Weathering the Storm: An All Hands on Deck Response to an Infodemic & How to prepare for the future

KATELYN JETELINA, MPH PHD | May 17, 2022





Who am I?



Who am I?





March 2020

Emergence of two, concurrent pandemics



Disease due to SARS-CoV-2

Misinformation due to lack of communication

March 2020

Scrambling for data



Making sense of the patterns elsewhere to inform policy



Displaying the data



Communicate to public



Your daily data driven update

There is a lot of uncertainty around social distancing. I made this graph (#imnotagraphicdesigner; data up to date as of 6:00AM CST) to see if Italy's quarantir SLOWED after the guarantine was put in place on March 9 (their Day 16). This is very promising! The impact of guarantines takes about 7-10 days, so we sho



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YOUR LOCAL EPIDEMIOLOGIST

Closing the loop: Translating public health science for every day use



Gaps Identified: 1. Scientific "translation" 2. Platform for direct communication



Waves of Scientific Communication



Published by Katelyn Jetelina 🔮 - April 2, 2020 - 🧐

your daily data-driven update ...

I saw a news article the other day that predicted the next epicenters: DC, LA, Miami, New Orleans, and Dallas. All these cities are a few days behind NYC. So, I tried to replicate their findings. I was curious to see what they were seeing (and frankly, whether these predictions were data driven).

Below is what I found using the best data available to me. New Orleans and Miami are actually increasing at FASTER speeds than NYC. I'm just not s... See More



Your local epidemiologist is U sharing a COVID-19 Update. August 4, 2020 · 3

Alright, now we are talking! I knew this had to be coming out soon ... A meta-analysis on COVID19 drug treatments (yes, including hydroxychloroguine).

What is a meta-analysis? One massive study that combines the results of ALL previous studies. This is a really powerful tool because it takes into account whether past studies were "strong" or "weak". It also takes into account different populations (think different genes, different environments, different cultures, different c... See More





...

Your local epidemiologist is 1 sharing a COVID-19 Update. September 24, 2020 · O

Superspreading events (SSE)...

... are fascinating to me. Maybe because they are so difficult to predict, and therefore, challenging to prevent. They are also not new. In 1997, scientists estimated that 20% of the population contributes to 80% of transmission of infectious diseases. This has been seen with TB, Measles, SARS, MERS, and Ebola. For example, during SARS, one hotel guest caused 4 national and international clusters. For Ebola, 3% of cases were responsible for 61% of ... See More





....



Your local epidemiologist is () sharing a COVID-19 Update,

444

Published by Katelyn Jetelina @ February 24 at 9:26 AM

Prep for FDA Meeting: J&J data (there's a lot of big stuff in here)...

Only two days until the FDA meeting (Feb 26) where an external advisory group will meet to discuss (and ultimately recommend or not recommend) the Johnson and Johnson (J&J) vaccine for emergency use in the U.S. This meeting is important for a couple reasons: 1. This is the first COVID19 vaccine up that is not an mRNA vaccine (I've talked about the J&J vaccine and the biotechnology before) 2. This is the f... See More





Mis in formation



Why is this happening?





"We're not just fighting an epidemic; we're fighting an infodemic. Fake news spreads faster and more easily than this virus, and is just as dangerous." -Dr. Tedros Adhanom Ghebreyesus Feb 15, 2020

Am. J. Irop. Med. Hyg., 103(4), 2020, pp. 1621–1629 doi:10.4269/ajtmh.20-0812 Copyright © 2020 by The American Society of Tropical Medicine and Hygiene

COVID-19–Related Infodemic and Its Impact on Public Health: A Global Social Media Analysis

Md Saiful Islam,^{1,2*} Tonmoy Sarkar,¹ Sazzad Hossain Khan,¹ Abu-Hena Mostofa Kamal,³ S. M. Murshid Hasan,⁴ Alamgir Kabir,^{2,5} Dalia Yeasmin,¹ Mohammad Ariful Islam,¹ Kamal Ibne Amin Chowdhury,¹ Kazi Selim Anwar,⁶ Abrar Ahmad Chughtai,² and Holly Seale²

Infodemic d Misinformation



Infodemic Misinformation Suboptimal control of the pandemic



Germany

Japan 🔵

South Korea 💽 0%

Analysis of 16 countries



Please be advised, within 48 to 72 Hours the president will evoke what is called the Stafford act. Just got off the phone with some of the military leadership in DC who had a two hour briefing. The president will order a two week mandatory quarantine for the nation. Stock up on whatever you guys need to make

Roll'ing in the Dough?

