

**Appendices** 

2019

### Appendix A

#### LTCNSS Task Force Membership

#### Chair

■ Linda Rounds, PhD, RN, FNP, FAANP, FAAN – Program Director, Doctor of Nursing Practice Program, University of Texas Medical Branch School of Nursing

#### Members

- Barbara Cherry, DNSc, MSN, MBA, RN Professor, Associate Dean, and Department Chair; Texas Tech University Health Science Center School of Nursing
- Michelle Dionne-Vahalik, MSN, RN Director, Quality Monitoring Program, Texas Health and Human Services Commission
- Cheryl Johnson, RN, MSN, CDP, CADDCT Director of Education Services, Buckner Villas Retirement Community
- Debbie Kane, MSN, RN Nurse Program Manager, Quality Monitoring Program, Texas Health and Human Services Commission
- Pearl Merritt, EdD, MS, MSN, RN, FAAN Regional Dean, Texas Tech University Health Sciences Center School of Nursing
- Donna Paris, DNP, RN, CCRN-K Assistant Professor, Texas Tech University Health Sciences Center School of Nursing
- Vickie Ragsdale, PhD, RN President/Consultant, Ragsdale Senior Care Consulting, LLC

# Long Term Care Nurse Staffing Survey (LTCNSS) Survey Instrument

#### Texas Department of State Health Services





#### **Welcome to the 2019 Long Term Care Nurse Staffing Survey (LTCNSS)**

<u>Purpose:</u> The primary purpose of this survey is to assess nurse staffing and related issues in Texas long term care facilities. The information in this survey will serve as a guide for the development of policy recommendations by the Texas Center for Nursing Workforce Studies Advisory Committee. The data you provide will also be instrumental in developing projections for the number of nurses needed in Texas. Your participation in this study is completely voluntary but highly encouraged.

**Due Date:** Your completed survey is due by **Friday, May 31st, 2019**.

<u>Confidentiality Agreement:</u> Your responses are completely confidential. We will report aggregate findings (statewide and regional results) only.

If you have questions at any time about the survey or the procedures, you may contact the Texas Center for Nursing Workforce Studies by:

- phone at <u>512-776-2365</u>
- email at <u>TCNWS@dshs.texas.gov</u>.

<ol> <li>Please provide the following information about your nursing facility:</li> </ol>	Email addr	ess of person submitting survey:
Facility Name:	Phone # of	person submitting survey (xxx-xxx-xxxx):
TX HHS facility license # (for tracking purposes only):	2. Please	orovide your facility's physical address:
Name of facility administrator:	Address:	
	City:	
Email address of administrator:	State:	
	Zip:	
Phone # of administrator (xxx-xxx-xxxx):	O No	our facility's board have any RN members?  and they have voting privileges
Name of person submitting survey (if different from administrator):		but they do not have voting privileges applicable or unknown
Title of person submitting survey:		

#### **Staffing**

The following two questions help us understand the current and future need for personnel in long term care facilities in Texas. Please provide staffing numbers for registered nurses (RNs), licensed vocational nurses (LVNs), advanced practice RNs (APRNs), NAs, and CMAs. Only include staff that are employed directly by your facility. Please enter "N/A" if your facility does not employ the particular type of staff.

4. Please report FTEs (full-time equivalents) in this question.

		On 1/25/2019:			
	Total number of occupied FTE positions	Total number of vacant <b>FTE</b> positions being recruited or on hold/frozen	Contract, agency, and traveling staff <b>FTEs</b> employed	Per diem <b>FTEs</b> employed	Additional number of <b>FTEs</b> your organization expects to budget
RNs - Direct Resident Care					
RNs - Administrative					
LVNs - Direct Resident Care					
LVNs - Administrative					
APRNs - Direct Resident Care					
APRNs - Administrative					
Nurse Aides (NAs)					
Medication Aides (CMAs)					

5. Please report a head count in this question. Do not include agency, contract, or traveling nurses.

		rkers employed /18:	Number of workers employed 12/31/18:		Total number of <b>separations</b> during 1/1/2018 -	
	Full-time	Part-time	Full-time	Part-time	12/31/2018	
RNs - Direct Resident Care						
RNs - Administrative						
LVNs - Direct Resident Care						
LVNs - Administrative						
APRNs - Direct Resident Care						
APRNs - Administrative						
Nurse Aides (NAs)						
Medication Aides (CMAs)						

6. How many of the RNs currently on staff have a certification in the following specialties? If none, enter "0" in the box.

Gerontological	
Rehabilitation	
Certified Dementia Practitioner	
Nursing Administration	
Other (Please specify):	

7. Do the following disciplines provide services in your facility? Select all that apply.

	Nurse Practitioners
	Clinical Nurse Specialists
	Geriatricians (MD/DO)
	Physician's Assistants
	Mental health providers (such as psychiatrists or
	psychologists)
	Other primary care physicians (excluding Medical
	Director)
	Other specialist physicians (such as podiatrists)

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For assistance, contact the TCNWS at 512-776-2365 or by email at TCNWS@dshs.texas.gov.

