

# Youth Tobacco Use

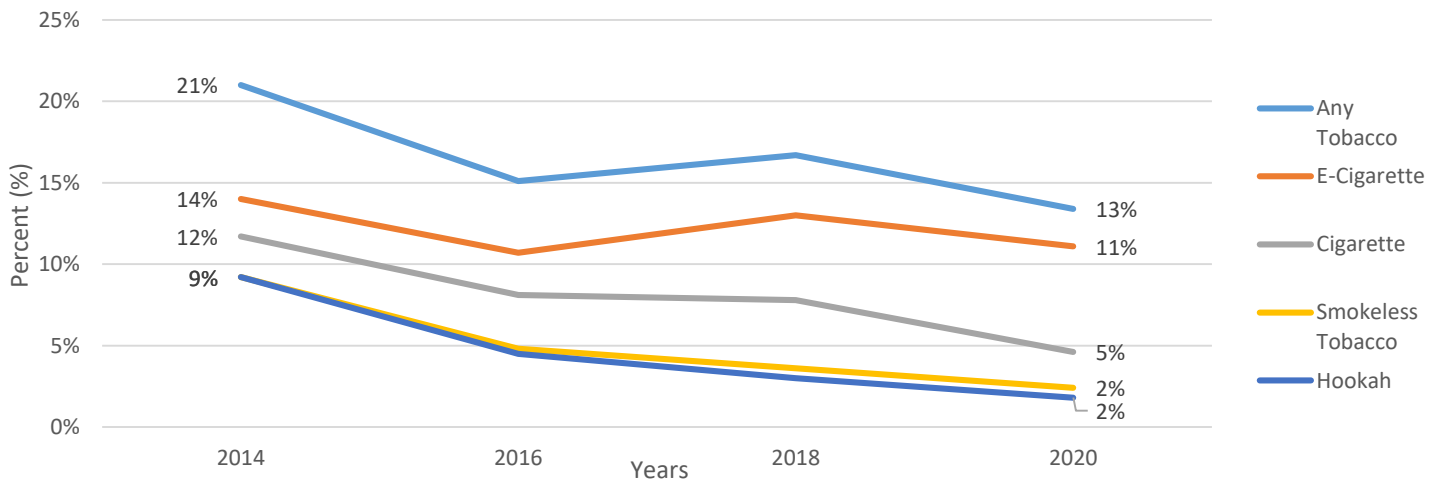
## Texas 2020

The Texas Youth Tobacco Survey (YTS) is a school-based survey that collects tobacco-related information from students in grades six through 12. All school districts in the Tobacco Prevention and Control Coalition service areas were invited to participate, as well as a statewide representative sample of 200 Texas public schools. The results help stakeholders better understand the youth they serve and design programs to meet their needs.

### Prevalence Rates

#### Tobacco Use Trends (Past 30 Days)

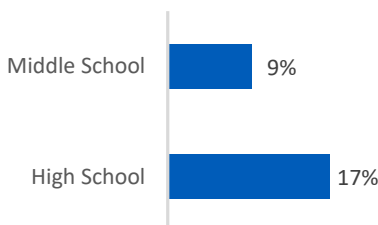
Tobacco use rates among youth are decreasing, from 21% in 2014 to 13% in 2020.



#### Any Tobacco Use Rates (Past 30 Days)

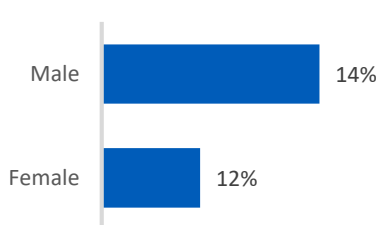
##### By School Level

Youth tobacco use rates increase with grade level.



##### By Sex

Youth tobacco use rates are higher among males compared to females.



##### By Race/Ethnicity

Youth tobacco use rates are lower in Black youth compared to youth of other race/ethnicities.

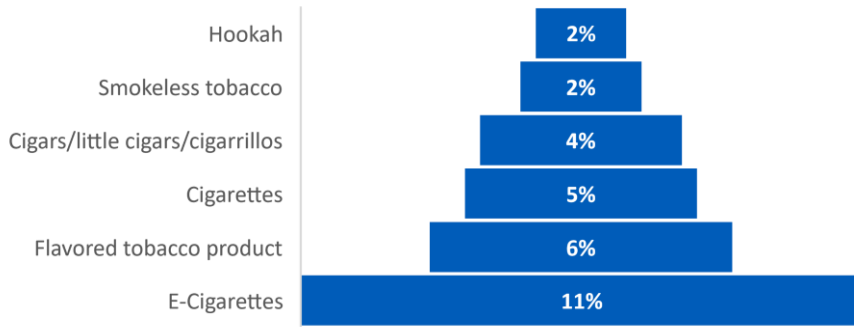


"Youth" refers to students in grades six -12.

