This consumption advisory is issued as a result of fish samples taken from the Gulf of Mexico off the Texas Coast. Samples of king mackerel indicate that mercury is in the edible tissue.

Mercury is a naturally occurring element that can cause harmful effects to the central nervous system, particularly in young children or infants exposed prenatally.

Areas: All waters off the Texas Coast
Species Affected: King Mackerel
Consumption Advisory: The Texas Department of Health recommends that people adhere to the following consumption recommendation for king mackerel:
For king mackerel less than 37 inches total length: safe for unrestricted consumption
For king mackerel 37 to 43 inches total length: Adults should limit consumption to 1 meal (8 ounces) per week; women of child bearing age and children should limit consumption to 1 meal (8 ounces) per month.
For king mackerel greater than 43 inches total length: should not be consumed

This advisory shall remain in effect until rescinded in writing.

Issued this 5th day of June, 1997

Patti J. Patterson, M.D.
Commissioner of Health