8. How many of the facility's staff have been employed at this facility for 1 year or longer? You may need to contact your corporate office or Human Resources Department for assistance with this information. Please enter the number in this box. If none, enter "N/A" in the box.

	Number of staff employed at this facility 1 year or longer
RNs - Direct Resident Care	
RNs - Administrative	
LVNs - Direct Resident Care	
LVNs - Administrative	
APRNs - Direct Resident Care	
APRNs - Administrative	
Nurse Aides (NAs)	
Medication Aides (CMAs)	

9. Which of these nursing staff recruitment and retention strategies does your facility use? Select all that apply.

□ NONE
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- ☐ Health insurance
- ☐ Retirement plan
- ☐ Paid vacation days
- ☐ Employee recognition programs (employee of the month, staff dinners/luncheons, etc.)
- ☐ Reimbursement for workshops/conferences
- ☐ Sign-on bonus
- ☐ Bonus for recruiting nursing staff to the organization
- $\ \square$  Career ladder positions for RNs/LVNs/APRNs
- ☐ Career ladder positions for NAs/CMAs
- ☐ Flexible scheduling or job sharing
- ☐ Shift differential
- ☐ Merit bonus
- ☐ Sabbatical
- ☐ Tuition (reimbursement or direct payment for employees/new hires)
- ☐ Financial assistance in receiving certifications or further education
- ☐ Payback for unused sick/vacation time
- ☐ Safety Incentives (bonus or awards given for being accident free)
- ☐ Childcare assistance
- Other (Please specify):

- 10. On a scale from 1 to 4, where 1=most impactful and 4=least impactful, please rank which interventions would have the greatest impact on retention of nurses and other direct patient care staff in your facility. Use each number only once.
  - \_\_ Pay increase
  - \_ Employee recognition
  - \_ Adequate staffing
  - Effective management/leadership

Other (Please specify):

•			

11. Please indicate whether direct patient care staff positions were difficult to fill and the average number of days it currently takes your organization to fill them (from when the job requisition is posted until the job offer is accepted):

	Check if difficult to fill	Number of days to fill
RNs		
LVNs		
APRNs		
NAs		
CMAs		

- 12. On a scale from 1 to 4, where 1=most important and 4=least important, please rank in order of importance when hiring RNs, the weight you assign the following attributes. <u>Use each number</u> only once.
  - \_\_ Past relevant (long term care) nursing experience
  - Past nursing experience in a non-long-term-care setting
  - \_\_ Bilingual
  - \_\_ Bachelor's in nursing or higher education
- 13. Please indicate the number of newly licensed RNs, by degree, that were hired by your organization during your organization's last fiscal year, and the total number of RNs, by degree, employed by your organization during the last fiscal year.

	Number of newly licensed RN applicants <b>hired</b>	Number of <b>all</b> RNs employed
ADN or Diploma in Nursing		
BSN or higher		

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# 14. Over the next 2 years, will your facility need fewer, more, or about the same number of the following types of direct resident care staff?

	Fewer	Same	More
RNs - Direct Resident Care	0	0	0
RNs - Administrative	0	0	0
LVNs - Direct Resident Care	0	0	0
LVNs - Administrative	0	0	0
APRNs - Direct Resident Care	0	0	0
APRNs - Administrative	0	0	0
NAs	0	0	0
CMAs	0	0	0

15. Please specify why your facility will need fewer, more, or about the same number of each type of direct resident care staff over the next 2 years. Select all that apply.

	Patient Census	Patient Acuity	Budget Concerns	Other (Please specify):
RNs - DRC				
RNs - Admin				
LVNs - DRC				
LVNs - Admin				
APRNs - DRC				
APRNs - Admin				
NAs				
CMAs				

16. If hired today, what would be the hourly wage for each type of staff at this facility? Enter "N/A" if your facility does not employ a particular type of staff.

	Entry-level hourly wages	Maximum experienced- level hourly wages
RNs - Direct Resident Care		
RNs - Administrative		
LVNs - Direct Resident Care		
LVNs - Administrative		
APRNs - Direct Resident Care		
APRNs - Administrative		
NAs		
CMAs		

17.	What consequences has your facility experienced
	in the past year as a result of an inadequate supply
	of nursing personnel? Select all that apply.

NONE - We had an adequate supply of nursing
personnel.
Increased workloads
Low nursing staff morale
Declined referrals
Inability to expand services
Increase in voluntary overtime
Delayed admissions
Wage increases
Increased nursing staff turnover
Increased use of temporary/agency nurses
Delays in providing care
Increased patient/family complaints
Increased absenteeism
Increased number of incident reports
Difficulty completing required documentation on time
Use of administrative staff to cover nursing duties
Other (Please specify):

18. Please indicate the methods of interim staffing used and the hours and costs of interim staffing methods used in your facility from 1/1/2018 through 12/31/2018 for all direct patient care licensed nursing staff. This information can be obtained from your organization's Chief Financial Officer.

