## SELF-MEASURED BLOOD PRESSURE MONITORING

Self-measured blood pressure monitoring, when tied to clinical support, is a proven approach to managing hypertension. Educating your patients on how to use automated blood pressure monitors will help them keep track of their blood pressure at home. This allows you to make ongoing treatment decisions based on your patient's blood pressure readings between office visits.

## New CPT<sup>®</sup> codes are available

The American Medical Association (AMA) added coding to the <u>2020 Current Procedural Terminology</u> (CPT<sup>®</sup>) to support self-measured blood pressure monitoring.\*

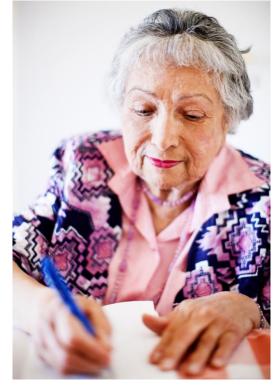
**99473** can be submitted **once** when physician practice staff provide training, device setup and calibration, and patient instruction on proper technique.

**99474** can be submitted **monthly** when patients and/or their caregivers report their blood pressure readings back to the practice – whether it is done electronically or in person with a written log.

Documentation requirements and other useful tips can be found in <u>The 7-Step Self-Measured Blood Pressure</u> (SMBP) Quick Guide, produced by the AMA.

## **Durable medical equipment benefits**

Blood pressure monitors are a covered benefit under Texas Medicaid for the purpose of self-monitoring in the home setting. Providers must use procedure code A4670<sup>+</sup> when billing for an automated device.



Patients can submit their blood pressure readings electronically or in a written log.

## **Contact Information**

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\*Reimbursement varies by health insurance plan.

<sup>+</sup>Procedure code **A4670** does not require prior authorization when billed with a diagnosis code listed in Section 2.2.7.1 of the <u>*Texas Medicaid Provider Procedures Manual*</u>.



Texas Department of State Health Services

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