

Health Service Region 8 Influenza Activity Report MMWR Week 16 Week Ending 04/22/16



This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

Flu Activity:

Reports were received from 22 counties.
Four counties reported no flu or ILI activity.
Five counties reported ILI activity only.
Eleven counties reported flu by rapid test.
Two counties reported flu by PCR.
In Region 8, activity in week 16 was slightly decreased from week 15.

Antiviral Resistance- No antiviral resistant flu reported in Region 8.

Variant Influenza Viruses- No variant or novel influenza viruses have been detected in Texas.

Pediatric Influenza Mortality

None this week.

Institutional Outbreaks and School Closures

No outbreaks or school closures occurred in Region 8 during week 16.

Summary

Influenza activity continues to decrease across the state. Compared to the previous week, the percentage of specimens positive for influenza and the percentage of patient visits due to influenza-like illness (ILI) slightly decreased. It appears that influenza activity has peaked for the season. No influenza-associated pediatric deaths were reported. No ILI/influenza outbreaks were reported. In addition to flu, other respiratory viruses were detected in Texas during week 16.