	Method Used	Hours	Cost
Voluntary overtime			
In-house staffing pool			
Contract/traveling nurses			
Per diem nurses			
Temporary staffing agencies			
Use of managerial or administrative staff to cover duties of absent RNs or vacant positions			
Other interim staffing methods (Please specify):			

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19. What consequences has your facility experienced as a result of the Five-Star Quality Rating System?	<ul> <li>□ Pay and/or benefits not commensurate with job duties and responsibilities</li> <li>□ Excessive paperwork</li> <li>□ Lack of nursing knowledge</li> <li>□ Lack of management and/or leadership skills</li> <li>□ Lack of experience in long term care setting</li> <li>□ Other (Please specify):</li> </ul>
Director of Nursing Information	The following four questions ask about orientation to the Director of Nursing position.
	25. Are you the Director of Nursing?
20. Does your nursing facility have a Director of Nursing position?	<ul><li>Yes (Continue to question 26)</li><li>No (Skip to question 29)</li></ul>
<ul><li>Yes (Continue to question 21)</li><li>No (Skip to question 30)</li></ul>	26. Did you receive orientation to the Director of Nursing position?
21. What is the highest degree that the Director of Nursing holds?	○ Yes ○ No
<ul><li>Diploma in nursing</li><li>Associate's in nursing</li><li>Bachelor's in nursing</li></ul>	27. How well did the orientation prepare you for the Director of Nursing role?
O Bachelor's in a field other than nursing	O Very poorly
Master's in nursing	O Poorly
<ul><li>Master's in a field other than nursing</li><li>Other (Please specify):</li></ul>	<ul><li>Adequately</li><li>Well</li></ul>
Other (Flease specify).	Very well
	28. If the orientation was inadequate, please specify
22. About how long has the Director of Nursing held this position at this facility?	the reasons why.
<ul><li>Less than 1 year</li></ul>	
O 1 to 2 years	
O 3 to 4 years	
O 5 to 6 years	
O Longer than 6 years	
23. About how long has the Director of Nursing	
worked in long term care in any capacity at any nursing facility?	29. What is the annual salary of the Director of Nursing
O Less than 1 year	at this facility?
O 1 to 2 years	□ <\$40,000
O 3 to 4 years	□ \$40,000 - \$49,999 □
O 5 to 6 years	□ \$50,000 - \$59,999 □ \$60,000 - \$60,000
O Longer than 6 years	□ \$60,000 - \$69,999 □ \$70,000 - \$79,999
24. In your opinion, what issues contribute to any	\$80,000 - \$79,999
turnover of Directors of Nursing in your long term	Section (1997)
care facility? Select all that apply.	□ \$100,000+
<ul> <li>□ DON turnover is not an issue in my facility</li> <li>□ Staffing issues</li> </ul>	
<ul><li>Staffing issues</li><li>Expectations of residents and/or residents' family</li></ul>	
☐ Exhaustion and burnout	
☐ Fear of litigation	
☐ Burden of regulatory requirements	

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#### **Transition to Practice**

For the purpose of this survey, transition to practice programs are defined as formal programs of active learning for:

- newly licensed RNs and LVNs designed to support their progression from education to practice
- experienced nurses who transition to a new practice setting or specialty
- newly licensed APRNs transitioning to a new practice setting, specialty, or role

<u>Nurse residency</u> – a series of learning sessions and work experiences that occurs continuously over a predetermined period of time and is designed to assist new employees as they transition to their first professional nursing role. For the purpose of this survey, nurse residency programs are geared toward newly licensed nurses, or nurses licensed for less than one year.

<u>Nurse fellowship</u> – a series of learning sessions and work experiences that occurs continuously over a predetermined period of time and is designed to assist experienced nurses to master new clinical settings or newly certified or licensed advanced practice nurses to master new settings, specialties, or roles.

<u>Student Nurse internship/externship</u> – a training program designed for upper-level nursing students to further develop nursing skills and assist in the successful transfer from educational to clinical settings.

<u>Preceptorship/Mentorship</u> – A formal, one-on-one teaching-learning relationship of predetermined length between a competent preceptor or mentor and a newly licensed nurse that facilitates transition to practice.

Employment model – Under this model, nurses are hired as permanent employees of the facility prior to entry into the program.

Non-employment model – Under this model, nurses are engaged for the duration of the program without a commitment for continued employment.

