



DSHS Coronavirus Disease 2019 (COVID-19) Quarantine Recommendations for Fully Vaccinated Individuals

- CDC issued '[Interim Public Health Recommendations for Fully Vaccinated People](#)'* on March 8, 2021. DSHS is in alignment with this updated guidance.
- The updated guidance includes removal of the 3-month window post vaccination in which fully vaccinated individuals do not need to quarantine if asymptomatic following exposure to a confirmed COVID-19 case. DSHS is supportive of applying this guidance to asymptomatic fully vaccinated individuals.
- The recommendations apply to asymptomatic individuals who are fully vaccinated (2 weeks or more after the 2nd dose of Moderna or Pfizer BioNTech, or 2 weeks or more after they have received a single dose of Johnson and Johnson/Janssen) in non-healthcare settings only.
- There is no change to quarantine requirements for individuals who had lab-confirmed COVID-19 infection (the 3-month time window in which they do not need to quarantine is still in effect, after which they would have to quarantine given an exposure).

Based on the new guidance, fully vaccinated people can*:

- Visit with other fully vaccinated people indoors without wearing masks or physical distancing
- Visit with unvaccinated people from a single household who are at low risk for severe COVID-19 disease indoors without wearing masks or physical distancing
- Refrain from quarantine and testing following a known exposure if asymptomatic

For now, fully vaccinated people should continue to*:

- Take precautions in public like wearing a well-fitted mask and physical distancing
- Wear masks, practice physical distancing, and adhere to other prevention measures when visiting with unvaccinated people who are at [increased risk for severe COVID-19](#) disease or who have an unvaccinated household member who is at increased risk for severe COVID-19 disease
- Wear masks, maintain physical distance, and practice other prevention measures when visiting with unvaccinated people from multiple households

- Avoid medium- and large-sized in-person gatherings
- Get tested if experiencing [COVID-19 symptoms](#)
- Follow guidance issued by individual employers
- Follow CDC and health department travel requirements and recommendations

Graphic: Prevention Methods Recommended when Fully-Vaccinated Persons Visit Others*



* <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>