Please check the box next to your answer or follow the directions included with the question. You may be asked to skip some questions that do not apply to you.

	BEFORE PREGNANCY		
The	first questions are about you.	b	The next questions ar efore you got pregna aby.
1. Ho	ow tall are you without shoes?		
-	Feet Inches	7.	At any time during the you got pregnant with you do any of the folleach item, check No if
	OR Centimeters		Yes if you did it.
ba	by, how much did you weigh? Pounds OR Kilos		I was dieting (changin habits) to lose weight. I was exercising 3 or n
			of the week I was regularly taking
3. W	hat is <u>your</u> date of birth?	.	medicines other than b
 Mo	onth Day Year	e.	I visited a health care of checked for diabetes I visited a health care of checked for high blood I visited a health care of the care
	efore you got pregnant with your new	1.	checked for depression
	by, did you ever have any other babies no were born alive?	g.	I talked to a health car about my family media
	No ──────── Go to Question 7 Yes	h.	I had my teeth cleaned or dental hygienist
we	d the baby born <i>just before</i> your new one eigh 5 pounds, 8 ounces (2.5 kilos) or <i>less</i> birth?		
	No Yes		

6.	Was the baby <i>just before</i> your new one born <i>earlier</i> than 3 weeks before his or her due date?
	□ No □ Yes
b	he next questions are about the time efore you got pregnant with your new aby.
7.	At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? For each item, check No if you did not do it or Yes if you did it.
	No Yes
a.	I was dieting (changing my eating habits) to lose weight
b.	I was exercising 3 or more days of the week
C.	I was regularly taking prescription medicines other than birth control
d.	I visited a health care worker and was checked for diabetes
e.	I visited a health care worker and was checked for high blood pressure
f.	checked for depression or anxiety
g.	about my family medical history
h.	I had my teeth cleaned by a dentist or dental hygienist

3.	During the month before you got pregnant with your new baby, what kind of health insurance did you have? Check ALL that apply Private health insurance from my job or the	11.	baby, did a doctor, nurse, or other hea care worker tell you that you had any of the following health conditions? For each one, check No if you did not have the condition or Yes if you did.	a lth r	
	job of my husband, partner, or parents □ Private health insurance purchased directly from an insurance company □ Medicaid or Texas Health Steps □ TRICARE or other military health care □ Some other kind of health insurance → Please tell us:	b.	•		
).	☐ I did not have any health insurance during the <i>month before</i> I got pregnant During the <i>month before</i> you got pregnant	W	The next questions are about the time when you got pregnant with your new baby.		
′•	with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?	ines iin, a itamin? 12. Thinking back to just pregnant with your i		d vou	
	☐ I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the <i>month before</i> I got pregnant☐ 1 to 3 times a week	pregnant with your new baby, how did feel about becoming pregnant? Check ONE and I wanted to be pregnant later			
	☐ Every day of the week ☐ I wanted to be p☐ I didn't want to	, , , , , , , , , , , , , , , , , , ,	o to		
10.	Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker talk to you about how to improve your health before pregnancy?		then or at any time in the future I wasn't sure what I wanted	tion 14	
	□ No □ Yes	13.	. How much longer did you want to wai become pregnant?	t to	
			☐ Less than 1 year ☐ 1 year to less than 2 years ☐ 2 years to less than 3 years ☐ 3 years to 5 years ☐ More than 5 years		

14. When you got pregnant with your new	DURING PREGNANCY
baby, were you trying to get pregnant? No Yes Go to Question 17 15. When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant? Some things people do to keep from getting pregnant include using birth	The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar when you answer these questions.)
control pills, condoms, withdrawal, or natural family planning. ☐ No ☐ Yes — Go to Question 17	17. How many weeks <i>or</i> months pregnant were you when you were <i>sure</i> you were pregnant? For example, you had a pregnancy test or a doctor or nurse said you were pregnant.
16. What were your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant? Check ALL that apply	Weeks OR Months ☐ I don't remember
☐ I didn't mind if I got pregnant ☐ I thought I could not get pregnant at that time ☐ I had side effects from the birth control method I was using ☐ I had problems getting birth control when I needed it	18. How many weeks <i>or</i> months pregnant were you when you had your first visit for prenatal care? Do not count a visit that was only for a pregnancy test or only for WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children).
I thought my husband or partner or I was sterile (could not get pregnant at all) ☐ My husband or partner didn't want to use anything ☐ I forgot to use a birth control method ☐ Other	Weeks OR Months I didn't go for prenatal care Go to Page 4, Question 20
	19. Did you get prenatal care as early in your pregnancy as you wanted? □□ No
	Go to Page 4, Question 21 Go to Page 4, Question 20