#### 30. Please provide the following information on transition to nursing practice programs your organization uses.

Does your facility offer the following	Please identify the nurses who are eligible for the transition to practice program offered by your facility.	Please indicate whether your transition to practice program is an employment or non-employment model.		Length of	Number of participants in program
program type?	practice program offered by your facility.	Employment Model	Non- employment Model	program in <u>weeks</u>	during last fiscal year
☐ Nurse Residency	☐ Newly licensed VNs	0	0		
	☐ Newly licensed RNs				
☐ Nurse Fellowship	☐ Experienced VNs transitioning to new setting or specialty	0	0		
	☐ Experienced RNs transitioning to new setting or specialty				
	☐ Newly licensed/certified APRNs				
	☐ Experienced APRNs transitioning to new setting or specialty				
☐ Student Nurse	□ VN Students	0	0		
Internship/	☐ RN Students				
Externship					
☐ Preceptorship/ Mentorship	☐ Newly licensed VNs	0	0		
(independent	☐ Newly licensed RNs				
of a residency,	Newly licensed/certified APRNs				
fellowship, or	Experienced VNs transitioning to new setting or specialty				
internship/	<ul> <li>Experienced RNs transitioning to new setting or specialty</li> <li>Experienced APRNs transitioning to new setting or</li> </ul>				
externship)	specialty				
☐ Other program	☐ Newly licensed VNs	0	0		
(Please describe in question 31)	☐ Newly licensed RNs				
in question 51)	☐ Newly licensed/certified APRNs				
	☐ Experienced VNs transitioning to new setting or specialty				
	☐ Experienced RNs transitioning to new setting or specialty				
	☐ Experienced APRNs transitioning to new setting or specialty				
	□ VN Students				
	☐ RN Students				

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31. If "	Other" transition to practice models are offered, please describe them below.
2. Ple	ease identify how the transition to practice program is coordinated in your facility.
0	There is dedicated transition to practice program coordinator position.
0	Coordination of the transition to practice program is done by the Chief Nursing Officer or Director of Nursing.
0	Coordination of the transition to practice program is done by a nurse manager.
0	Other (Please specify):
0	I am unsure.
	ease select <u>up to 3</u> main outcomes that have resulted in your organization as a result of your transition to a
_	actice program.
	Increased number of new graduates applying for nursing positions in your organization.
	Decreased turnover of newly licensed nurses in the first year of employment.
	Improved clinical decision making abilities among first year nurses. Improved clinical competence in patient care among first year nurses.
	Improved communication skills among first year nurses with physicians, other health professionals, staff, patients, a
	families.
	Improved organization and prioritizing skills in clinical practice among first year nurses.
	Improved ability to incorporate research-based evidence in clinical practice among first year nurses.
	Other (Please specify):
	Additional Comments and Suggestions
ease	use this space to make any comments or suggestions regarding any section of this survey.

You have reached the end of the 2019 Long Term Care Nurse Staffing Survey! Thank you for your participation. If you have any questions or concerns, contact the Texas Center for Nursing Workforce Studies by phone at 512-776-2365 or by email at TCNWS@dshs.texas.gov.

# Long Term Care Nurse Staffing Survey (LTCNSS) Operational Definitions

## 2019 Long Term Care Nurse Staffing Study Operational Definitions

**Administrative (LVN/RN)** – those who work in supervisory or administrative roles and are responsible for the day-to-day operations of a facility.

**Advanced Practice Registered Nurse (APRN)** - A registered nurse approved by the Board of Nursing to practice as an advanced practice nurse based on completing an advanced educational program acceptable to the Board. The term includes a nurse practitioner, nurse-midwife, nurse anesthetist, and a clinical nurse specialist.

**Agency** – Inpatient facilities offering long-term skilled nursing services.

**Certified Medication Aide (CMA)** – a person permitted by the Texas Health and Human Services (HHS) to administer medications to residents in nursing facilities, intermediate care facilities for individuals with an intellectual disability or related conditions, correctional institutions, and assisted living (personal care) facilities.

**Diploma in Nursing** – a nursing degree awarded from a Diploma program. Diploma programs are hospital based single purpose schools of nursing that consist of two to three years general education and nursing courses. These programs prepare graduates to provide and coordinate health care of individuals and families throughout the life span across the health continuum.

**Director of Nursing (DON)** – The individual who has ultimate primary responsibility for assuring the delivery of nursing and resident care services.

**Direct Resident Care (LVN/RN)** – those who work directly with residents; does not include nurses in supervisory or administrative roles.

**Employment model** – Under this model, transition to practice programs hire nurses as permanent employees of the health care organization prior to entry into the program.

**Experienced RN** - an RN who has one or more years of nursing experience involving direct resident care.

Full-time - a nurse who works a full work week and full work year, as defined by the employer.

**Full-time Equivalents (FTEs)** - the equivalent of one (1) full-time employee working for one year or a staff position budgeted for 2,080 hours per year. This is generally calculated as 40 hours per week for 52 weeks (or other variations such as 80 hours in a 14 day time frame), for a total of 2,080 paid hours per year. This includes both productive and non-productive (vacation, sick, holiday, education, etc.) time. Two employees each working 20 hours per week for one year would be the same as one FTE.

**Licensed Vocational Nurse (LVN)** - an individual who holds a current license to practice as a practical or vocational nurse in Texas or a compact state.

**2019 LTCNSS Operational Definitions** 

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## 2019 Long Term Care Nurse Staffing Study Operational Definitions

**Long Term Care (LTC)** – services that help meet both the medical and non-medical needs of people with a chronic illness or disability who cannot care for themselves.

**Non-employment model** – Under this model, organizations engage nurses for the duration of the transition to practice program without a commitment for continued employment.

**Nurse Aide (NA)** - individuals who assist nursing staff in the provision of basic care to clients and who work under the supervision of licensed nursing personnel. Included in, but not limited to, this category are certified nurse aides, nurse aides, nursing assistants, orderlies, attendants, and personal care aides.

