

**Texas Council on Cardiovascular Disease and Stroke
Meeting Minutes**

**Friday, May 14, 2021
1:00 p.m.**

Due to COVID-19 pandemic, this meeting was conducted virtually using Microsoft Teams only. There was not a physical location for this meeting.

Following table represents member attendance at the Texas Council on Cardiovascular Disease and Stroke meeting held May 14, 2021.

Member Name	In Attendance
J. Neal Rutledge, MD (Vice Chair)	No
Elie Balesh, MD	Yes
Stanley Duchman, MD	Yes
Janet Hall Hewlett, RD, LD	Yes
Suzanne Hildebrand (Chair)	Yes
Samantha Kersey	Yes
Sherron D. Meeks, RN, PhD	No
Shilpa Shamapant	Yes
Harry "Kyle" Sheets, MD	No
E'Loria Simon-Campbell, PhD	Yes
Maricella "Marcie" Gonzalez Wilson, RN	Yes
NON-VOTING MEMBERS	
HHSC - Chelsea Couch	No
DSHS - Kelly Fegan-Bohm, MD	Yes
TWC - Karen Brajcki	Yes

"Yes" indicates attended the meeting. "No" indicates did not attend the meeting.

Agenda Item 1: Call to Order

The Texas Council on Cardiovascular Disease and Stroke (CVDS) meeting was convened at 1:05 p.m. by Ms. Suzanne Hildebrand, Council Chair, and she welcomed members, staff and public.

Agenda Item 2: Welcome, Roll Call, Introductions, Opening Remarks

Ms. Hildebrand introduced Ms. Sallie Allen, Advisory Committee Coordination Office, HHSC. Ms. Allen provided logistics, conducted a roll call, requested members to introduce themselves and noted a quorum was present.

Agenda Item 3: Review and approval of February 12, 2021 Meeting Minutes

Ms. Allen requested a motion to accept the February 12, 2021 meeting minutes.

MOTION:

Ms. Marcie Gonzalez Wilson moved to accept the February 12, 2021 minutes. Dr. Kyle Sheets seconded the motion. Ms. Allen conducted a roll call vote, and the motion passed unanimously.

Agenda Item 4: Agency Representative Reports

Department of State Health Services Report -

Dr. Kelly Fegan-Bohm did not have an agency update to report, therefore she introduced Ms. Jessica Hyde, DSHS, to provide the following update:

Legislative Update

- Legislative session ended May 31, 2021
- DSHS has been busy reviewing legislation, responding to inquiries, and providing testimony to the Legislators.
- Current focus is on any amendments or substitutions in committees or on the floor.
- DSHS is tracking 655 bills as of May 10, 2021.
- Companion bills of interest to the committee are SB116 and HB727, which relate to develop and establish a Border Health initiative to reduce adverse health impact of diabetes, hypertension, and obesity in border counties.
- SB1049 is a demonstration project for childhood obesity and chronic disease prevention in border counties.

Council members can contact DSHS for any detailed discussion of these bills. She reminded the Council that they are free to participate in Legislative advocacy on behalf of self or non-government entities such as an employer but cannot do it on behalf of the council without authorization of DSHS.

Program Updates

- 2020 Heart Attack and Stroke Data Collection has been published online at: <https://DSHS.texas.gov/HEART>.
- The above program is likely to be eliminated at the end of the fiscal year due to budget reductions. Jessica Hyde will be the liaison for the project and council until supporting duties are delegated to a new staff member.
- Heart Disease and Stroke Program/Chronic Disease Branch. Texas was one of 6 States selected for this learning collaborative. Program provides peer to peer coaching to engage with Medicaid, Department of Housing, and the Department of Transportation to address social determinants on health.
- Pharmacy Intervention. This is a learning collaborative to advance pharmacy interventions to control hypertension and cholesterol through medication therapy management and education to patients. Outcome data will not be available until August.
- Stroke Awareness Month – May.
- Texas Cardiovascular Disease and Stroke Partnership elected a new Chair – Dr. Emran Rouf.

Health and Human Services Commission (HHSC) Report -

Ms. Hyde provided the following program update on behalf of Ms. Chelsea Couch. Members were provided with a handout of her report.

- Aging Services Coordination (ASC)
 - Currently has a grant project which is focused on opioid prevention.
 - Free online training is available for activity professionals (primarily for those in long-term care settings) and volunteer management. These can be found on the Be Connected page of the Age Well Live Well webpage (www.agewelllivewell.org).
- Texercise program host sites with resources and tools to engage participants a 12-week physical activity program.
- Oversees a malnutrition program for older adults
- “Know your Neighbor” campaign encourages connection and engagement with older neighbors while remaining safe during the COVID-19 pandemic.