"Any tobacco" includes chewing tobacco, snuff, dip, cigars/little cigars/cigarillos, hookahs, water pipes, electronic cigarettes and cigarettes.

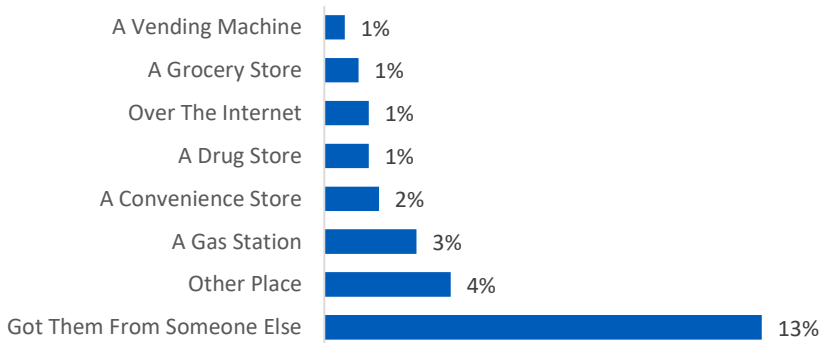
## Tobacco Use

**11%** of youth used E-cigarettes on at least 1 day during the past 30 days.



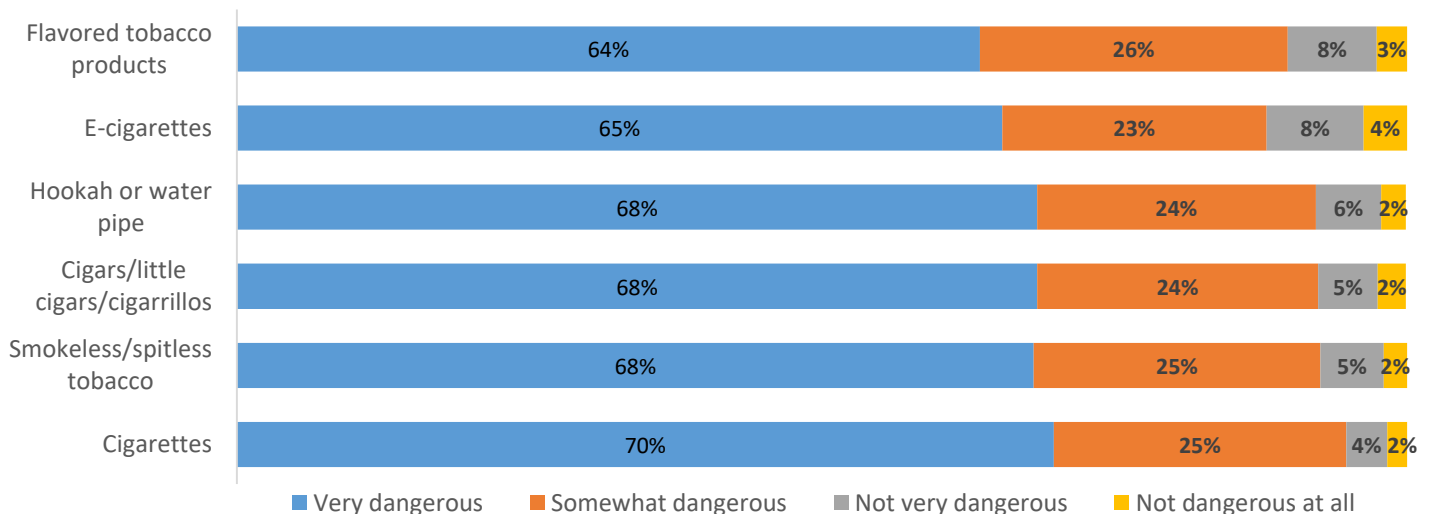
## Access to Tobacco Products

In the past 30 days, **13%** of youth who used tobacco did not buy their own product, but got them from someone else.



## Risk Perception

Among all tobacco products, youth perceived E-cigarettes to be the least harmful.



Data Source: Texas Youth Tobacco Survey (YTS), 2014-2020, Texas A&M University, College Station, TX

\*During 2019-2020 school year, schools across Texas were closed from early March through the rest of the school year due to COVID-19 pandemic. Therefore, many Coalition Districts and State Schools were unable to complete the survey.

## Tobacco Prevention and Control

### Prevention Education

During the 2019-2020 school year, **64%** of youth said that what they learned in school helped them feel okay with saying “no” to friends who offered tobacco products.

In the past year, **48%** of parents or guardians sometimes, often, or very often discussed the dangers of tobacco use with youth.

In the past year, **33%** of youth talked about the dangers of tobacco with a doctor or with someone in a doctor's office and **22%** in a dentist or with someone in a dentist office.

### Secondhand Smoke

In the past week, **26%** of youth were in the same room as a smoker.