**Nurse Residency** – a series of learning sessions and work experiences that occurs continuously over a predetermined period of time and is designed to assist new employees as they transition to their first professional nursing role. For the purpose of this survey, nurse residency programs are geared toward newly licensed nurses, or nurses licensed for less than one year.

**Nurse Fellowship** – a series of learning sessions and work experiences that occurs continuously over a predetermined period of time and is designed to assist experienced nurses to master new clinical settings or newly certified or licensed advanced practice nurses to master new settings, specialties, or roles.

**Part-time** – a nurse who works less than full-time, as defined by the employer.

**Per diem** – an arrangement wherein a nurse is employed directly on an as needed basis and usually has no benefits

**Preceptorship/Mentorship** – A formal, one-on-one teaching-learning relationship of predetermined length between a competent preceptor or mentor and a newly licensed nurse that facilitates transition to practice.

**Registered Nurse (RN)** - an individual who holds a current license to practice within the scope of professional nursing in Texas or a compact state.

**Separations** - the number of people (head count) who left your organization in the specified time frame. Include voluntary and involuntary terminations or separations. Do NOT count contract/temporary labor, students in training, travelers or separations due to illness or death in the termination or separation numbers. Do not include within-organization transfers.

**Student Nurse Internship/Externship** – a training program designed for upper-level nursing students to further develop nursing skills and assist in the successful transfer from educational to clinical settings.

**2019 LTCNSS Operational Definitions** 

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# 2019 Long Term Care Nurse Staffing Study Operational Definitions

**Temporary Staff**– those nurses that contract their services to an organization, rather than being employed by the organization itself. This designation includes contract, agency, and traveling staff.

**Transition to Practice Program** – formal programs of active learning for:

- newly licensed registered nurses (RNs) and licensed vocational nurses (VNs) designed to support their progression from education to practice
- experienced nurses who transition to a new practice setting or specialty
- newly licensed advanced practice registered nurses (APRNs) transitioning to a new practice setting, specialty, or role.

### Texas County and LTCNSS Designations

#### Texas County Designation — Metropolitan

This study designates each of the 254 Texas counties as metropolitan or non-metropolitan.

Metropolitan statistical areas are defined by the United States Office of Management and Budget (OMB) according to published standards applied to 2000 Census Bureau data. Conceptually, a metropolitan statistical area is a core area containing a substantial population nucleus, together with adjacent communities having a high degree of economic and social integration with that core.

Each metropolitan statistical area must have at least one urbanized area of 50,000 or more inhabitants.

The metropolitan and non-metropolitan statistical area standards do not equate to an urban-rural classification; all counties included in metropolitan and non-metropolitan statistical areas and many other counties contain both urban and rural territory and populations.

Texas has 82 metropolitan and 172 non-metropolitan counties based on this designation.

#### Texas County Designation — Border

This study uses the border/non-border designation for Texas counties defined by the "La Paz Agreement," which states that the border region is 100 kilometers north and south of the U.S. – Mexico border.

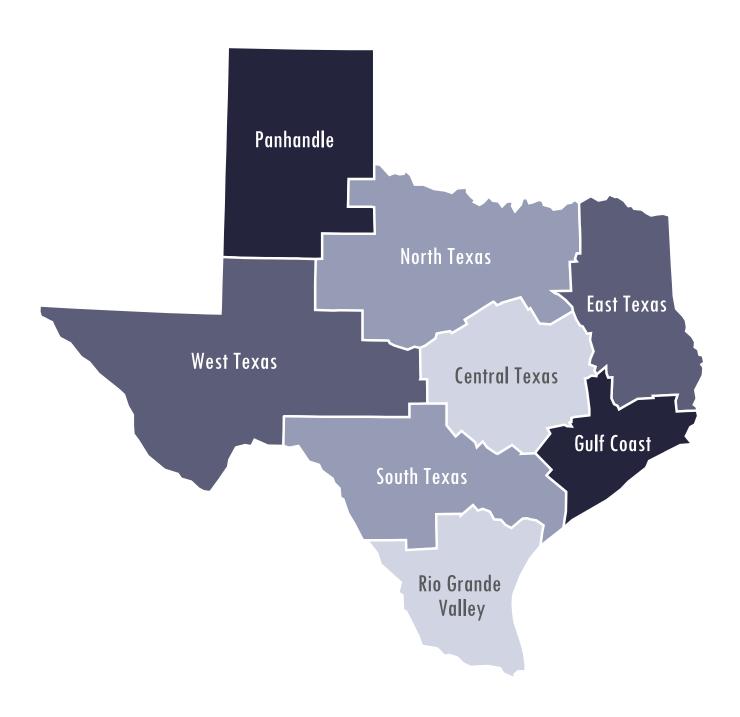
This border designation includes 32 Texas counties:

Brewster, Brooks, Cameron, Crockett, Culberson, Dimmit, Duval, Edwards, El Paso, Frio, Hidalgo, Hudspeth, Jeff Davis, Jim Hogg, Kenedy, Kinney, La Salle, Maverick, McMullen, Pecos, Presidio, Real, Reeves, Starr, Sutton, Terrell, Uvalde, Val Verde, Webb, Willacy, Zapata, and Zavala.

