Prevalence of Obesity Among Adults, by Public Health Region (PHR), Texas, 2018

Overall prevalence of obesity in Texas = 34.8%
(95% CI: 32.8 - 36.8)

Data Classification: Quantiles.
Data Source: 2018 Texas Behavioral Risk Factor Surveillance System (BRFSS), Center for Health Statistics, Texas Department of State Health Services.
Obesity is defined as a body mass index (BMI) of 30 kg/m² or higher, calculated from self-reported height and weight.