Estimated rise in toilet paper revenues in March 2020* in selected countries



By Tara John and Ben Wedeman, CNN () Updated 1849 GMT (0249 HKT) March 8, 2020



Infodemic Misinformation Suboptimal control of

the pandemic

Italy prohibits travel and cancels all public events in it northern region to contain coronavirus





Gboyega Akosile @gboyegaakosile





Daily Vaccinations per 1 M Population 2000 2000 2000 2000 4000 4000

Vaccine Hesitancy (%)

Pierri et al., (2022) Online misinformation is linked to early COVID-19 vaccination hesitancy and refusal. Nature



Combating Misinformation

Know the landscape: Information ecosystem is changing





PROPORTION THAT USED EACH AS A SOURCE OF NEWS IN THE LAST WEEK (APRIL 2020) – SELECTED COUNTRIES

Online (incl. social media)	TV	Social media	Radio	Print (incl. mags)
79%	71%	47%	35%	18%
73%	60%	47%	21%	16%
69%	72%	39%	41%	26%
83%	71%	63%	24%	28%
85%	65%	51%	14%	19%
90%	77%	78%	24%	30%
+2	+5	+5	+2	-2

Misinformation goes farther, faster, deeper, and more broadly than the truth



Voshoughi, Roy, Arab. (2018) The spread of true and false news online. Science

1. Know the landscape: Our relationship to information is emotional

engagement.

Few Facts, Millions Of Clicks: Fearmongering Vaccine Stories Go Viral Online

March 25, 2021 · 5:00 AM ET





Language that plays on fear gets high

SECTIONS

SunSentinel

Rents are rising as nomebuyers get priced out of the market



ASK IRA: Would Lowry in place of Dragic be enough of a Heat upgrade?



LOC

CORONAVIRUS

A 'healthy' doctor died two weeks after getting a COVID-19 vaccine

1. Know the landscape: Misinformation circulates in spaces that feel safe





Florida Coronavirus Updates And Information

O Public group · 32.7K members

Florida **Coronavirus** Jpdates & Information

Hearing Easy: accidental; automatic. Passive: involuntary;

- effortless.
- Physical Function: involves the ears.

Legitimate concerns exist Look for questions. Open a tip line Communication is a two -way street



2. Recognize what's spreading: Listen

Listening

- Hard: requires practice and being alert.
- Active: a conscious effort; requires focused involvement.
- Internal Behavior: involves mind and body.

3. Find the kernel of truth

Mis-

Home Subscribe News Categories Peace with God Ab
v 5. 2021
Post
,178 Americans DEAD Following Experimental Injections – Deaths from COVID Shots now Equa rs of Recorded Deaths Following Vaccines Since

Inaccurate conclusion: "The vaccine itself will kill you."

-information

Age	Count	Percent	
< 3 Years	2,171	51.91%	
3-6 Years	65	1.55%	
6-9 Years	28	0.67%	
9-12 Years	38	0.91%	
12-17 Years	109	2.61%	
17-44 Years	234	5.6%	
44-65 Years	263	6.29%	
65-75 Years	263	6.29%	
75+ Years	532	12.72%	
Unknown	479	11.45%	
TOTAL	4,182	100%	

Mis-



в

Inaccurate conclusion: "Vaccines cause infertility"

-information



Dupressoir, A., Lavialle, C., & Heidmann, T. (2012). From ancestral infectious retroviruses to bona fide cellular genes: role of the captured syncytins in placentation. Placenta, 33(9), 663-671. Figure 2b. The syncytin protein has a complementary receptor. As the virus infects the cell, the protein appears on the surface. If it makes contact with its receptor on another adjacent cell, the two cells fuse. Doing this successively many times produces a syncytium, like the syncytiotrophoblast, or skeletal or cardiac muscles.

Mis-

Moderna Chief Medical Officer Admits MRNA Alters DNA



When "changing" a line of code or "introducing" a line of code" (referring to DNA), the "code" or DNA is then altered, meaning the individual or "subject" has now had their genome changed to what the "scientists" have coded. The individual or subject is no longer a creation of God but a creation of man, meaning the individual or subject could be the object of a "patent".

He goes on to say, the mRNA would tell the cells to "code" for the protein of the "virus". This "viral protein" is foreign to the body. The individual's body is making a foreign protein the immune system is to attack. When the body makes a protein the immune system then attacks, your immune system is attacking a protein your body is making, meaning what is occurring in an "auto-immune response" or "auto-immune disease".