The remaining 222 counties are non-border.

Five of the 32 border counties are designated as metropolitan.

## LTCNSS Region Map



## Texas Counties, Alphabetical Order

County Name	HHHCNSS Region	Metropolitan Status	Border Status
Anderson	East Texas	Non-Metro	Non-Border
Andrews	West Texas	Non-Metro	Non-Border
Angelina	East Texas	Non-Metro	Non-Border
Aransas	Rio Grande Valley	Metro	Non-Border
Archer	North Texas	Metro	Non-Border
Armstrong	Panhandle	Metro	Non-Border
Atascosa	South Texas	Metro	Non-Border
Austin	Gulf Coast	Metro	Non-Border
Bailey	Panhandle	Non-Metro	Non-Border
Bandera	South Texas	Metro	Non-Border
Bastrop	Central Texas	Metro	Non-Border
Baylor	North Texas	Non-Metro	Non-Border
Bee	Rio Grande Valley	Non-Metro	Non-Border
Bell	Central Texas	Metro	Non-Border
Bexar	South Texas	Metro	Non-Border
Blanco	Central Texas	Non-Metro	Non-Border
Borden	West Texas	Non-Metro	Non-Border
Bosque	Central Texas	Non-Metro	Non-Border
Bowie	East Texas	Metro	Non-Border
Brazoria	Gulf Coast	Metro	Non-Border
Brazos	Central Texas	Metro	Non-Border
Brewster	West Texas	Non-Metro	Border
Briscoe	Panhandle	Non-Metro	Non-Border
Brooks	Rio Grande Valley	Non-Metro	Border
Brown	North Texas	Non-Metro	Non-Border
Burleson	Central Texas	Metro	Non-Border
Burnet	Central Texas	Non-Metro	Non-Border
Caldwell	Central Texas	Metro	Non-Border
Calhoun	South Texas	Non-Metro	Non-Border
Callahan	North Texas	Metro	Non-Border
Cameron	Rio Grande Valley	Metro	Border
Camp	East Texas	Non-Metro	Non-Border
Carson	Panhandle	Metro	Non-Border
Cass	East Texas	Non-Metro	Non-Border
Castro	Panhandle	Non-Metro	Non-Border
Chambers	Gulf Coast	Metro	Non-Border
Cherokee	East Texas	Non-Metro	Non-Border
Childress	Panhandle	Non-Metro	Non-Border
Clay	North Texas	Metro	Non-Border
Cochran	Panhandle	Non-Metro	Non-Border
Coke	West Texas	Non-Metro	Non-Border
Coleman	North Texas	Non-Metro	Non-Border
Collin	North Texas	Metro	Non-Border
Collingsworth	Panhandle	Non-Metro	Non-Border
Colorado	Gulf Coast	Non-Metro	Non-Border
Comal	South Texas	Metro	Non-Border

County Name	HHHCNSS Region	Metropolitan Status	Border Status
Comanche	North Texas	Non-Metro	Non-Border
Concho	West Texas	Non-Metro	Non-Border
Cooke	North Texas	Non-Metro	Non-Border
Coryell	Central Texas	Metro	Non-Border
Cottle	North Texas	Non-Metro	Non-Border
Crane	West Texas	Non-Metro	Non-Border
Crockett	West Texas	Non-Metro	Border
Crosby	Panhandle	Metro	Non-Border
Culberson	West Texas	Non-Metro	Border
Dallam	Panhandle	Non-Metro	Non-Border
Dallas	North Texas	Metro	Non-Border
Dawson	West Texas	Non-Metro	Non-Border
De Witt	South Texas	Non-Metro	Non-Border
Deaf Smith	Panhandle	Non-Metro	Non-Border
Delta	East Texas	Non-Metro	Non-Border
Denton	North Texas	Metro	Non-Border
Dickens	Panhandle	Non-Metro	Non-Border
Dimmit	South Texas	Non-Metro	Border
Donley	Panhandle	Non-Metro	Non-Border
Duval	Rio Grande Valley	Non-Metro	Border
Eastland	North Texas	Non-Metro	Non-Border
Ector	West Texas	Metro	Non-Border
Edwards	South Texas	Non-Metro	Border
El Paso	West Texas	Metro	Border
Ellis	North Texas	Metro	Non-Border
Erath	North Texas	Non-Metro	Non-Border
Falls	Central Texas	Metro	Non-Border
Fannin	North Texas	Non-Metro	Non-Border
Fayette	Central Texas	Non-Metro	Non-Border
Fisher	North Texas	Non-Metro	Non-Border
Floyd	Panhandle	Non-Metro	Non-Border
Foard	North Texas	Non-Metro	Non-Border
Fort Bend	Gulf Coast	Metro	Non-Border
Franklin	East Texas	Non-Metro	Non-Border
Freestone	Central Texas	Non-Metro	Non-Border
Frio	South Texas	Non-Metro	Border
Gaines	West Texas	Non-Metro	Non-Border
Galveston	Gulf Coast	Metro	Non-Border
Garza	Panhandle	Non-Metro	Non-Border
Gillespie	South Texas	Non-Metro	Non-Border
Glasscock	West Texas	Non-Metro	Non-Border
Goliad	South Texas	Metro	Non-Border
Gonzales	South Texas	Non-Metro	Non-Border
Gray	Panhandle	Non-Metro	Non-Border
Grayson	North Texas	Metro	Non-Border
Gregg	East Texas	Metro	Non-Border



