

Cecile Erwin Young *Executive Commissioner*

August 1, 2024

To: All Behavioral Health Services Providers

Subject: Broadcast Message No. 012.24

Suicide Prevention Awareness Month Webinar Series

The Texas Health and Human Services Commission (HHSC) is excited to announce the 2024 Suicide Prevention Awareness Month Webinar Series. One webinar will be offered each Friday in September. The webinar schedule is listed below.

September 6, 2024: Language Matters

- 10:00 a.m.-11:00 a.m. CDT
- When discussing suicide, language matters. In this webinar, the HHSC Suicide Prevention Team will discuss ways to talk about suicide in a clear and factual manner. Participants will be given tips for safe messaging about suicide prevention.
- Register here: https://attendee.gotowebinar.com/register/3661532490783799128

September 13, 2024: Thriving Together: Building Workplace Resilience Through Connection

- 10:00 a.m.-11:30 a.m. CDT
- In this webinar learn how authentically engaging in reciprocity positively affects help-seeking, help-offering and prevents suicide.
- Register here: https://attendee.gotowebinar.com/register/5062437847919332445

September 20, 2024: Warriors Burden: The Deadly Price of Silent Suffering and How We Can Heal our Military Heroes

- 10:00a.m.-11:30 a.m. CDT
- In this webinar participants will explore the critical issue of suicide prevention through the eyes of a veteran with lived experience. Delving into the profound struggles service members face when transitioning to civilian life, this talk exposes how the military code of silence has set a deadly precedent

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in help seeking, and offers strategies for fostering open dialogue and support to aid in their healing.

 Register here: https://attendee.gotowebinar.com/register/5998409215759474776

September 27, 2024: Lisa Morgan: Suicide Prevention for People with Autism Spectrum Disorder

- 11:00 a.m.-12:30 p.m. CDT
- In this webinar, Lisa Morgan, Co-Chair of the Autism and Suicide Committee
 of the American Association of Suicidology, will share important ways to
 connect with individuals with autism spectrum disorder who may be thinking
 about suicide.
- Register here: https://attendee.gotowebinar.com/register/2968910534029238102

For questions about this broadcast, please email suicide.prevention@hhs.texas.gov.

Sincerely,

[signature on file]
Courtney Harvey, PhD, Associate Commissioner
Office of Mental Health Coordination
Behavioral Health Services