



Texas School Health Advisory Committee

Texas Department of State Health Services

Tower Building, Room T607

1100 W. 49th Street

September 11, 2017

10:00 a.m.

Meeting Minutes

TSHAC Members Present:

Debra Burnett, Health Services

Cynthia Cardenas, Parent

Fancy Flores, Organization

Barney Fudge, Texas Education Agency

Wrennah Gabbert, Organization, Presiding Officer

Julie Gardner, Parent

Tamara Gilstrap, Physical Education

Danielle Leon, Health Education

Scott Moger, School Administrator

Alexandra Molina, Nutrition Services

Jennifer Page, Texas Department of Agriculture

Maureen Smith, Governor's Advisory Council on Physical Fitness

Anita Wheeler-Hill, Texas Department of State Health Services

TSHAC Members Absent:

Gilbert Handal, Physician

Carmela James, Counselor

Lisa Lauter, Parent

Josette Saxton, Organization, Assistant Presiding Officer

Mandy Tyler, Organization

Carrie Zamora, Parent

Staff Present:

Crystal Beard, Texas Department of State Health Services

Kathryn McCaslin, Texas Department of State Health Services

Lisa Stafford, Texas Department of State Health Services

Guests Present:

Eric Ratliff, University of Texas School of Public Health, Houston

Agenda Item 1

Agenda Item 1 was the call of the meeting to order at 10:04 am by Dr. Gabbert, presiding officer, and the introduction of members, staff, and guests.

Agenda Item 2

Agenda Item 2 was the approval of the agenda for the September 11, 2017 TSHAC meeting. A motion was made by Ms. Cardenas to approve the agenda. The motion was seconded by Ms. Smith and passed.

Agenda Item 3

Agenda Item 3 was the approval of the minutes from the March 27, 2017, TSHAC meeting. A motion was made by Ms. Cardenas to approve the minutes. The motion was seconded by Ms. Smith and passed.

Agenda Item 4

Agenda Item 4 was the discussion and possible action regarding Recommendations for Offering Physical Activity Outside of the School Day. Ms. Wheeler-Hill stated that the document was revised to meet accessibility requirements. Ms. Wheeler-Hill asked the committee if they wanted to vote for final approval of the document for posting on the School Health website. Mr. Fudge stated that the citations needed to be revised and requested rewording the second paragraph in the introduction section. Based on Mr. Fudge's discussion, Ms. Wheeler-Hill decided to revise the document and bring it back to the committee at a future meeting for further discussion and possible approval. Ms. Gilstrap and Mr. Fudge will assist Ms. Wheeler-Hill with the revisions.

Agenda Item 5

Agenda Item 5 was the discussion of agency updates from the Texas Education Agency by Mr. Fudge, Texas Department of Agriculture by Ms. Page, and Texas Department of State Health Services by Ms. Wheeler-Hill.

Texas Education Agency – Barney Fudge

- Brief update on the restructuring of TEA.
- Discussion on 2014 – 2015 Fitnessgram® data. Data is available in excel spreadsheets online. The corresponding report is being reviewed and will be posted as soon as possible. The report shows correlations between academics and physical activity. A positive correlation between academics and physical activity was present. The contract with Fitnessgram® was renewed for two years.
- Brief update on the School Health Survey. According to Senate Bill (SB) 1873, eight areas must be reported annually.



- Brief update on SB 1566 related to notice to parents regarding head lice. TEA will write the rule.

Texas Department of Agriculture – Jennifer Page

- Update on TDA's efforts to assist those impacted by Hurricane Harvey.
- Update on Local Products Challenge and Jump with Jill. Both programs are ongoing.
- Brief discussion on the distribution of schools' food leftovers. Schools are encouraged to participate.
- TDA has worked on a five year plan with the Texas Hunger Initiative.
- The Summer Electronic Benefit Card Program is in development for the summer of 2018. Schools in Elgin and 7 rural campuses in the Georgetown ISD will receive education and training from Women, Infants, and Children (WIC). Thirty dollar gift cards will be allocated for the purchase of WIC approved foods. Children 5 years old to 18 years old can participate.
- TDA is preparing a brief on how to incorporate SHACs in local wellness policy development.

Department of State Health Services – Anita Wheeler-Hill

- Brief update on the School Health Program's new division. The School Health Program is now a part of the Community Health Improvement Division.
- Ms. Wheeler-Hill referenced the Legislative Tracking Tool, which is available on the School Health website. The following bills were discussed:
 - SB 196 was vetoed concerning notifying parents of a nurse's absence.
 - SB 579 allows private schools to stock epinephrine auto-injectors and provides liability protection.
 - SB 1566 requires the notification of parents when head lice is identified in a classroom.
 - SB 1689 allows chiropractors to conduct confidential concussion screenings.
 - HB 3296 requires the establishment of a peer review committee for districts that have 8 or more nurses.
- The TSHAC is currently seeking 4 new members for the committee:
 - 2 parent members (one parent must have a child with special healthcare needs),
 - a medical professional, and
 - a school administrator.
- The membership application deadline for the TSHAC is September 30, 2017.
- The deadline to submit an application for the Awards for Excellence Program was September 11, 2017.



