastfed (Q14) and also reported their baby was ever given formula (Q23)]

Note: Some respondents selected multiple options. If a respondent selected more than one reason, all reasons were counted.

Reason(s) for giving formula to a baby who was ever breastfed	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
I didn't think I had enough milk	46.1%	46.8%	56.9%	47.9%	44.9%	45.8%	43.7%	47.5%	44.9%	51.4%	49.9%	44.4%
Breast milk alone did not satisfy my baby	43.5%	38.0%	47.7%	43.0%	41.1%	43.2%	44.2%	43.3%	39.9%	45.1%	46.3%	45.3%
My baby had trouble sucking or latching on	38.7%	36.3%	36.2%	36.0%	31.5%	37.4%	38.5%	37.6%	40.6%	38.7%	36.8%	45.1%
I could not tell how much my baby ate	25.6%	24.9%	35.4%	24.5%	24.4%	22.6%	24.6%	26.5%	25.0%	25.4%	25.6%	28.2%
I was going back to work or school outside of the home^	24.2%	22.8%	21.5%	26.0%	25.9%	25.3%	23.7%	25.9%	24.5%	17.6%	26.2%	21.4%
My baby lost interest in nursing or began to wean him or herself	20.1%	17.3%	ID*	18.4%	15.5%	19.5%	21.1%	15.8%	20.7%	21.8%	22.6%	24.8%
Breastfeeding was too painful	18.3%	15.6%	23.1%	19.7%	20.2%	15.3%	16.7%	17.6%	17.3%	15.5%	22.1%	17.2%
Pumping milk was too hard or inconvenient.	17.6%	19.8%	20.0%	18.7%	17.3%	16.3%	15.9%	17.6%	18.6%	18.3%	19.6%	17.0%
I did not want to breastfeed in public	15.2%	13.5%	ID*	14.8%	14.3%	13.7%	15.2%	12.9%	15.7%	16.2%	16.9%	17.2%
I was not able to make enough milk after I went back to work	14.8%	12.2%	ID*	15.7%	14.9%	10.5%	15.6%	14.1%	13.0%	ID*	21.3%	13.5%
I did not like breastfeeding	14.7%	13.1%	16.2%	14.4%	12.8%	15.8%	15.4%	14.0%	14.9%	14.8%	12.0%	15.3%
Pumping milk was too painful.	13.7%	10.5%	ID*	14.7%	13.4%	12.6%	13.4%	12.2%	14.2%	ID*	14.2%	14.2%

Reason(s) for giving formula to a baby who was ever breastfed (cont'd)	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
A health professional said I should feed my baby formula	13.7%	12.2%	16.9%	15.1%	15.2%	15.3%	13.2%	14.2%	12.6%	14.8%	15.5%	11.5%
I felt that I breastfed long enough for my baby to get the benefits of breastfeeding	13.4%	ID*	ID*	13.4%	19.0%	13.7%	12.9%	12.6%	10.9%	ID*	13.6%	15.8%
Another reason not listed here.	11.6%	16.5%	22.3%	11.2%	12.2%	13.2%	11.2%	13.3%	12.3%	ID*	12.5%	9.3%
My baby became sick and could not breastfeed	4.9%	ID*	ID*	5.6%	ID*	ID*	4.2%	4.7%	4.5%	ID*	ID*	5.2%
My baby began to bite	6.7%	ID*	ID*	7.0%	7.7%	ID*	6.8%	6.0%	5.4%	ID*	8.2%	7.3%

*ID: Insufficient data due to extremely small sample size

^Note: Return to work or school was the leading reason for introducing formula supplementation of the breastfed child among women who ever returned to work after giving birth, with 49.6% of working women citing return to work or school as a reason for ever giving formula. The second most common reason (45.0%) for working women was “I didn’t think I had enough milk.”

Q22. Did you breastfeed for as long as you wanted to? [Among respondents who ever breastfed and has completely stopped breastfeeding]

Breastfed for as long as wanted	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	47.2%	33.1%	28.3%	46.5%	46.8%	53.0%	50.4%	46.2%	41.2%	42.2%	49.2%	52.3%
No	53.8%	66.9%	71.7%	53.5%	53.2%	47.0%	49.6%	53.8%	58.8%	57.8%	50.8%	47.7%

Respondents reported the following infant feeding experiences-introduction of complementary or replacement feeding (weaning foods):

Q37. How old was your baby when he or she first had any foods or liquids other than breast milk or formula?

Age at which complementary or replacement foods (weaning foods) were introduced.	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Before 1 month (for children who were 1 month old or older at the time of the survey)	2.8%	ID*	ID*	2.5%	ID*	ID*	3.9%	2.3%	3.4%	ID*	ID*	2.0%
3 months or before (for children who were 3 months old or older at the time of the survey).	31.0%	11.6%	14.0%	10.2%	14.4%	13.5%	11.6%	9.8%	8.9%	13.0%	10.2%	9.8%
Before 6 months (for children who were 3 months old or older at the time of the survey)	44.1%	40.6%	53.6%	45.1%	48.8%	43.0%	44.5%	45.1%	42.8%	40.4%	47.3%	43.2%
6 months or after (for children who were 3 months old or older at the time of the survey)	55.9%	59.4%	46.4%	54.9%	51.2%	57.0%	55.5%	54.9%	57.2%	59.6%	52.7%	56.8%

*ID: Insufficient data due to extremely small sample size

Q38. Have you ever added cereal or other solids to your baby's bottle?

