

# Health Service Region 8 Influenza Activity Report MMWR Week 14 & 15 04/01 – 4/14/17

This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

### Flu Activity

23 counties submitted reports over this two-week period.  
6 counties reported no flu activity.  
7 counties reported ILI activity only.  
9 counties reported flu by rapid test.  
1 county reported both flu A and B confirmed by PCR.  
In Region 8, activity for this period was decreased from week 13.

### Antiviral Resistance

No antiviral resistant flu reported in Region 8.

### Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas.

### Pediatric Influenza Mortality

None this week.

### Institutional Outbreaks and School Closures

None this week.

### Summary

Influenza (flu) activity has slightly decreased the past couple of months in Texas; it appears to have peaked in mid-February. Compared to the previous week, the percentage of specimens testing positive for influenza reported by hospital laboratories and patient visits due to influenza-like illness (ILI) slightly decreased while the amount of specimens testing positive for influenza reported by public health laboratories slightly increased. Two outbreaks due to influenza were reported. No influenza-associated pediatric deaths were reported. In addition to flu, other respiratory viruses—especially rhino/enteroviruses—were detected in Texas during week 14 and 15.

Your flu report can be submitted by email, fax, or through the weekly survey link. Please remember to submit only the information requested on the form/survey, and do not provide individual patient data.

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