

Health Service Region 8
Influenza Activity Report
MMWR Weeks 38
Weeks Ending 09/22/2017

This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

Flu Activity

- 18 Counties Submitted Reports This Week.
- 1 county reported no activity.
- 10 counties reported ILI activity only.
- 7 counties reported flu by rapid test.

Antiviral Resistance

No antiviral resistant flu reported in Region 8.

Variant Influenza Viruses

No variant or novel influenza viruses were detected this week.

Pediatric Influenza Mortality

No pediatric influenza-related mortality occurred this week.

Institutional Outbreaks and School Closures

One outbreak was reported in a nursing facility.

Statewide Summary

Influenza (flu) activity is low across the state of Texas. Compared to the previous week, the percentage of specimens testing positive for influenza reported by hospital laboratories and the percentage of patient visits due to influenza-like illness (ILI) marginally decreased. The percentage of specimens testing positive for influenza reported by public health laboratories slightly increased. One influenza-associated/ILI-associated outbreak was reported. No influenza-associated pediatric deaths were reported. In addition to flu, other respiratory viruses—especially rhino/enteroviruses—were detected in Texas during week 38.

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