Added cereal or other solids in baby's bottle	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	44.9%	44.6%	60.5%	43.2%	59.3%	56.8%	48.9%	40.8%	42.5%	ID*	34.6%	44.1%

*ID: Insufficient data due to extremely small sample size

Clients reported the following birth experiences:

Q10. Was your baby delivered by cesarean section (C-section)?

Cesarean (C-section) delivery	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	34.7%	26.6%	35.4%	32.4%	31.2%	43.3%	31.5%	31.2%	36.3%	33.6%	38.7%	43.4%

Q9. Was your baby born prematurely (before the 37th week of pregnancy)?

Baby was born before the 37 th week of pregnancy	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	12.0%	14.9%	ID*	11.0%	11.2%	12.4%	11.9%	12.6%	11.9%	13.5%	14.0%	13.0%

*ID: Insufficient data due to extremely small sample size

Clients reported experiencing the following maternity practices in the hospital after they gave birth:

Labor and Delivery Care (Q31, Q15, Q16)

The following things happened while in the hospital or birthing center	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
My baby was placed on my stomach or chest immediately after birth	62.3%	53.8%	50.6%	70.1%	59.5%	51.6%	63.4%	65.4%	56.9%	55.9%	62.7%	56.1%
I was encouraged to spend time holding my baby "skin-to-skin." (Skin-to-skin means holding your baby against your chest, under your gown, shirt or blanket, with your baby clothed only in a diaper and a cap.)	76.7%	70.8%	71.0%	84.7%	77.0%	63.2%	76.2%	79.1%	75.5%	63.7%	79.1%	69.5%

The following things happened while in the hospital or birthing center (cont'd)	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
I was able to hold my baby after delivery for at least 30 minutes in the first hour after birth	66.1%	64.8%	67.6%	72.9%	72.1%	56.5%	68.6%	71.1%	64.2%	64.0%	54.4%	54.5%

Q15. About how long after your delivery did you breastfeed or try to breastfeed your baby for the very first time? (Among respondents reporting that they ever breastfed)

Length of time after delivery to breastfeed or try to breastfeed for the very first time	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
In the first hour (0-60 minutes)	38.0%	36.4%	40.5%	40.4%	41.6%	35.8%	37.5%	47.4%	36.2%	32.7%	34.7%	31.4%
1 to 2 hours	21.9%	21.1%	25.2%	21.5%	22.9%	20.5%	21.6%	22.8%	21.7%	24.5%	19.1%	22.4%
3 hours to 24 hours	15.7%	15.3%	15.3%	14.0%	14.8%	15.8%	15.8%	9.5%	18.5%	19.7%	19.6%	19.0%
2 or more days	24.5%	27.3%	19.1%	24.0%	20.7%	27.9%	25.1%	20.3%	23.6%	23.1%	26.6%	27.2%

Contact Between Mother and Infant (Q31)

The following things happened while in the hospital or birthing center	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
My baby stayed in the same room as me at all times except for surgical procedures	70.3%	70.7%	69.0%	74.6%	71.8%	54.9%	69.4%	75.7%	74.2%	68.6%	71.0%	61.6%
My baby DID NOT spent one night or more away from me in the nursery	66.2%	63.8%	66.7%	67.8%	68.0%	49.8%	61.4%	71.8%	71.7%	65.8%	73.0%	64.2%

Breastfeeding Assistance (Q16)

The following things happened while in the hospital or birthing center	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Hospital staff helped me with breastfeeding by showing me how or talking to me about breastfeeding	85.0%	80.2%	86.9%	87.9%	81.7%	79.1%	83.3%	87.5%	85.1%	84.3%	86.7%	83.6%
Hospital staff told me how to know when my baby is hungry, such as when baby sucks on his/her tongue, lips, hands or fingers	90.4%	90.6%	95.1%	91.8%	84.9%	87.0%	88.9%	90.8%	91.6%	91.4%	90.2%	90.9%
Hospital staff told me to breastfeed my baby whenever my baby wanted	77.7%	70.7%	69.2%	80.1%	72.7%	69.6%	77.5%	81.3%	75.5%	66.5%	78.6%	78.6%
Hospital staff DID NOT tell me to limit the length of time my baby breastfed (for example, tell me to breastfeed for only 10 or 15 minutes per breast) (Response NO to "Tell you to limit the length of time your baby breastfed")	33.9%	33.8%	32.6%	31.2%	38.5%	33.2%	34.7%	39.9%	33.3%	34.8%	29.9%	33.6%
Hospital staff showed me how to hand express (use my hands to remove milk from my breast)	65.3%	60.2%	66.4%	68.9%	60.4%	56.2%	62.7%	66.4%	68.0%	58.6%	63.7%	65.7%
My baby was NOT given a pacifier while in the hospital	34.0%	18.2%	29.1%	41.9%	42.0%	24.2%	32.7%	35.4%	25.0%	18.3%	54.2%	27.7%

