

Public Health Region 8  
Influenza Activity Report  
MMWR Week 48  
Week Ending 12/01/17

This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

**Flu Activity**

- 22 counties submitted reports this week.
- 6 counties reported ILI activity only.
- 13 counties reported flu by rapid test.
- 3 counties reported positive flu by PCR.

**Antiviral Resistance**

No antiviral resistant flu reported in Region 8.

**Variant Influenza Viruses**

No variant or novel influenza viruses were detected this week.

**Pediatric Influenza Mortality**

No pediatric influenza-related mortality occurred this week.

**Institutional Outbreaks and School Closures**

None in Region 8.

**Statewide Summary**

Influenza activity is increasing across the state of Texas. Compared to the previous week, the percentage of patient visits due to influenza-like illness (ILI) and the percentage of specimens testing positive for influenza reported by public health laboratories has slightly increased. The percentage specimens testing positive for influenza reported by hospital laboratories has marginally decreased. No influenza-associated pediatric deaths were reported. Three influenza-associated outbreaks were reported. In addition to flu, other respiratory viruses—especially respiratory syncytial virus (RSV)—were detected in Texas during week 48.

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