

# Diabetes News You Can Use



**November 2021**

*Diabetes News You Can Use* is a free news bulletin of the Texas Department of State Health Services. Compiled by the [Diabetes Prevention and Control Program](#), we highlight information and news related to diabetes.

## Free Webinars & Virtual Events

- November 1, 3 & 4 at 5:00 pm CT – [JDRF TypeOneNation Free Virtual Summit](#)
- November 10 at 3:00 pm CT – [A Century of Diabetes Success: The Past as Prologue](#)
- November 16 at 2:00 pm CT – [Optimizing Your Approach - Engagement and Communication Strategies for Helping People with Diabetes](#) (Scroll to bottom of the page for meeting invite.)
- Know Diabetes by Heart – [Free Professional Education Webinar Series](#)

## Continuing Education Credits

- American Diabetes Association – [Professional Education Portal](#)
- Association of Diabetes Care & Education Specialists – [Free Continuing Education](#)

Page 1 of 4

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**November 2021**

## Resources

- American Diabetes Association – [Diabetes Educator Resources](#)
- Know Diabetes by Heart – [Video Library of Short Informational and Inspirational Video Diabetes](#)
- Know Diabetes by Heart – [Diabetes Free Podcast Series](#)
- Know Diabetes by Heart – [Diabetes INSIDE Shared Learning](#)
- National Institute of Diabetes and Digestive and Kidney Diseases – [National Diabetes Month 2021 Toolkit](#)
- 87th Texas Legislature, Regular Session, 2021 – [Texas Diabetes Council Discusses Diabetes-Related Legislation Passed](#) (See Item #5.)

## Articles

November is National Diabetes Month

- [Social Determinants of Health and Diabetes: A Scientific Review](#)
- [Challenges and Considerations for Reducing Diabetes Distress and Fear of Hypoglycemia in Parents of Youth with Type 1 Diabetes During the COVID-19 Pandemic](#)
- [The Role of Advocacy in Adapting the Diabetes Prevention Program for Couple-Based Delivery That Reaches Marginalized Groups](#)
- [Effects of Lifestyle Intervention on Long-term Risk of Diabetes in Women with Prior Gestational Diabetes: A Systematic Review and Meta-analysis of Randomized Controlled Trials](#)

Page 2 of 4



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# Diabetes News You Can Use



**November 2021**

## Articles (continued)

December 5-11, 2021, is National Influenza Vaccination Week

- [Digital Intervention Increases Influenza Vaccination Rates for People with Diabetes in a Decentralized Randomized Trial](#)
- [Quantifying the Impact of Influenza Among Persons with Type 2 Diabetes Mellitus: A New Approach to Determine Medical and Physical Activity Impact](#)
- [Vaccination Practices for Adults with Diabetes](#)
- [Influenza Vaccination Is Associated with Reduced Cardiovascular Mortality in Adults with Diabetes: A Nationwide Cohort Study](#)

January is Cervical Cancer and Thyroid Awareness Month

- [Breast, Cervical and Colorectal Cancer Screening in Adults with Diabetes: A Systematic Review and Meta-Analysis](#)
- [The Association Between Diabetes/Hyperglycemia and the Prognosis of Cervical Cancer Patients: A Systematic Review and Meta-Analysis](#)
- [Thyroid Dysfunction and Diabetes Mellitus: Two Closely Associated Disorders](#)
- [Impaired Sensitivity to Thyroid Hormones is Associated with Diabetes and Metabolic Syndrome](#)

*Page 3 of 4*



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## Holiday Cooking Corner

- [How to Serve a Diabetes-Friendly Holiday Meal](#)
- [10 Diabetes Friendly Holiday Recipes](#)
- [Database of Diabetes Friendly Recipes](#)
- [Diabetes UK Recipe Database](#)

The articles and hyperlinks to external websites appearing in *Diabetes News You Can Use* are intended to be informational and do not represent an endorsement by the Texas Department of State Health Services. Other websites may not be accessible to people with disabilities. For more information about any of the items listed, please contact the sponsoring organization directly.

Go to [dshs.texas.gov/txdiabetes](https://dshs.texas.gov/txdiabetes) to sign up to receive this bulletin in your email mailbox. You also will receive periodic messages related to public meetings and activities of the DSHS Diabetes Prevention and Control Program.

*Page 4 of 4*

