

# DOUBLE HANDWASH

Single Handwash...Steps 1- 4



**1. Wet hands with running water, (at least 100°F)**



**2. Apply soap**



**3. Vigorously scrub lathered fingers, fingertips, between fingers,**



**And scrub hands and arms for at least 10 to 15 seconds**

## REPEAT FOR DOUBLE HANDWASH



**4. Rinse under clean running water**

**Repeat Steps 1-4 and Complete with Step 5**



**Step 1**



**Step 2**



**Step 3**



**Step 4**



**Step 5. Dry cleaned hands and arms**



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