Inaccurate conclusion: "mRNA will change my DNA"

-information



Ribonucleic acid

Deoxyribonucleic acid

vaccine"

vaccine"

4. Start combating: Lead with truth

"Yes, VAERS states that 4,000 people have died from the

"Yes, mRNA sounds like DNA"

"No, we don't know long term outcomes of the COVID19

4. Start combating: Offer alternative explanation



Alternative explanation:



The reports may contain information that is incomplete, inaccurate, coincidental, or unverifiable. Inclusion of events in VAERS data does not imply causality

Age	Count	Percent 51.91%	
6	2,171		
6	65	1.55%	
6	28	0.67%	
rs	38	0.91%	
ars	109	2.61%	
ars	234	5.6% 6.29% 6.29%	
ars	263		
ars	263		
s	532	12.72%	
n	479	11.45%	
TOTAL	4,182	100%	
	1		

"No, we don't know long term outcomes of the mRNA vaccine"

Alternative explanation:

- Vaccine ingredients are cleared from the body quickly
- In the history of vaccines, side effects have only popped up within 6-8 weeks

n the body quickly nave only popped up



Cell

Inaccurate conclusion: "mRNA will change our DNA""

Alternative explanation:

- mRNA do not have the "secret door code" (called nuclear access signal) that would allow it to enter
- mRNA cannot be converted to DNA. This would require a tool called "reverse transcriptase", which the vaccine doesn't have.
- mRNA cannot insert itself into the DNA. The mRNA would need a tool called "integrase" to do this, which the vaccine doesn't have.

NUCLEIC-ACID VACCINES



Christian Elliot 🛥 · Apr 5 · 17 min read

18 Reasons I Won't Be Getting a Covid Vaccine The Washington Post

Updated: Apr 19

Alternative explanation:





DEMIC PROFITEERS business of anti-vaxx



Democracy Dies in Darkness

Investigations

A major funder of the antivaccine movement has made millions selling natural health products



4. Start combating: Language matters

Here's why Facebook, YouTube, and more are removing that dumb Plandemic video

Coronavirus : 9 réactions absurdes des humains face à l'épidémie

'Absolutely insane': Anti-vaxxers promote coronavirus conspiracies

A bizarre conspiracy theory puts Bill Gates at the center of the coronavirus crisis - and major conservative pundits are circulating it

flortlège_

Coronavirus y conspiración: historia de las teorías absurdas durante las pandemias

Alors que l'épidémie continue de gagner du terrain, les théories fumeuses sur l'origine du coronavirus fleurissent sur internet. Petit

Combating misinformation

- Know the landscape
 - Where it's spreading
 - Driven by emotion and safety
- Recognize what's spreading
 - What are questions?
- Find the kernel of truth
- Countering
 - Lead with truth
 - Offer alternative
 - Paying attention to language

Lessons Learned

Fighting misinformation is exhausting

"A lie can go around the world before the truth gets its pants on." -Winston Churchill



Recognize the role you play





Be proactive instead of reactive

	COVID-1 Top 7 parental o
10001	The vaccine was not rushed
	Adolescents will likely experience side effects
	The vaccine is effective
	There is a need
	mRNA does not change DNA
	Long term side effects, like infertility, are highly unlikely
-	Previously recovered adolescents still need the vaccine

For more information, follow Your Local Epidemiologist (Dr. Katelyn Jetelina, MPH PhD) on Facebook or Substack

9 ADOLESCENT VACCINE

Speed does not mean rushed. It meant leveraging a whole lot of smart people, money, and decades of previous work to get us a vaccine in 9 months. This included:

- 1. Previous research (which started in 2003 thanks to SARS, COVID19's cousin);
- 2. Lots of money and resources for scientists around the world;
- Production started before clinical trials were complete because the government financially supported the effort;
- 4. Although vaccines went through Phase I, II, and III, phases were overlapped to remove white space. This is standard practice;
- 5. High rates of disease in the community (unfortunately) meant we didn't have to wait for a minimum number of COVID19 cases during clinical trials;
- Over 150,000 people flooded to participate in the U.S. trials. This couldn't have been done without each and every one of them
- Mostly mild-to-moderate side effects were reported in clinical trials: fever, fatigue, headaches, chills, diarrhea, muscle and joint pain
- Worse side effects with the second dose compared to the first
- Swollen lymph nodes were more common in the vaccine group compared to placebo. All cases resolved within 1 week
- 100% efficacy in clinical trials (16 cases of COVID in placebo and 0 in vaccinated)
- There were no severe cases of COVID19 during this study
- Research shows the vaccines help avoid long COVID19 and improve symptoms of those already with long COVID19
- Adolescents have the highest rate of infection and symptomatic infection (compared to adults and children), but hospitalizations are lower than adults
- There have been 127 COVID19 adolescent deaths since the beginning of the pandemic. Although this seems low, death among adolescents is low overall. COVID19 is a top 10 cause of death for adolescents
- There have been 3,742 MIS-C cases since the pandemic; 21% were among adolescents. Severity of MIS-C is *worse* for adolescents compared to younger children
- Vaccines significantly reduce community transmission
- It's biologically impossible for messenger RNA (mRNA) to alter DNA. In order for a mRNA vaccine to alter someone's DNA, several events would have to occur...
- mRNA cannot enter the cell nucleus, where DNA lives. mRNA does not have the "secret door code" (called nuclear access signal) that would allow it to enter. mRNA vaccines can't get in.
- 2. mRNA can't be converted to DNA. This would require a tool called "reverse transcriptase", which the vaccine doesn't have.
- 3. mRNA cannot insert itself into the DNA. The mRNA would need a tool called "integrase" to do this, which the vaccine doesn't have.
- The biotechnology has never been approved by the FDA before. It's NOT because the past mRNA vaccines (for cancer, allergies, and SARS) have been deemed unsafe. It's because past mRNA vaccines haven't been very effective. mRNA breaks down very quickly, so it needs to be transported by something. Finding that something has been a challenge. For COVID19, scientists found that fat bubbles for COVID19 worked great

