



Health Service Region 8 Influenza Activity Report MMWR Week 51 Week Ending 12/22/17

This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

Flu Activity:

Reports were received from 17 counties this week. 14 counties reported flu by rapid test. 3 counties also reported flu confirmed by PCR. In Region 8, activity in week 51 was increased from week 50.

Antiviral Resistance

No antiviral resistant flu reported in Region 8.

Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas.

Pediatric Influenza Mortality

None this week.

Institutional Outbreaks and School Closures

One outbreak was reported in a long term care facility in Region 8.

Summary

Influenza activity is increasing across the state of Texas. Compared to the previous week, the percentage of patient visits due to influenza-like illness (ILI) and the percentage of specimens testing positive for influenza reported by hospital and public health laboratories has increased. No influenza-associated pediatric deaths were reported. Fourteen influenza-associated outbreaks were reported. In addition to flu, other respiratory viruses—especially rhinovirus/enteroviruses—were detected in Texas during week 51.

