

Health Service Region 8 Influenza Activity Report MMWR Week 49, Weeks Ending 12/11/15



This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

Flu Activity:

Reports were received from 26 counties this week. Seven counties reported no flu or ILI activity. Ten counties reported ILI activity only. Eight counties reported flu by rapid test. One county reported flu activity by PCR. In Region 8, activity in week 45 was about the same as last week.

Pediatric Deaths:

No influenza-associated pediatric deaths were reported during week 37. Seventeen influenza-associated pediatric deaths have been reported in Texas during the 2014-2015 influenza season. Cases of influenza-associated pediatric mortality (children <18 years of age) are reportable year-round and by law in Texas.

Institutional & School Outbreaks- No outbreaks reported during this period.

Antiviral Resistance- No antiviral resistant flu reported.

Variant Influenza Viruses- No variant or novel influenza viruses have been detected in Texas.

FLU SEASON IS HERE. HERE'S WHAT YOU CAN DO.

1 STAY INFORMED

TexasFlu.org is the DSHS site for flu information in Texas. Bookmark it. Dial 2-1-1 for flu information and vaccination locations or use the [Vaccine Locator](#) to find out about vaccine availability in your area.

2 GET VACCINATED

Get a flu vaccination now. It's the best way to protect yourself and others.

3 STOP THE SPREAD

Wash your hands frequently with soap and water or use hand sanitizer. Cover your coughs and sneezes. Stay home if you're sick. Have a plan to care for sick family members at home.