We do not know the long term effects of mRNA COVID19 vaccines. However, based on our knowledge of mRNA and the human body, we do not expect long term side effects:

- Vaccine ingredients are cleared from the body very quickly. mRNA is very fragile and degrades within 72 hours of injection. The "fat bubbles" or lipids leave within days
- mRNA vaccines are not made up of the actual pathogen. This means that they don't contain weakened, dead, or noninfectious parts of a virus
- In the history of vaccines, serious adverse side effects have only popped up in the first 2 months of receiving the vaccine
- Individuals who got pregnant after the vaccine had no complications from the vaccine There are anecdotal reports that women's menstrual cycles change after a COVID19 vaccine. The body is mounting an immune response and this is likely a side effect, like fever.

Efficacy of "natural" immunity is high, but adolescents still need the vaccine:

- Getting a vaccine, even for people who have already recovered from COVID-19, strengthens your immune response (antibody and T-cell protection)
- The vaccine better protects against variants of concern
- The immune system is messier from natural infection. Its not as focused as vaccine immunity.

Be inclusive



Johnson et al. (2020) The online competition between pro- and anti-vaccination views. Nature.

We need to prepare for the future

Serious Viral Outbreaks Over Past 100 Years

Table 1. Serious Viral Outbreaks Over Past 100 Years					
	Name	Virus Type	Year Began	Global Deaths	US. Deaths
1	Spanish Flu	Orthomyxovirus	1918	50,000,000	675,000
2	Asian Flu (H2N2)	Orthomyxovirus	1957	1,100,000	116,000
3	Hong Kong Flu (H3N2)	Orthomyxovirus	1968	1,000,000	100,000
4	HIV	Retrovirus	1981	32,700,000	700,000
5	SARS-CoV-1	Coronavirus	2002	774	
6	Influenza (H1N1)	Orthomyxovirus	2009	284,000	12,469
7	MERS	Coronavirus	2012	875	
8	Ebola	Filovirus	2014	11,310	1
9	Zika	Flavivirus	2015	N/A	
10	Ebola	Filovirus	2018	2,300	
11	SARS-CoV-2	Coronavirus	2019	4,100,000+	621,000+

We need to prepare for the future

American Pandemic Preparedness: Transforming Our Capabilities

September 2021



M-21-32

MEMORANDUM FOR THE HEADS OF EXECUTIVE DEPARTMENTS AND AGENCIES

FROM: SHALANDA D. YOUNG ACTING DIRECTOR OFFICE OF MANAGEMENT AND BUDGET

> DR. ERIC S. LANDER DIRECTOR OFFICE OF SCIENCE AND TECHNOLOGY POLICY

Multi-Agency Research and Development Priorities for the FY 2023 Budget SUBJECT:

EXECUTIVE OFFICE OF THE PRESIDENT WASHINGTON, D.C. 20503

August 27, 2021



Shalanda D. Yang

A critique...

"Science is a tool that should be available to every American. More inclusive engagement in science benefits the American people, the environment, and the economy. The American public must be both knowledgeable about and involved in science research and its products, thereby fostering trust."

- 1. Communicate the threat clearly.
 - The majority of Americans get their news and health information from social media
- 2. Address the circulating misinformation
- 3. Engage with community stakeholders to amplify evidence
 - based information through
 - grassroots networks;
- 4. Improve health communication
- 5. Listen

A critique...

"Misinformation is not like a plumbing problem you fix. It is a social condition, like crime, that you must constantly monitor and adjust to."

-TOM ROSENSTIEL



Questions?

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