20. Did any of these things keep you from getting prenatal care when you wanted it? For each item, check No if it did not keep you from getting prenatal care or Yes if it did.	22. During your most recent pregnancy, what kind of health insurance did you have to pay for your prenatal care? Check ALL that apply
No Yes a. I couldn't get an appointment when I wanted one	□ Private health insurance from my job or the job of my husband, partner, or parents □ Private health insurance purchased directly from an insurance company □ Medicaid or Texas Health Steps □ TRICARE or other military health care □ Some other kind of health insurance □ I did not have any health insurance to pay for my prenatal care
If you did not get prenatal care, go to Question 24.	
21. Where did you go most of the time for your prenatal care visits? Do not include visits for WIC. Check ONE answer ☐ Hospital clinic ☐ Health department clinic ☐ Private doctor's office ☐ Other → Please tell us:	

23. During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below? Please count only	25. During the 12 months <i>before the delivery</i> of your new baby, did a doctor, nurse, or other health care worker <i>offer</i> you a flu shot or <i>tell</i> you to get one?
discussions, not reading materials or videos. For each item, check No if no one talked with you about it or Yes if someone did.	□ No □ Yes
a. How much weight I should gain during my pregnancy	26. During the 12 months before the delivery of your new baby, did you get a flu shot? Check ONE answer No → Go to Question 28 Yes, before my pregnancy Yes, during my pregnancy 27. During what month and year did you get the flu shot? / 20 Month Year I don't remember 28. This question is about the care of your teeth during your most recent pregnancy. For each item, check No if it is not true or
j. Getting tested for HIV	does not apply to you or Yes if it is true.
k. What to do if I feel depressed during my pregnancy or after my baby is born	a. I knew it was important to care for my teeth and gums during my pregnancy
24. At any time during <i>your most recent</i> pregnancy or delivery, did you have a test for HIV (the virus that causes AIDS)?	c. I had my teeth cleaned by a dentist or dental hygienist
☐ No ☐ Yes ☐ I don't know	during my pregnancy

 30. During your most recent pregnancy, did a home visitor come to your home to help you prepare for your new baby? A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps pregnant women. □ No □ Yes 31. During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)? □ No □ Yes 32. During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)? □ No □ Yes 33. During your most recent pregnancy, did a doctor, nurse, or other health care worker try to keep your new baby from 34. Lin the 3 months before you got pregnant, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes □ 1 to 5 cigarettes □ 1 didn't smoke then 36. In the last 3 months of your pregnancy, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes □ 1 to 40 cigarettes □ 1	29. During <i>your most recent</i> pregnancy, did you take a class or classes to prepare for childbirth and learn what to expect during labor and delivery?	The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).
30. During your most recent pregnancy, did a home visitor come to your home to help you prepare for your new baby? A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps pregnant women. □ No □ Yes 31. During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)? □ No □ Yes 32. During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)? □ No □ Yes 33. During your most recent pregnancy, did a doctor, nurse, or other health care worker try to keep your new baby from		34. Have you smoked any cigarettes in the <i>past</i> 2 years?
31. During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)? □ No □ Yes 32. During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)? □ No □ Yes 33. During your most recent pregnancy, did a doctor, nurse, or other health care worker try to keep your new baby from □ 6 to 10 cigarettes □ 1 to 5 cigarettes □ 1 to 40 cigarettes □ 11 to 20 cigarettes □ 1 to 5 cigarettes	a home visitor come to your home to help you prepare for your new baby? A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps pregnant women.	Yes 35. In the 3 months before you got pregnant, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes. □ 41 cigarettes or more □ 21 to 40 cigarettes
 Yes 32. During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)? □ No □ Yes 33. During your most recent pregnancy, did a doctor, nurse, or other health care worker try to keep your new baby from 34. cigarettes or more □ 21 to 40 cigarettes □ 11 to 20 cigarettes □ 1 to 5 cigarettes □ I didn't smoke then 37. How many cigarettes do you smoke on an average day now? A pack has 20 cigarettes 	you on WIC (the Special Supplemental Nutrition Program for Women, Infants,	☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette
you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)? No Yes 1 to 5 cigarettes 1 to 5 cigarettes 1 to 5 cigarettes 1 to 5 cigarettes 1 to doctor, nurse, or other health care worker try to keep your new baby from		how many cigarettes did you smoke on an
a doctor, nurse, or other health care worker try to keep your new baby from a doctor, nurse, or other health care average day now? A pack has 20 cigarettes	you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during <i>this</i> pregnancy)?	☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette
series of weekly shots of a medicine called Progesterone, Makena®, or 17P (17 alphahydroxyprogesterone)? 21 to 40 cigarettes 11 to 20 cigarettes 6 to 10 cigarettes	a doctor, nurse, or other health care worker try to keep your new baby from being born too early by giving you a series of weekly shots of a medicine called Progesterone, Makena®, or 17P (17 alpha-	☐ 11 to 20 cigarettes☐ 6 to 10 cigarettes
□ No □ Yes □ I don't know □ 1 to 5 cigarettes □ Less than 1 cigarette □ I don't smoke now	☐ Yes	☐ Less than 1 cigarette