Feeding of Infants (Q31, Q16)

The following things happened while in the hospital or birthing center	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
My baby received breast milk at the very first feeding	62.0%	56.5%	59.4%	68.3%	62.9%	46.7%	60.7%	69.9%	57.0%	50.8%	64.4%	56.6%
Hospital staff encouraged me to give my baby <u>only</u> breast milk	74.9%	71.7%	62.4%	79.1%	67.8%	65.0%	73.2%	78.1%	74.2%	64.2%	79.3%	73.7%
Hospital staff DID NOT provide or offer formula	26.3%	20.7%	25.4%	33.6%	22.9%	15.1%	24.5%	35.7%	22.6%	21.0%	28.3%	18.2%

Facility Discharge Care (Q16)

The following things happened while in the hospital or birthing center	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Hospital staff gave me a telephone number that I could call for help with breastfeeding once I left the hospital.	76.9%	74.6%	78.3%	80.6%	75.1%	69.3%	73.4%	79.6%	77.9%	64.2%	79.4%	76.2%
Hospital staff gave me information about any breastfeeding support groups or services for help with breastfeeding once I left the hospital.	76.8%	73.8%	77.4%	79.6%	71.8%	69.8%	73.4%	81.0%	76.7%	68.8%	80.1%	77.1%

Clients reported the following infant nutrition experiences in the hospital where they gave birth:

Infant feeding during the hospital stay and at discharge (Q32, Q 35)

Q32. While your baby was in the hospital or birthing center, what was your baby fed?

Fed while in the hospital or birthing center	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Breast milk only	30.0%	27.7%	34.7%	39.1%	30.7%	20.0%	24.5%	41.6%	26.0%	30.1%	32.6%	19.9%
Formula only	25.8%	33.4%	30.1%	21.3%	26.8%	41.5%	25.7%	21.7%	29.2%	34.4%	21.4%	28.6%
Both breast milk and formula	44.2%	38.9%	35.2%	39.7%	42.6%	38.5%	49.8%	36.7%	44.8%	35.4%	46.0%	51.5%

Q35. When your baby left the hospital or birthing center, what was your baby being fed?

Fed when left the hospital or birthing center	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Breast milk only	33.5%	29.9%	37.9%	41.5%	36.9%	24.0%	28.5%	44.3%	30.0%	35.1%	36.8%	23.4%
Formula only	26.0%	35.0%	35.0%	22.0%	28.5%	40.7%	25.4%	23.6%	30.3%	37.0%	22.4%	25.7%
Both breast milk and formula	40.5%	35.0%	27.1%	36.5%	34.6%	35.4%	46.0%	32.0%	39.7%	28.0%	40.8%	50.9%

Q33. How did you get the formula for your baby the first time your baby was given formula in the hospital? (Among respondents who reported that their baby was fed formula only or both breast milk and formula while in the hospital or birth center)

How respondent got the formula for their baby the very first time that formula was given in the hospital	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
I asked for the formula	28.1%	28.1%	25.9%	37.5%	37.1%	20.1%	25.5%	32.0%	24.0%	26.3%	33.2%	20.0%
Formula was available in my room without me asking for it	23.2%	21.0%	23.1%	19.4%	19.6%	22.6%	25.1%	25.0%	29.5%	26.3%	16.1%	23.2%
Hospital staff brought me the formula without me asking for it	28.0%	33.5%	35.2%	23.4%	26.5%	27.6%	27.7%	26.6%	29.1%	27.7%	29.2%	31.8%
Hospital staff fed my baby the formula without me asking for it	20.8%	17.4%	ID*	19.7%	16.7%	29.6%	21.7%	16.4%	17.4%	19.7%	21.5%	25.0%

*ID: Insufficient data due to extremely small sample size

Q34. Before your baby was fed formula, did a nurse or doctor talk to you about the differences between breast milk and formula? (Among clients who reported that their baby was fed formula only or both breast milk and formula while in the hospital or birth center)

A nurse or doctor talked to respondent about the differences between breast milk and formula before giving formula	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	60.5%	57.6%	56.8%	67.6%	55.8%	50.2%	62.4%	64.7%	59.3%	50.0%	63.3%	53.3%
No or I don't know	39.5%	42.4%	43.2%	32.4%	44.2%	49.8%	37.6%	35.3%	40.7%	50.0%	36.7%	46.7%

Q36. Did you receive free samples of infant formula?

