



DSHS Observes National Influenza Vaccination Week December 6-12, 2015

DSHS Immunization Branch Influenza Resources:

Visit us online at

<http://www.dshs.state.tx.us/immunize/flu.shtm>

A snippet from a CDC infographic. On the left, the text reads "1. Who needs a flu vaccine?" followed by multiple-choice options: "a) You b) You c) You d) All of the above". On the right, a quote states: "Even healthy people can get the flu. Protect yourself and your loved ones. Get vaccinated." Below the quote is the CDC logo and the website "www.cdc.gov/flu".

1. Who needs a flu vaccine?
a) You b) You c) You d) All of the above

Even healthy people can get the flu.
Protect yourself and your loved ones.
Get vaccinated.

www.cdc.gov/flu

National Influenza Vaccination Week (NIVW), scheduled for December 6-12, 2015, provides an opportunity to remind everyone 6 months and older that it is not too late to get a flu vaccine. NIVW is a national observance established in 2005 by the Centers for Disease Control and Prevention (CDC) to highlight the importance of continuing influenza vaccination after the holiday season into January and beyond. NIVW provides an opportunity for public health and health care professionals, health advocates, communities, and families across the country to work together to promote flu vaccination.

As long as flu viruses are spreading and causing illness, vaccination can provide protection against the flu.

A yearly flu vaccine is recommended for everyone 6 months and older. Vaccination is the first and most important step in protecting against influenza.

Vaccination is especially important for protecting those at high risk for serious flu complications, including:

- Young Children,
- Pregnant Women,
- Adults 65 Years and Older, and
- Anyone with chronic health conditions like asthma, diabetes, and heart disease.

NIVW Tool Kit

Key facts about influenza and the vaccine:	http://www.cdc.gov/flu/keyfacts.htm
Flu symptoms and severity:	http://www.cdc.gov/flu/about/disease/symptoms.htm
How flu spreads from person to person:	http://www.cdc.gov/flu/about/disease/spread.htm
Free resources, print materials, tools:	http://www.cdc.gov/flu/freeresources/print-general.htm
NIVW Activities and Materials:	http://www.cdc.gov/flu/nivw/index.htm
NIVW Web Tools:	http://www.cdc.gov/flu/nivw/webtools.htm
Faith-based resources:	http://www.cdc.gov/flu/nivw/community.htm
Order DSHS Free Publications:	https://secure.immunizetexasorderform.com/default.asp
More DSHS Flu Information:	http://www.texasflu.org/
Kids Flu Fighter Resource Page:	http://www.texasflu.org/flufighters.htm
Flu IQ Widget:	http://www.cdc.gov/flu/fluiq.htm

In collaboration with the Walgreens, DSHS is providing you these graphics for use on webpages, electronic or paper newsletters, or your email:

(Click for full-sized image. Then right-click to save.)