- SNAP Ed is a federal funded program for direct and virtual education
 - Activity for period Q1-2021 (10/1/2020 - 12/31/2020) includes data for various program activities
 - More information go to: <https://goodfoodgoodmove.yourtexasbenefits.com/>
- Star Plus Pilot Program - HB 4533 directs HHSC to develop the Medicaid managed program for long-term managed care strategies for intellectual and developmental disabilities (IDD) and brain injuries that occur after 21 years of age. This is a 24-month program. Must be enrolled before September 23 and be evaluated at the end of the program.
- Dental Study - Program is designed to evaluate cost effective measures to reduce emergency visits due to poor oral health which is linked to cardiovascular health.

Texas Workforce Commission Report -

Ms. Karen Brajcki, Program Specialist-Physical Disabilities, TWC, referenced a powerpoint handout, *TWC Cardiovascular Disease or Stroke, SFY 2019-20*, and provided following highlights:

- Data comparison between 2019 and 2020, closure rates, and age groups:
 - SY 2019 Data
 - 424 closures = 26%; equates to 56% Successful Closure Rate
 - 80.73% of total cases is comprised of those between 40-69 yrs of age
 - SY 2020 Data
 - 366 closures = 24%; equates to 43% Successful Closure Rate
 - 79.67% of total cases is comprised of those between 40-69 yrs of age

Agenda Item 5: Liaison Reports

Brain Injury Programs Report -

Ms. Christine Medeiros referenced a powerpoint handout, *Texas Brain Injury Programs*, and provided following highlights:

- Two brain injury programs within HHSC:
 - Office of Acquired Brain Injury (OABI)
 - Resource Facilitation
 - Support Groups
 - Raise Awareness
 - Educational Materials –Pinnacle
 - Texas Brain Injury Advisory Council
 - Comprehensive Rehabilitation Services (CRS)
 - Supports each person in achieving their unique definition of a meaningful life that is Trauma Informed, and Person-Centered Practices utilizing the Wraparound approach.
 - Services include: Inpatient Comprehensive Medical Rehabilitation Services, Post-Acute Rehabilitation Services , Outpatient Services, Ancillary Services and Resource Facilitation

For additional information or updates on brain injury programs, council events and activities contact us at:

- Phone – 512-706-7191
- OABI@hhsc.state.tx.us
- CRS_program@hhsc.state.tx.us
- Educational Material – <https://hhsc.mypinnaclecart.com/brain-injury>
- Christine Medeiros – Christine.Medeiros@hhs.texas.gov

TEXAS BRAIN INJURY RESOURCE GUIDE is available online to guide families and individuals with brain injuries to resources in Texas.

Governors EMS and Trauma Advisory Council (GETAC), Cardiac Care Report -

Dr. David Wampler, PhD, LP, referenced a powerpoint handout, *New Life for Texas CARES, (Cardiac Arrest Registry to Enhance Survival)* and provided following highlights:

- There is only a 3-10% chance of survival for all cardiac arrests
- Overall survival rate has been the same for 40 years
- The Texas-CARES Program is a Partnership of 911 centers, EMS agencies, fire departments, hospitals, and other health care providers, universities, researchers, and the public – to engage all links in the out-of-hospital cardiac arrest (OHCA) chain of survival and promote a comprehensive standardized system of OHCA care throughout the State.
- Statewide reporting allows for benchmarking local outcomes against State outcomes.
- Comparing the data would also show where there is improvement in outcomes.
- Current participation is mainly in the large urban centers so much of the State is not represented.
- Current Partnerships include: UT Health, McGovern Medical School, University of Texas – MD Anderson and Penn Medicine
- For more information go to: <http://tx-cares.com/>.

American Stroke Association/American Heart Association Report -

Mr. Alec Puente, Texas Government Relations Director, AHA, referenced a powerpoint handout, *TX CVD & Stroke Update*, and provided the following highlights:

- Texas Legislative Work
 - HB 786 – Telecommunicator CPR
 - Will implement consistent training standards across the state for telecommunicator CPR training
 - SB 248 – Tobacco Enforcement
 - Will implement a permitting and licensing system for e-cigarette retailers
 - Local Regional Campaigns
 - North Central Texas Trauma Regional Advisory Council approved updated Regional Stroke Plan.
 - Hypertension Collaborative
 - AHA plans to invite primary care clinics to participate in the Texas Hypertension Control Movement Self-Measured Blood Pressure (SMBP) Learning Collaborative (TXHCMSMBPLC).

Agenda Item 6: Discussion and Action Concerning any of the above items and future meeting topics.

Ms. Hildebrand requested if members had any topics for discussion. Ms. Hyde advised she would share future meeting dates and support staff changes for the Council when it becomes available.

Agenda Item 7: Public comment

No public comment was offered.

Agenda Item 8: Adjourn

Ms. Hildebrand expressed her sincere thanks to all staff involved with production of the virtual meetings. She advised the next meeting is scheduled for August 13, 2021 at 1:00p.m. and hearing no other comments the meeting adjourned at 2:34pm.

To access archived recording of the May 14,2021 meeting go to:
<https://texashsc.swagit.com/play/05152021-508>