

# Health Service Region 8 Influenza Activity Report MMWR Week 12 Week Ending 03/24/2017

This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

### Flu Activity

24 counties submitted reports this week.  
1 county reported no flu activity.  
2 counties reported ILI activity only.  
20 counties reported flu by rapid test.  
1 county reported both flu B confirmed by PCR.  
In Region 8, activity for this period decreased from week 11.

### Antiviral Resistance

No antiviral resistant flu reported in Region 8.

### Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas.

### Pediatric Influenza Mortality

None this week.

### Institutional Outbreaks and School Closures

One outbreak occurred this week at a facility in Kerr County.

### Summary

Influenza (flu) activity has decreased the past few weeks in Texas; it appears to have peaked in mid-February. Compared to the previous week, the percentage of specimens testing positive for influenza reported by public health and hospital laboratories and patient visits due to influenza-like illness (ILI) marginally decreased. Two outbreaks due to influenza were reported. No influenza-associated pediatric deaths were reported. In addition to flu, other respiratory viruses—especially rhino/enteroviruses—were detected in Texas during week 12.

Your flu report can be submitted by email, fax, or through the weekly survey link. Please remember to submit only the information requested on the form/survey, and do not provide individual patient data.

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