38. Which of the following statements best describes the rules about smoking <i>inside</i> your home <i>now</i> , even if no one who lives in your home is a smoker?	41. During the 3 months before you got pregnant, how many times did you drink 4 alcoholic drinks or more in a 2 hour time span?
□ No one is allowed to smoke anywhere inside my home □ Smoking is allowed in some rooms or at some times □ Smoking is permitted anywhere inside my home	☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time ☐ I didn't have 4 drinks or more in a 2 hour time span
The next questions are about drinking alcohol around the time of pregnancy	42. During the <u>last 3</u> months of your pregnancy, how many alcoholic drinks did you have in an average week?
(before and during). 39. Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink. □ No → Go to Page 8, Question 44 □ Yes 40. During the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week?	☐ 14 drinks or more a week☐ 7 to 13 drinks a week☐ 4 to 6 drinks a week☐ 1 to 3 drinks a week☐ Less than 1 drink a week☐ Less than 1 drink a week☐ I didn't drink then☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
☐ 14 drinks or more a week☐ 7 to 13 drinks a week☐ 4 to 6 drinks a week☐ 1 to 3 drinks a week☐ Less than 1 drink a week☐ I didn't drink then → ☐ Go to Question 42☐ ☐ Go to Question 41☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time ☐ I didn't have 4 drinks or more in a 2 hour time span

Pregnancy can be a difficult time for some women. The next questions are about things that may have happened *before* and *during* your most recent pregnancy.

44. This question is about things that may have happened during the 12 months before your new baby was born. For each item, check No if it did not happen to you or Yes if it did. (It may help to look at the calendar when you answer these questions.)

		No	Yes
a.	A close family member was very sick and had to go into the hospital		
b.	I got separated or divorced from my husband or partner		
c.	I moved to a new address		ō
d.	I was homeless or had to sleep outside, in a car, or in a shelter	П	П
e.	My husband or partner lost his job		ō
f.	I lost my job even though I wanted to go on working	П	П
g.	My husband, partner, or I had a cut		_
h	in work hours or pay		
h.	I was apart from my husband or		
	partner due to military deployment or extended work-related travel		
i.	I argued with my husband or partner more than usual		
j.	My husband or partner said he didn't want me to be pregnant		
k.	I had problems paying the rent, mortgage, or other bills		
1.	My husband, partner, or I		_
	went to jail		
m.	Someone very close to me had a problem with drinking or drugs		
n.	Someone very close to me died		

45.	During the 12 months before your new baby was born, did you miss any doctor appointments because you were worried about what your partner would do if you went?
	□ No □ Yes
46.	During the 12 months before you got pregnant with your new baby, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other way?
	□ No □ Yes
47.	During your most recent pregnancy, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other way?
	□ No □ Yes
	the next questions are about your labor and delivery.
48.	When was your new baby born?
	Month Day Year