Received free samples of formula (Yes):	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
In a gift bag or diaper bag from the hospital or birth center	67.9%	69.8%	73.2%	53.4%	66.2%	81.9%	73.3%	59.3%	71.5%	71.4%	69.8%	81.2%
From a doctor or other healthcare provider outside the hospital	19.3%	18.3%	22.3%	17.9%	19.1%	20.4%	20.8%	23.7%	19.1%	18.4%	24.4%	15.4%
Through the mail	19.0%	21.3%	28.5%	18.9%	26.1%	22.3%	19.0%	22.4%	19.6%	22.8%	20.7%	12.4%

Respondents reported the following experiences about having infants who spent time in the Neonatal Intensive Care Unit (NICU):

Q27. After your baby was born, did your baby have to spend any time in a hospital intensive care unit (NICU)?

Baby had to spend any time in a hospital intensive care unit (NICU)	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	13.1%	15.0%	ID*	12.6%	10.1%	16.0%	12.6%	15.2%	14.5%	ID*	17.3%	12.6%

*ID: Insufficient data due to extremely small sample size

Q28. During the time your baby was in the NICU, did any of the following happen?

The following experiences happened during the time the respondent's baby was in the NICU (Respondent answered "Yes")	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
I was encouraged to spend time holding my baby skin-to-skin	66.0%	66.7%	ID*	69.0%	70.6%	62.5%	64.8%	69.9%	64.0%	ID*	65.1%	62.9%
Someone talked to me about the importance of breast milk for my baby.	80.6%	69.2%	ID*	83.1%	73.5%	81.3%	80.9%	79.4%	83.3%	ID*	79.4%	81.2%

The following experiences happened during the time the respondent's baby was in the NICU	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
I was offered an electric breast pump while I was separated from my baby.	68.5%	66.7%	ID*	71.1%	67.6%	65.6%	72.4%	72.8%	63.2%	ID*	73.0%	61.2%
Someone showed me how to use an electric breast pump.	68.9%	59.0%	ID*	74.0%	67.6%	ID*	71.4%	75.0%	63.2%	ID*	74.6%	62.9%

Q29. Did you receive an electric breast pump from WIC after you were discharged from the hospital? (Among respondents who reported their baby spent time in NICU and reported ever breastfeeding).

Received an electric breast pump from WIC after hospital discharge for infant in NICU	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	44.0%	ID*	ID*	56.2%	35.8%	38.6%	26.7%	38.2%	37.0%	ID*	82.8%	50.0%

Q30. About how many days after you were discharged from the hospital did you receive the breast pump from WIC? (Among respondents whose baby had to spend any time in a hospital intensive care unit (NICU) that reported ever breastfeeding AND reported receiving a breast pump from WIC after hospital discharge).

# of days after discharge from NICU to receive a breast pump from WIC	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
The day I was discharged	21.1%	ID*	ID*	31.6%	ID*	ID*						
1-2 days	22.2%	ID*	ID*	ID*	ID*	ID*	26.7%	ID*	ID*	ID*	ID*	27.8%
3-4 days	18.7%	ID*	ID*									
5 or more days	38.0%	37.5%	0.0%	36.7%	22.2%	42.9%	40.0%	52.4%	40.0%	50.0%	36.4%	33.3%

*ID: Insufficient data due to extremely small sample size

Respondents reported the following experiences with WIC Staff:

Q13. The following statements are experiences that you may have had with WIC Staff. Please indicate if you have had these experiences

Respondent reported the following experiences with WIC staff :	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
WIC staff encouraged me to breastfeed	92.7%	92.1%	96.7%	92.4%	92.9%	95.5%	91.7%	92.5%	88.2%	92.6%	92.6%	95.8%
WIC staff told me about how to breastfeed my baby	91.7%	83.3%	96.0%	90.7%	91.6%	89.2%	92.7%	91.3%	86.3%	87.4%	90.3%	96.6%
WIC staff told me about the benefits of the food package for breastfeeding mothers	91.8%	86.3%	94.3%	90.2%	93.1%	89.1%	92.0%	93.3%	88.2%	89.9%	93.1%	95.3%
WIC staff told me that breast pumps are available from WIC	81.6%	80.6%	88.4%	79.7%	86.8%	91.1%	82.3%	81.1%	77.5%	70.1%	85.0%	83.2%
I got a breast pump from my WIC clinic	45.4%	50.4%	49.2%	42.9%	56.2%	60.8%	46.5%	40.9%	36.3%	31.3%	56.4%	47.7%
WIC staff told me about when to begin giving foods or liquids other than breast milk or formula.	77.6%	79.1%	79.3%	75.9%	85.3%	85.4%	75.1%	78.1%	74.9%	74.4%	77.4%	81.1%

Respondents reported the following experiences with breastfeeding difficulties and support:

Q17. Did you have any of the following problems breastfeeding your baby during the first 2 weeks of breastfeeding? Fill in all that apply. (Among respondents who reported ever breastfeeding)

