

# Health Service Region 8 Influenza Activity Report MMWR Week 36 Week Ending 09/09/16



This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

### Flu Activity:

Reports were received from 20 counties this week. Seven counties reported no flu or ILI activity. Eleven counties reported ILI activity only. Two counties reported flu by rapid test. In Region 8, activity in week 36 was slightly increased from week 35.

### Antiviral Resistance

No antiviral resistant flu reported in Region 8.

### Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas.

### Pediatric Influenza Mortality

None this week.

### Institutional Outbreaks and School Closures

No new outbreaks reported.

### Summary

Influenza activity remains low across the state of Texas. Compared to the previous week, the percentage of specimens positive for influenza and the percentage of patient visits due to influenza-like illness (ILI) decreased. No influenza-associated pediatric deaths were reported. No ILI or influenza-associated outbreaks were reported. In addition to flu, other respiratory viruses—especially rhinovirus/enterovirus—were detected in Texas during week 36.

### Reminder:

Please submit your reports weekly by fax to 210-692-1457 or by email to [connie.alaniz@dshs.state.tx.us](mailto:connie.alaniz@dshs.state.tx.us) AND to [elise.rush@dshs.state.tx.us](mailto:elise.rush@dshs.state.tx.us)