Agenda Item 6

Agenda Item 6 was the update from the Department of State Health Services on the status of the epinephrine auto-injector in schools rule project. Ms. Wheeler-Hill stated that the latest draft of the Kindergarten through grade twelve stock epinephrine auto-injector rules are in the final stages of approval. Once approved, the draft will be shared with the public for informal feedback. Schools may stock epinephrine auto-injectors but are not required. If schools adopt epinephrine auto-injector policies, they must follow the rules. The rules will set minimum standards to assure ease of implementation and to encourage participation. The School Health Program hopes to have the rules adopted and effective before by the 2018-2019 school year.

In response to SB 1367, the School Health Program is drafting applications for higher education representatives. The same Stock Epinephrine Advisory Committee will be used for the new set of rules with the addition of a four year higher education representative and a two year higher education representative. Both a rural and urban representative will be sought. The School Health Program is working with the Higher Education Coordinating Board to find candidates.

To track the use of epinephrine auto-injector administration, a web form will be available on the School Health website for schools to use. Data analysis will be done internally by the School Health Program team.

Agenda Item 7

Agenda Item 7 was the update from the Texas Education Agency regarding Fitnessgram®, including the discussion and possible action regarding recommendations for coordinated school health related to the Fitnessgram®. Mr. Fudge addressed the Fitnessgram® during item 5.

Agenda Item 8

Agenda Item 8 was the discussion on Department of State Health Services' school health services resources. Ms. Wheeler-Hill stated that the Medication Guide with downloadable forms in Word format will be available soon. The Texas Guide to School Health Services and the Healthy School Environments webpages are available and are acting as web portals. DSHS - School Nurse Notes are being published and will focus on school nurse practice.

Agenda Item 9

Agenda Item 9 was the discussion and possible action regarding new Coordinated School Health data websites, agenda topics for local school health advisory council meetings, and the revised TSHAC document revision schedule. Ms. Wheeler-Hill stated that the TSHAC created a Topics for Local SHACs Meetings document for local SHACs to review for possible agenda items. This document is available on the

School Health webpage. Mr. Fudge suggested adding an emergency response and disaster item. Ms. Wheeler-Hill reviewed the TSHAC document revision schedule, and the following items were discussed:

- Ms. Wheeler-Hill will ask the Cardiovascular Disease Group at DSHS if they will collaborate with the TSHAC on the Sodium Reduction in Schools document.
- Recommendations for Improvement of CSH Programs is in need of an update as mandated by statute. Ms. Saxton, Ms. Housley, Ms. Gilstrap, Ms. Smith, and Dr. Handal previously volunteered to work on this item.
- Ms. Flores and Ms. Lauter will work on the Sample Resolution on Recess for Elementary School Students. Ms. Gilstrap volunteered to assist them. Dr. Debbie Rhea may serve as a resource for this document.
- Ms. Smith and Ms. Housley will work on the Sample Resolution on Health Education for All Texas Students, Kindergarten through grade twelve. Mr. Fudge recommended that the revision of the 2018 Health Education and Physical Education TEKS should be considered in this item.

Agenda Item 10

Agenda Item 10 was the discussion and possible action regarding the next TSHAC meeting on November 13, 2017 and future 2018 TSHAC meeting dates. Ms. Wheeler-Hill proposed reducing the number of yearly TSHAC meetings to only three times a year, to respect participants' time and the DSHS budget. The possibility of a new meeting time, location, and format were discussed.

A motion was made by Ms. Smith to cancel the November 13th TSHAC meeting and to hold the spring TSHAC meeting dates on January 22, 2018, and April 23, 2018. The motion was seconded by Mr. Fudge and passed. Ms. Wheeler-Hill stated that the January meeting will be held in Austin. The location, time, and format of the April meeting, and future meetings, will be discussed at a later time. Ms. Wheeler-Hill stated that she will need to consult with legal for open meeting requirements.

The spring TSHAC meeting dates are:

- January 22, 2018
- April 23, 2018

Agenda Item 11

Agenda Item 11 was the discussion and possible action regarding future TSHAC agenda topics and priorities. Ms. Wheeler-Hill asked the committee if the TSHAC should provide guidance on tobacco in schools in the future. Ms. Housley stated that this was an important issue and should be discussed. Dr. Gabbert proposed that the TSHAC should provide help when requested and provide opinions for appropriate action based on evidence-based resources. Several members of the TSHAC expressed interest in receiving training from subject matter experts on



topics pertinent to SHACs. Other members expressed interest in having guest speakers at future TSHAC meetings.

Agenda Item 12

Agenda Item 12 was public comment. Dr. Ratliff offered to present on his SHAC research and touch on the topics of SHAC planning, recruitment, meetings, structure, and roles.

Agenda Item 13

Agenda Item 13 was adjournment. The meeting adjourned at 12:10 p.m.

*****Approved at the January 22, 2018 TSHAC Meeting*****