Breastfeeding problems during the first 2 weeks	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
My baby had trouble sucking or latching on	38.3%	37.4%	38.5%	36.0%	32.5%	41.1%	37.5%	39.9%	40.7%	41.5%	36.5%	41.4%
My baby wouldn't wake up to nurse regularly	10.2%	13.6%	ID*	9.8%	8.5%	ID*	10.4%	11.1%	10.3%	ID*	11.5%	9.9%
My baby was not interested in nursing	12.2%	10.6%	ID*	10.0%	11.7%	18.9%	13.9%	9.5%	15.0%	18.3%	9.9%	12.9%
I felt like my baby nursed too often	10.7%	9.4%	ID*	11.2%	9.1%	ID*	10.4%	13.0%	9.0%	16.2%	12.5%	10.0%
It seemed like it took too long for my milk to come in	21.2%	23.0%	20.0%	20.7%	22.5%	15.8%	21.2%	18.6%	24.0%	27.5%	23.7%	21.0%
I had trouble getting the milk flow to start	21.8%	20.9%	26.9%	20.7%	19.9%	19.5%	21.9%	20.7%	21.4%	20.4%	21.4%	24.5%
My baby didn't gain enough weight or lost too much weight	6.7%	8.9%	ID*	8.1%	8.0%	ID*	6.0%	9.0%	7.5%	ID*	6.3%	3.5%
I didn't think I had enough milk	28.2%	29.8%	30.0%	29.6%	32.8%	28.4%	27.9%	26.3%	28.4%	31.7%	28.6%	25.8%
My nipples were sore, cracked, or bleeding	29.0%	22.6%	33.8%	32.3%	32.5%	25.3%	27.6%	34.1%	27.3%	30.3%	31.3%	23.8%
My breasts were overfull (engorged)	17.3%	16.6%	21.5%	16.4%	19.7%	19.5%	17.3%	18.5%	16.8%	25.4%	16.4%	16.4%
My breast was infected	2.1%	ID*	ID*	2.7%	ID*	ID*	1.8%	3.5%	ID*	ID*	ID*	1.7%
My breasts leaked too much	11.5%	14.9%	ID*	11.1%	10.5%	14.7%	12.3%	11.1%	10.2%	14.1%	10.2%	11.3%
I had some other problem	6.5%	8.9%	ID*	7.1%	6.3%	ID*	5.9%	5.7%	6.1%	ID*	5.5%	6.4%
I had no problems	24.1%	23.8%	ID*	23.6%	23.4%	25.8%	24.7%	23.3%	24.5%	20.4%	24.7%	25.6%

*ID: Insufficient data due to extremely small sample size

Q18. Did you ask for help with these problems from WIC, a health professional (a doctor, midwife, or nurse), a lactation consultant, or a breastfeeding support group? (Among respondents reporting breastfeeding problems in the first 2 weeks).

Asked for help with breastfeeding problem(s)	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	61.5%	58.7%	63.6%	62.7%	66.9%	61.7%	57.8%	66.1%	59.6%	54.0%	57.8%	63.2%

Q19. Did you GET any help with these problems from WIC, a health professional, a lactation consultant, or a breastfeeding support group? (Among respondents reporting they experienced breastfeeding problems within the first 2 weeks and who reported asking for help).

Got help with breastfeeding problem(s)	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	91.2%	92.4%	86.7%	90.6%	90.6%	94.3%	92.5%	89.2%	87.9%	88.5%	87.4%	94.8%

Q20. Did the help you received solve the problem(s) or make them better? (Among respondents reporting they experienced breastfeeding problems within the first two weeks and who reported asking for and getting help for their problems).

The received help solved the breastfeeding problem(s) or made them better	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
No, not at all or No, not much	19.6%	18.9%	24.2%	20.1%	20.5%	20.3%	19.6%	19.2%	22.9%	25.9%	24.8%	15.8%
No opinion or don't know	2.7%	ID*	ID*	ID*	ID*	ID*	2.9%	ID*	ID*	ID*	ID*	3.8%
Yes, a little	48.0%	44.2%	46.8%	50.5%	44.1%	44.3%	49.0%	48.4%	44.5%	48.1%	40.0%	48.6%
Yes, very much	29.6%	33.7%	ID*	27.4%	34.2%	32.9%	28.5%	29.4%	29.9%	ID*	33.1%	31.8%

*ID: Insufficient data due to extremely small sample size

Q41. In general, how supportive of breastfeeding are people in your community?

Reported level of support of breastfeeding by people in respondent's community	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Very unsupportive or somewhat unsupportive	12.3%	14.2%	18.0%	11.3%	13.1%	11.0%	11.1%	11.9%	15.1%	15.2%	15.1%	12.1%
Neither unsupportive nor supportive	5.1%	ID*	ID*	4.9%	6.4%	ID*	5.1%	4.6%	5.8%	ID*	5.6%	4.8%
Somewhat supportive	14.5%	12.7%	20.8%	13.1%	13.3%	17.1%	12.6%	14.4%	16.6%	18.5%	17.9%	16.2%
Very supportive	45.2%	39.3%	29.8%	47.8%	38.8%	38.4%	48.8%	46.2%	38.1%	33.6%	42.1%	47.7%
I don't know	22.8%	30.2%	26.4%	22.8%	28.4%	27.4%	22.3%	22.9%	24.5%	25.1%	19.2%	19.2%

*ID: Insufficient data due to extremely small sample size

Respondents reported the following experiences with working and breastfeeding:

Q42. Did you work for pay at any time after your baby was born?