49. Did your doctor, nurse, or other health care worker try to induce your labor (start	52. What was the reason that your new baby was born by cesarean delivery (c-section)?	
your contractions using medicine)?	Check ALL that apply	
□ No	☐ I had a previous cesarean delivery (c-section) ☐ My baby was in the wrong position (such as breech) ☐ I was past my due date ☐ My health care provider worried that my baby was too big ☐ I had a medical condition that made labor dangerous for me (such as heart condition,	
 My water broke and there was a fear of infection I was past my due date My health care provider worried about the size of the baby My baby was not doing well and needed to be born I had a complication in my pregnancy (such as low amniotic fluid or preeclampsia) Labor stopped or was not progressing I wanted to schedule my delivery I wanted to give birth with a specific health care provider Other → Please tell us: 	physical disability) I had a complication in my pregnancy (such as preeclampsia, placental problems, infection, preterm labor) My health care provider tried to induce my labor, but it didn't work Labor was taking too long The fetal monitor showed that my baby was having problems before or during labor (fetal distress) I wanted to schedule my delivery I didn't want to have my baby vaginally Other Please tell us:	
	53. By the end of <i>your most recent</i> pregnancy, how much weight had you gained?	
51. How was your new baby delivered? ☐ Vaginally → Go to Question 53 ☐ Cesarean delivery (c-section) ☐ Go to Question 52	Check ONE answer and fill in blank if needed I gained pounds I didn't gain any weight, but I lost pounds My weight didn't change during my pregnancy I don't know	

10
AFTER PREGNANCY
The next questions are about the time since your new baby was born.
54. After your baby was delivered, was he or she put in an intensive care unit (NICU)?
□ No □ Yes □ I don't know
55. After your baby was delivered, how long did he or she stay in the hospital?
Less than 24 hours (less than 1 day) 24 to 48 hours (1 to 2 days) 3 to 5 days 6 to 14 days More than 14 days My baby was not born in a hospital My baby is still in the hospital Go to Question 58
56. Is your baby alive now?
☐ No → We are very sorry for your loss. Go to Page 12, Question 69
57. Is your baby living with you now?
□ No → Go to Page 12, Question 68 □ Yes
58. Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time?
☐ No ☐ Yes — Go to Question 60

Go to Question 59

breastfeeding your new baby?					
	Check ALL that apply				
	I was sick or on medicine I had other children to take care of I had too many household duties I didn't like breastfeeding I tried but it was too hard I didn't want to I went back to work or school Other Please tell us:				
If you did not breastfeed your new baby, go to Question 63.					
60. Are you currently breastfeeding or feeding pumped milk to your new baby?					
	No Yes ── Go to Question 62				
	ow many weeks or months did you eastfeed or pump milk to feed your by?				
	Weeks OR Months				
U 1	Less than 1 week				

If your baby was not born in a hospital, go to Question 63.		64. How often does your new baby sleep in the same bed with you or anyone else?
	This question asks about things that may have happened at the hospital where your new baby was born. For each item, check No if it did not happen or Yes if it did happen. No Yes	☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never
b.	Hospital staff gave me information about breastfeeding	65. Was your new baby seen by a doctor, nurse, or other health care worker for a <i>one week checkup</i> after he or she was born?
d. e.	Hospital staff helped me learn how to breastfeed	☐ No ☐ Yes ☐ My baby was still in the hospital at that time
g.	My baby was fed only breast milk at the hospital	66. Did your new baby have any well-baby shots or vaccinations before he or she was 3 months old? Do not count shots or vaccinations given in the hospital right after birth.
i. j.	The hospital gave me a gift pack with formula	☐ No ☐ Yes ☐ My child has not had any well-baby shots, but he or she is not 3 months old yet
	Hospital staff gave my baby a pacifier	67. Has your new baby had a well-baby checkup? A well-baby checkup is a regular health visit for your baby usually at 1, 2, 4, and 6 months of age.
Page 12, Question 68.		□ No
63.	In which <i>one</i> position do you <i>most often</i> lay your baby down to sleep now? Check ONE answer	☐ Yes
	☐ On his or her side ☐ On his or her back ☐ On his or her stomach	