County Name	HHHCNSS Region	Metropolitan Status	Border Status
Grimes	Central Texas	Non-Metro	Non-Border
Guadalupe	South Texas	Metro	Non-Border
Hale	Panhandle	Non-Metro	Non-Border
Hall	Panhandle	Non-Metro	Non-Border
Hamilton	Central Texas	Non-Metro	Non-Border
Hansford	Panhandle	Non-Metro	Non-Border
Hardeman	North Texas	Non-Metro	Non-Border
Hardin	Gulf Coast	Metro	Non-Border
Harris	Gulf Coast	Metro	Non-Border
Harrison	East Texas	Non-Metro	Non-Border
Hartley	Panhandle	Non-Metro	Non-Border
Haskell	North Texas	Non-Metro	Non-Border
Hays	Central Texas	Metro	Non-Border
Hemphill	Panhandle	Non-Metro	Non-Border
Henderson	East Texas	Non-Metro	Non-Border
Hidalgo	Rio Grande Valley	Metro	Border
Hill	Central Texas	Non-Metro	Non-Border
Hockley	Panhandle	Non-Metro	Non-Border
Hood	North Texas	Metro	Non-Border
Hopkins	East Texas	Non-Metro	Non-Border
Houston	East Texas	Non-Metro	Non-Border
Howard	West Texas	Non-Metro	Non-Border
Hudspeth	West Texas	Metro	Border
Hunt	North Texas	Metro	Non-Border
Hutchinson	Panhandle	Non-Metro	Non-Border
Irion	West Texas	Metro	Non-Border
Jack	North Texas	Non-Metro	Non-Border
Jackson	South Texas	Non-Metro	Non-Border
Jasper	East Texas	Non-Metro	Non-Border
Jeff Davis	West Texas	Non-Metro	Border
Jefferson	Gulf Coast	Metro	Non-Border
Jim Hogg	Rio Grande Valley	Non-Metro	Border
Jim Wells	Rio Grande Valley	Non-Metro	Non-Border
Johnson	North Texas	Metro	Non-Border
Jones	North Texas	Metro	Non-Border
Karnes	South Texas	Non-Metro	Non-Border
Kaufman	North Texas	Metro	Non-Border
Kendall	South Texas	Metro	Non-Border
Kenedy	Rio Grande Valley	Non-Metro	Border
Kent	North Texas	Non-Metro	Non-Border
Kerr	South Texas	Non-Metro	Non-Border
Kimble	West Texas	Non-Metro	Non-Border
King	Panhandle	Non-Metro	Non-Border
Kinney	South Texas	Non-Metro	Border
Kleberg	Rio Grande Valley	Non-Metro	Non-Border
Knox	North Texas	Non-Metro	Non-Border
La Salle	South Texas	Non-Metro	Border
Lamar	East Texas	Non-Metro	Non-Border

County Name	HHHCNSS Region	Metropolitan Status	Border Status
Lamb	Panhandle	Non-Metro	Non-Border
Lampasas	Central Texas	Metro	Non-Border
Lavaca	South Texas	Non-Metro	Non-Border
Lee	Central Texas	Non-Metro	Non-Border
Leon	Central Texas	Non-Metro	Non-Border
Liberty	Gulf Coast	Metro	Non-Border
Limestone	Central Texas	Non-Metro	Non-Border
Lipscomb	Panhandle	Non-Metro	Non-Border
Live Oak	Rio Grande Valley	Non-Metro	Non-Border
Llano	Central Texas	Non-Metro	Non-Border
Loving	West Texas	Non-Metro	Non-Border
Lubbock	Panhandle	Metro	Non-Border
Lynn	Panhandle	Metro	Non-Border
Madison	Central Texas	Non-Metro	Non-Border
Marion	East Texas	Non-Metro	Non-Border
Martin	West Texas	Metro	Non-Border
Mason	West Texas	Non-Metro	Non-Border
Matagorda	Gulf Coast	Non-Metro	Non-Border
Maverick	South Texas	Non-Metro	Border
McCulloch	West Texas	Non-Metro	Non-Border
McLennan	Central Texas	Metro	Non-Border
McMullen	Rio Grande Valley	Non-Metro	Border
Medina	South Texas	Metro	Non-Border
Menard	West Texas	Non-Metro	Non-Border
Midland	West Texas	Metro	Non-Border
Milam	Central Texas	Non-Metro	Non-Border
Mills	Central Texas	Non-Metro	Non-Border
Mitchell	North Texas	Non-Metro	Non-Border
Montague	North Texas	Non-Metro	Non-Border
Montgomery	Gulf Coast	Metro	Non-Border
Moore	Panhandle	Non-Metro	Non-Border
Morris	East Texas	Non-Metro	Non-Border
Motley	Panhandle	Non-Metro	Non-Border
Nacogdoches	East Texas	Non-Metro	Non-Border
Navarro	North Texas	Non-Metro	Non-Border
Newton	East Texas	Metro	Non-Border
Nolan	North Texas	Non-Metro	Non-Border
Nueces	Rio Grande Valley	Metro	Non-Border
Ochiltree	Panhandle	Non-Metro	Non-Border
Oldham	Panhandle	Metro	Non-Border
Orange	Gulf Coast	Metro	Non-Border
Palo Pinto	North Texas	Non-Metro	Non-Border
Panola	East Texas	Non-Metro	Non-Border
Parker	North Texas	Metro	Non-Border
Parmer	Panhandle	Non-Metro	Non-Border
Pecos	West Texas	Non-Metro	Border
Polk	East Texas	Non-Metro	Non-Border
Potter	Panhandle	Metro	Non-Border