Worked for pay at any time after baby was born	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	28.1%	35.9%	39.1%	27.6%	37.1%	32.3%	25.9%	29.0%	31.1%	32.8%	29.3%	23.1%

Q45. Did you receive an electric breast pump from WIC before you went back to work? (Among respondents who reported returning to work)

Received WIC electric breast pump before return to work	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	28.1%	34.6%	ID*	20.1%	44.1%	ID*	28.6%	30.2%	22.1%	ID*	32.0%	36.1%
No	44.9%	45.7%	ID*	49.9%	27.0%	44.2%	46.7%	38.8%	48.1%	51.2%	54.6%	41.4%
Didn't need a pump- No longer breastfeeding	15.5%	ID*	ID*	15.9%	ID*	ID*	13.1%	16.9%	18.2%	ID*	ID*	13.6%
I already had a pump so did not need one from WIC.	11.4%	ID*	ID*	14.0%	ID*	ID*	11.7%	14.0%	11.7%	ID*	ID*	8.9%

*ID: Insufficient data due to extremely small sample size

Q43. How old was your baby when you started working after your delivery?

Age of baby when respondent returned to work	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Fewer than 4 weeks	11.4%	11.4%	20.3%	9.6%	9.1%	17.1%	11.4%	12.3%	11.4%	12.3%	11.8%	12.1%
4 through 6 weeks	21.3%	22.9%	ID*	24.5%	25.9%	ID*	18.1%	20.0%	24.9%	ID*	25.2%	19.4%
7 weeks through 12 weeks	26.1%	25.7%	ID*	23.8%	25.9%	34.2%	26.0%	26.3%	28.4%	ID*	20.2%	28.8%
13 or more weeks	41.1%	40.0%	39.0%	42.2%	39.2%	39.5%	44.5%	41.4%	35.3%	43.1%	42.9%	39.6%

*ID: Insufficient data due to extremely small sample size

Q44. When you first started working after your delivery, about how many hours per week did you usually work?

Age of baby when respondent returned to work	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
1 to 19 hours per week	21.7%	23.4%	ID*	20.1%	19.6%	ID*	20.3%	21.5%	23.1%	ID*	22.9%	28.3%
20 to 39 hours per week	41.6%	43.9%	54.7%	43.1%	43.9%	53.3%	41.0%	39.8%	37.2%	42.4%	39.8%	38.8%
40 or more hours per week	36.7%	32.7%	34.4%	36.8%	36.5%	29.3%	38.7%	38.8%	39.7%	37.9%	37.3%	32.9%

*ID: Insufficient data due to extremely small sample size

Q46. Think back to where you worked after your baby was born. In your opinion, how supportive of breastfeeding was the place where you worked?

Reported level of support in respondent's work place for breastfeeding	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Very unsupportive or somewhat unsupportive	17.7%	19.6%	ID*	18.9%	14.1%	ID*	18.5%	15.5%	20.3%	ID*	ID*	15.9%
Neither unsupportive nor supportive	14.8%	ID*	ID*	15.3%	14.1%	ID*	12.9%	19.2%	14.5%	ID*	ID*	16.4%
Somewhat supportive or very supportive	35.4%	36.4%	38.7%	34.2%	34.5%	40.0%	35.0%	35.1%	34.5%	37.9%	40.5%	36.0%
I don't know	32.1%	30.8%	35.5%	31.7%	37.3%	ID*	33.7%	30.2%	30.7%	30.3%	31.4%	31.6%

*ID: Insufficient data due to extremely small sample size

Q47a. Think back to where you worked after your baby was born. Did the place where you worked... have a private place (not a bathroom) to pump breast milk?

Workplace had a private place (not a bathroom) to pump breast milk	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	33.5%	29.1%	ID*	33.2%	32.6%	32.0%	33.9%	31.0%	35.1%	35.4%	42.9%	33.3%
No	56.6%	61.2%	52.5%	56.7%	56.5%	53.3%	56.6%	56.6%	56.8%	55.4%	48.7%	58.8%
I don't know	9.9%	ID*	ID*	10.1%	ID*	ID*	9.4%	12.5%	8.1%	ID*	ID*	7.9%

*ID: Insufficient data due to extremely small sample size

Q47b. Think back to where you worked after your baby was born. Did the place you worked allow break time to pump breast milk?

