

Letter to Community Leader



Dear Community Leader Name :

On behalf of [Organization Name], I am working with local community partners to bring awareness of the need for family-friendly worksite policies and resources for breastfeeding employees.

Our state is fortunate to have the Texas Mother-Friendly Worksite Program designation led by the Texas Department of State Health Services. Organizations designated as Texas Mother-Friendly Worksites have written and communicated lactation support policies that provide:

- A clean, private space to express breast milk. This can be an existing, non-bathroom space.
- Flexible work schedules that allow time for expression of breast milk.
- Access to a private space(s), other than a bathroom, for the purpose of breast milk expression.
- Access to a nearby clean and safe water source and a sink for washing hands and rinsing out any breast pump equipment.
- Access to hygienic storage options (including personal coolers) where mothers can safely store breast milk.

Businesses that support breastfeeding employees see many benefits. These benefits include lower employee turnover, lower health-care costs, higher productivity, and more employee loyalty.

Having worksite lactation support programs in place is not only good to do, it's the law. There are federal and state laws that protect breastfeeding employees and their need for flexible break times.

As a community leader, I urge you to consider workplace lactation support when developing initiatives that serve to improve outcomes for Texas moms, babies, families, and communities.

Please contact me for more information or visit dshs.texas.gov/TexasMotherFriendly to learn more about achieving designation.

Sincerely,

Your Name

Your Title



TEXAS
Health and Human
Services

Texas Department of State
Health Services