

SHIPPING NOTICE – Newborn Screening Specimens

Do **NOT** Use FedEx Clinical Paks (orange border) for Shipment of
Newborn Screening Specimens

Not Acceptable



According to the Clinical and Laboratory Standards Institute (Approved Standard NBS01-A6):

“It is not recommended that Dried Blood Spot (DBS) specimens be packaged in airtight, leak-proof, sealed containers because the lack of air exchange in the inner environment of a sealed container causes heat buildup and moisture accumulation. Heat, direct sunlight, humidity, and moisture are detrimental to the stability of DBS specimens and analyte recovery.”

FedEx Clinical Pak bags hermetically seal (do not allow any airflow), therefore making them unsuitable for shipping Newborn Screening specimens. Clinical Pak bags are easily identified by their orange border. In order to maintain specimen quality please DO NOT ship Newborn Screening Specimens by this method.

Acceptable



Questions? Contact the Texas DSHS Newborn Screening Laboratory:
Call toll free: 1-888-963-7111 ext. 7585 or for local calls 512-776-7585
Email: NewbornScreeningLab@dshs.state.tx.us