Workplace allowed break time to pump breast milk	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	38.7%	37.3%	ID*	39.3%	36.0%	36.5%	38.8%	37.1%	44.9%	34.4%	44.1%	36.0%
No	40.3%	40.2%	36.7%	40.3%	41.0%	36.5%	38.8%	41.0%	36.4%	46.9%	39.8%	45.1%
I don't know	21.0%	22.5%	ID*	20.4%	23.0%	27.0%	22.4%	21.9%	18.7%	ID*	ID*	19.0%

*ID: Insufficient data due to extremely small sample size

Q47c. Think back to where you worked after your baby was born. Did the place you worked have a written employee policy about working and breastfeeding?

Workplace had a written employee policy about working and breastfeeding	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	11.0%	ID*	ID*	10.0%	ID*	ID*	13.4%	7.7%	14.7%	ID*	16.9%	9.4%
No	59.1%	56.4%	56.7%	59.3%	55.9%	64.0%	55.2%	59.6%	56.6%	67.2%	59.3%	65.2%
I don't know	29.9%	32.7%	36.7%	30.6%	33.1%	29.3%	31.4%	32.7%	28.7%	ID*	23.7%	25.4%

*ID: Insufficient data due to extremely small sample size

Q47d. Think back to where you worked after your baby was born. Did the place you worked allow flexible scheduling so that breaks could be taken when needed?

Workplace allowed flexible scheduling so that breaks could be taken when needed	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	42.2%	35.9%	36.7%	41.3%	42.8%	34.7%	44.0%	42.5%	46.6%	35.9%	47.9%	40.8%
No	39.3%	44.7%	40.0%	39.5%	35.5%	41.3%	35.9%	38.5%	35.3%	48.4%	38.7%	44.9%
I don't know	18.5%	19.4%	ID*	19.1%	21.7%	ID*	20.2%	18.9%	18.0%	ID*	ID*	14.2%

*ID: Insufficient data due to extremely small sample size

Q51e. Think back to where you worked after your baby was born. Did the place you worked allow employees to work from home OR bring their babies to work?

Workplace allowed employees to work from home OR bring their babies to work	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	12.5%	ID*	ID*	10.4%	ID*	ID*	12.7%	9.8%	15.7%	ID*	ID*	15.4%
No	74.3%	72.3%	68.3%	76.0%	72.1%	77.6%	74.0%	79.0%	70.8%	69.8%	75.4%	73.2%
I don't know	13.2%	ID*	ID*	13.7%	14.7%	ID*	13.3%	11.2%	13.5%	ID*	ID*	11.5%

*ID: Insufficient data due to extremely small sample size

Respondents reported the following attitudes and beliefs about breastfeeding:

Q39. Do you think it is okay for women to breastfeed in public places like restaurants, parks, etc.?

Thinks it is okay for women to breastfeed in public places	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	88.2%	90.8%	94.8%	88.4%	92.4%	78.2%	87.9%	90.9%	89.6%	87.3%	90.7%	84.6%
No	11.8%	9.2%	ID*	11.6%	7.6%	21.8%	12.1%	9.1%	10.4%	12.7%	9.3%	15.4%

*ID: Insufficient data due to extremely small sample size

Q40. Would you encourage your friends to breastfeed?

Would encourage friends to breastfeed	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	95.6%	93.6%	94.9%	95.5%	94.5%	87.9%	95.4%	96.5%	95.7%	91.9%	96.5%	97.3%
No	4.4%	6.4%	ID*	4.5%	5.5%	12.1%	4.6%	3.5%	4.3%	ID*	ID*	2.7%

*ID: Insufficient data due to extremely small sample size

Q48. Do you believe the following statements about breastfeeding are true or false?

Breastfed babies are less likely to become obese children and adults.	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
True	52.5%	52.7%	49.7%	53.2%	48.7%	53.3%	52.3%	51.7%	46.5%	45.0%	56.9%	56.3%
False	20.7%	20.7%	20.2%	19.6%	20.2%	18.4%	21.8%	19.9%	23.2%	25.0%	20.7%	20.3%
I don't know	26.8%	26.5%	30.1%	27.2%	31.1%	28.4%	25.9%	28.5%	30.3%	30.0%	22.4%	23.4%

Breastfed babies are less likely to develop diabetes	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
True	53.6%	52.8%	47.4%	52.7%	47.9%	54.1%	52.4%	55.8%	49.1%	46.0%	59.5%	58.8%
False	14.8%	15.1%	18.5%	14.5%	15.9%	14.4%	15.6%	12.5%	15.5%	21.2%	13.3%	14.1%
I don't know	31.6%	32.1%	34.1%	32.7%	36.3%	31.5%	32.1%	31.7%	35.3%	32.8%	27.2%	27.1%

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Breastfed babies are less likely to die from sudden infant death syndrome (SIDS)	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
True	45.3%	46.3%	45.2%	44.3%	43.0%	42.2%	43.1%	47.5%	42.3%	38.3%	52.5%	49.7%
False	19.3%	22.8%	24.4%	18.6%	22.6%	21.1%	19.9%	20.3%	20.8%	23.0%	15.8%	16.7%
I don't know	35.3%	30.9%	30.4%	37.1%	34.4%	36.7%	37.0%	32.3%	36.9%	38.8%	31.7%	33.6%