County Name	HHHCNSS Region	Metropolitan Status	Border Status
Presidio	West Texas	Non-Metro	Border
Rains	East Texas	Non-Metro	Non-Border
Randall	Panhandle	Metro	Non-Border
Reagan	West Texas	Non-Metro	Non-Border
Real	South Texas	Non-Metro	Border
Red River	East Texas	Non-Metro	Non-Border
Reeves	West Texas	Non-Metro	Border
Refugio	Rio Grande Valley	Non-Metro	Non-Border
Roberts	Panhandle	Non-Metro	Non-Border
Robertson	Central Texas	Metro	Non-Border
Rockwall	North Texas	Metro	Non-Border
Runnels	North Texas	Non-Metro	Non-Border
Rusk	East Texas	Metro	Non-Border
Sabine	East Texas	Non-Metro	Non-Border
San Augustine	East Texas	Non-Metro	Non-Border
San Jacinto	East Texas	Non-Metro	Non-Border
San Patricio	Rio Grande Valley	Metro	Non-Border
San Saba	Central Texas	Non-Metro	Non-Border
Schleicher	West Texas	Non-Metro	Non-Border
Scurry	North Texas	Non-Metro	Non-Border
Shackelford	North Texas	Non-Metro	Non-Border
Shelby	East Texas	Non-Metro	Non-Border
Sherman	Panhandle	Non-Metro	Non-Border
Smith	East Texas	Metro	Non-Border
Somervell	North Texas	Metro	Non-Border
Starr	Rio Grande Valley	Non-Metro	Border
Stephens	North Texas	Non-Metro	Non-Border
Sterling	West Texas	Non-Metro	Non-Border
Stonewall	North Texas	Non-Metro	Non-Border
Sutton	West Texas	Non-Metro	Border
Swisher	Panhandle	Non-Metro	Non-Border
Tarrant	North Texas	Metro	Non-Border
Taylor	North Texas	Metro	Non-Border
Terrell	West Texas	Non-Metro	Border
Terry	Panhandle	Non-Metro	Non-Border
Throckmorton	North Texas	Non-Metro	Non-Border
Titus	East Texas	Non-Metro	Non-Border
Tom Green	West Texas	Metro	Non-Border
Travis	Central Texas	Metro	Non-Border
Trinity	East Texas	Non-Metro	Non-Border
Tyler	East Texas	Non-Metro	Non-Border
Upshur	East Texas	Metro	Non-Border
Upton	West Texas	Non-Metro	Non-Border
Uvalde	South Texas	Non-Metro	Border
Val Verde	South Texas	Non-Metro	Border
Van Zandt	East Texas	Non-Metro	Non-Border
Victoria	South Texas	Metro	Non-Border
Walker	Gulf Coast	Non-Metro	Non-Border

County Name	HHHCNSS Region	Metropolitan Status	Border Status
Waller	Gulf Coast	Metro	Non-Border
Ward	West Texas	Non-Metro	Non-Border
Washington	Central Texas	Non-Metro	Non-Border
Webb	Rio Grande Valley	Metro	Border
Wharton	Gulf Coast	Non-Metro	Non-Border
Wheeler	Panhandle	Non-Metro	Non-Border
Wichita	North Texas	Metro	Non-Border
Wilbarger	North Texas	Non-Metro	Non-Border
Willacy	Rio Grande Valley	Non-Metro	Border
Williamson	Central Texas	Metro	Non-Border
Wilson	South Texas	Metro	Non-Border
Winkler	West Texas	Non-Metro	Non-Border
Wise	North Texas	Metro	Non-Border
Wood	East Texas	Non-Metro	Non-Border
Yoakum	Panhandle	Non-Metro	Non-Border
Young	North Texas	Non-Metro	Non-Border
Zapata	Rio Grande Valley	Non-Metro	Border
Zavala	South Texas	Non-Metro	Border