68. Since your new baby was born, has a home visitor come to your home to help you learn how to take care of yourself or your new baby? A home visitor is a nurse, a health	If you or your husband or partner is not doing anything to keep from getting pregnant now, go to Question 72. 71. What kind of birth control are you or your husband or partner using now to keep from getting pregnant?	
care worker, a social worker, or other person who works for a program that helps mothers of newborns.		
☐ No	Check ALL that apply	
Go to Question 71 Yes 69. Are you or your husband or partner doing anything now to keep from getting pregnant? Some things people do to keep from getting pregnant include using birth control pills, condoms, withdrawal, or natural family planning. Go to Question 71 70. What are your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant now?	□ Tubes tied or blocked (female sterilization, Essure®, Adiana®) □ Vasectomy (male sterilization) □ Birth control pill □ Condoms □ Injection (Depo-Provera®) □ Contraceptive implant (Implanon®) □ Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®) □ IUD (including Mirena® or ParaGard®) □ Natural family planning (including rhythm method) □ Withdrawal (pulling out) □ Not having sex (abstinence) □ Other → Please tell us: □ Other → Please tell us: □ Vasce your new baby was born, have you had a postpartum checkup for yourself? A postpartum checkup is the regular checkup a woman has about 4-6 weeks after she gives birth. □ No □ Yes	
☐ I am not having sex ☐ I want to get pregnant ☐ I don't want to use birth control ☐ I am worried about side effects from birth control ☐ My husband or partner doesn't want to use anything ☐ I have problems getting birth control when I need it ☐ I had my tubes tied or blocked ☐ My husband or partner had a vasectomy ☐ I am pregnant now ☐ Other		

73. Since your new baby was born, how often	OTHER EXPERIENCES
have you felt down, depressed, or hopeless? Always Often	The next questions are on a variety of topics.
☐ Sometimes ☐ Rarely ☐ Never	76. Have you ever heard or read that taking a vitamin with folic acid <i>before</i> pregnancy can help prevent some birth defects?
74. Since your new baby was born, how often have you had little interest or little	□ No □ Yes
pleasure in doing things? Always Often Sometimes Rarely Never	77. Before you got pregnant with your new baby, did your husband or partner ever try to keep you from using your birth control so that you would get pregnant when you didn't want to? For example, did he hide your birth control, throw it away or do anything else to keep you from using it?
75. What kind of <i>health insurance</i> do <u>you</u> have now? Check ALL that apply	□ No □ Yes
☐ Private health insurance from my job or the job of my husband, partner, or parents ☐ Private health insurance purchased directly from an insurance company ☐ Medicaid or Texas Health Steps ☐ TRICARE or other military health care	78. During any of the following time periods, did your husband or partner threaten you, limit your activities against your will, or make you feel unsafe in any other way? For each time period, check No if it did not happen then or Yes if it did.
☐ Some other kind of health insurance → Please tell us: ☐ I do not have health insurance now	a. During the 12 months before I got pregnant

If your baby is not alive, is not living with you, or is still in the hospital, go to Question 80.	The last questions are about the time during the 12 months before your new baby was born.	
79. When your new baby rides in a car, truck, or van, how often does he or she ride in an infant car seat?	82. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received. All information will be kept private and will not affect any services you are now getting.	
☐ Always ☐ Often ☐ Sometimes ☐ Rarely		
Never 80. Since your new baby was born, have you had your teeth cleaned by a dentist or dental hygienist?	\$0 to \$15,000 \$15,001 to \$19,000 \$19,001 to \$22,000 \$22,001 to \$26,000 \$26,001 to \$29,000 \$29,001 to \$37,000 \$37,001 to \$44,000 \$44,001 to \$52,000 \$52,001 to \$56,000 \$56,001 to \$67,000 \$79,001 or more	
□ No □ Yes		
Did you receive a Tdap vaccination before, during or after your most recent pregnancy? A Tdap vaccination is a shot that protects against tetanus, diphtheria, and pertussis (or whooping cough). Tdap was new in 2005. Check ONE answer No Yes, I received Tdap before my pregnancy		
	83. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?	
☐ Yes, I received Tdap <u>during</u> my pregnancy ☐ Yes, I received Tdap <u>after</u> my pregnancy ☐ I don't know	People	
	84. What is today's date?	
	Month Day Year	

Please use this space for any additional comments you would like to make about your experiences around the time of your pregnancy or the health of mothers and babies in Texas.

Thanks for answering our questions!

Your answers will help us work to make Texas mothers and babies healthier.