



# Adults with HIV need vaccines for protection

You've worked hard to keep your immune system strong. Staying up to date on adult vaccines can protect you as well as those around you. Ask your doctor which vaccines are right for you. Recommended vaccines will depend on your age, overall health condition and your HIV status.

The U.S. Centers for Disease Control and Prevention recommend the following adult vaccines:

Chickenpox	Hepatitis A	HPV	Pneumococcal	Td or Tdap
COVID-19	Hepatitis B	MMR	RSV	*Mpox
Flu	Hib	Meningococcal	Shingles	

\*Mpox vaccine is available to anyone who has already been exposed to or is at higher risk for getting mpox.

*For more information, ask your doctor or visit [dshs.texas.gov/immunizations/public/vaccines](https://dshs.texas.gov/immunizations/public/vaccines).*



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**Every Dose Matters.**



# Los adultos con VIH necesitan vacunas para protegerse

Has trabajado duro para mantener fuerte tu sistema inmunitario. Mantenerse al día con las vacunas para adultos te puede proteger a ti y a los que te rodean. Pregúntale a tu médico cuáles vacunas son las mejores para ti. Las recomendaciones de vacunas dependerán de tu edad, tu estado general de salud y tu estado con respecto al VIH.

Los Centros para la Prevención y el Control de Enfermedades recomiendan las siguientes vacunas para adultos:

COVID-19	Hepatitis A	Meningocócica	Neumocócica	VPH
Culebrilla	Hepatitis B	MMR	Td o Tdap	VRS
Gripe	Hib	*Mpox	Varicela	

\*La vacuna contra mpox (viruela símica) está disponible para cualquier persona que haya estado expuesta o que esté en mayor riesgo de contraer mpox.

Para más información, habla con tu médico o visita [dshs.texas.gov/es/immunizations/public/vaccines](https://dshs.texas.gov/es/immunizations/public/vaccines).



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**Cada Dosis Cuenta.**