

Health Service Region 8 Influenza Activity Report MMWR Week 31 Week Ending 08/05/16



This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

Flu Activity:

Reports were received from 14 counties this week. Eleven counties reported no flu or ILI activity. One county reported ILI activity only. Two counties reported flu by rapid test. In Region 8, activity in week 31 was about the same as week 30.

Antiviral Resistance

No antiviral resistant flu reported in Region 8.

Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas.

Pediatric Influenza Mortality

None this week.

Institutional Outbreaks and School Closures

No new outbreaks reported.

Summary

Influenza activity remains low across the state of Texas. Compared to the previous week, the percentage of specimens positive for influenza and the percentage of patient visits due to influenza-like illness (ILI) marginally increased. No influenza-associated pediatric deaths were reported. No ILI or influenza-associated outbreaks were reported. In addition to flu, other respiratory viruses—especially rhinovirus/enterovirus—were detected in Texas during week 30.

