

This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, Dewitt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, La Vaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

**Flu Activity:**

Compared to last week, flu activity has increased. Twenty counties in Region 8 submitted reports. Of the counties that reported, 13 counties reported influenza-like-illness. Two counties reported flu A by rapid test, and one county reported both flu A and flu B by rapid test.

**Pediatric Deaths:**

No influenza-associated pediatric mortalities have occurred locally. 20 influenza-associated pediatric deaths have occurred statewide during the 2013-2014 influenza season.

**Institutional & School Outbreaks**

None

**Antiviral Resistance**

No antiviral resistant flu reported.

**Variant Influenza Viruses**

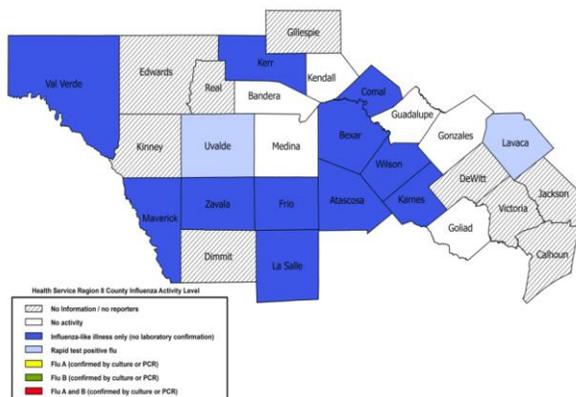
No variant or novel influenza viruses have been detected in Texas.

**Influenza Prevention**

Here are five simple steps you can take to reduce your chances of getting – or spreading – the flu:

1. Get vaccinated.
2. Wash hands frequently.
3. Cover coughs and sneezes.
4. Stay home if you're sick.
5. Convince those around you to follow steps 1 - 4.

**Health Service Region 8 Influenza Activity Map**



**Percentage of visits due to ILI as reported by Texas ILINet participants**