Breastfeeding benefits children even after they stop nursing (higher IQ, better health, etc.)	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
True	73.9%	73.2%	71.3%	74.5%	70.8%	69.8%	72.7%	74.3%	70.4%	65.7%	75.2%	78.1%
False	6.9%	7.7%	ID*	6.6%	6.8%	ID*	6.8%	5.9%	8.7%	10.1%	6.8%	6.2%
I don't know	19.3%	19.1%	19.3%	18.8%	22.4%	22.9%	20.5%	19.8%	20.8%	24.2%	18.0%	15.7%

*ID: Insufficient data due to extremely small sample size

Mothers who breastfeed are less likely to get breast or ovarian cancer	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
True	60.9%	56.8%	48.0%	64.1%	51.3%	53.1%	60.4%	59.4%	54.7%	45.7%	65.6%	67.3%
False	10.7%	11.1%	15.8%	9.3%	15.6%	13.2%	10.9%	11.1%	12.2%	16.1%	7.3%	9.5%
I don't know	28.4%	32.1%	36.3%	26.6%	33.1%	33.7%	28.7%	29.4%	33.1%	38.2%	27.1%	23.2%

2013 Texas WIC Infant Feeding Practices Survey -Preliminary

Breastfeeding mothers burn more calories making it easier to lose pregnancy weight	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
True	86.2%	86.7%	86.0%	85.7%	86.9%	79.4%	85.5%	88.1%	84.6%	84.9%	86.3%	89.8%
False	3.6%	ID*	ID*	3.2%	ID*	ID*	3.8%	4.2%	4.3%	ID*	ID*	3.2%
I don't know	10.3%	10.5%	ID*	11.1%	10.8%	16.3%	10.7%	7.7%	11.2%	10.6%	9.7%	7.0%

*ID: Insufficient data due to extremely small sample size

Breastfeeding mothers get more food on WIC than non-breastfeeding mothers	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
True	52.9%	54.2%	62.0%	51.5%	56.8%	49.4%	52.9%	54.9%	47.3%	47.4%	55.8%	55.0%
False	11.5%	8.7%	ID*	11.7%	10.6%	10.5%	11.8%	9.5%	12.9%	17.0%	10.6%	11.9%
I don't know	35.6%	37.2%	28.1%	36.8%	32.6%	40.1%	35.3%	35.6%	39.8%	35.6%	33.6%	33.1%

*ID: Insufficient data due to extremely small sample size

In Texas, there is a law that gives women the right to breastfeed their babies in public	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
True	59.1%	58.2%	63.6%	56.1%	61.5%	53.9%	60.0%	62.5%	56.4%	58.9%	53.9%	62.8%
False	2.5%	ID*	ID*	2.6%	ID*	ID*	2.8%	ID*	2.5%	ID*	ID*	2.3%
I don't know	38.5%	40.6%	34.1%	41.3%	34.5%	43.4%	37.2%	35.8%	41.1%	37.6%	44.8%	34.9%

*ID: Insufficient data due to extremely small sample size

There is a law that requires employers to give their breastfeeding employees enough break time and a clean, private place to pump milk during the work day	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
True	36.4%	34.0%	42.5%	36.6%	36.5%	34.0%	34.0%	40.8%	36.5%	33.7%	40.2%	35.6%
False	5.5%	ID*	ID*	5.1%	7.9%	ID*	5.9%	4.6%	5.4%	12.6%	5.1%	5.1%
I don't know	58.1%	60.7%	50.9%	58.3%	55.6%	60.2%	60.1%	54.6%	58.2%	53.8%	54.7%	59.4%

*ID: Insufficient data due to extremely small sample size

Q49. Have you visited the website breastmilkcounts.com? (among all respondents)

Has visited breastmilkcounts.com	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	8.0%	6.4%	ID*	7.0%	5.8%	11.2%	8.4%	8.5%	5.7%	ID*	9.1%	10.1%
No	90.3%	92.9%	90.8%	90.6%	93.2%	85.8%	89.8%	90.0%	92.1%	95.6%	90.0%	88.5%
I don't know	1.7%	ID*	ID*	2.4%	ID*	ID*	1.8%	ID*	2.1%	ID*	ID*	1.4%

*ID: Insufficient data due to extremely small sample size

Q49. Have you visited the website breastmilkcounts.com? (Among respondents who reported ever breastfeeding)

Has visited breastmilkcounts.com	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
Yes	8.8%	ID*	ID*	7.2%	6.7%	15.2%	9.3%	9.3%	6.2%	ID*	9.7%	11.0%
No	89.5%	91.1%	87.9%	90.6%	92.4%	81.5%	88.8%	89.3%	91.3%	96.5%	89.5%	87.7%
I don't know	1.7%	ID*	ID*	2.1%	ID*	ID*	1.9%	ID*	ID*	ID*	ID*	ID*

*ID: Insufficient data due to extremely small sample size