



## **ADVISORY BOARD OF ATHLETIC TRAINERS**

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### **Examination Reference List**

The Advisory Board of Athletic Trainers does not provide or promote any commercially available study guides or courses for the state licensure examination and does not assure improved performance by using any such study guides or courses. The blueprint for the state licensure examination is the Board of Certification, Inc. © Role Delineation Study 6<sup>th</sup> edition (<http://www.bocatic.org>). The Role Delineation Study 6<sup>th</sup> edition describes the current knowledge, skills and abilities expected of an entry-level athletic trainer to practice athletic training. Questions on the Texas Athletic Trainer Licensure Examination (Written and Practical) are drawn from the sources on the reference list below.

#### **References (Most recent editions used):**

- Advisory Board of Athletic Trainers' Statutes & Laws: Chapter 451, Texas Occupation Code Title 3, Chapter 451 ([http://www.dshs.state.tx.us/at/at\\_laws.shtml](http://www.dshs.state.tx.us/at/at_laws.shtml))
- Advisory Board of Athletic Trainers' Rules/Regulations: Title 22 ([http://www.dshs.state.tx.us/at/at\\_rules.shtml](http://www.dshs.state.tx.us/at/at_rules.shtml))
- Texas University Interscholastic League (UIL) Athletics Constitution (<http://www.uil.utexas.edu>)
- *AAOS Emergency Care and Transportation of the Sick and Injured*, Gulli, Jones and Barlett.
- *AAOS Orthopaedic Knowledge Update: Sports Medicine 4*, Kibler, AAOS.
- *ACSM's Guidelines for Exercise Testing and Prescription*, Lippincott, Williams & Wilkins.
- *Administrative Topics in Athletic Training: Concepts to Practice*, Harrelson, Gardner and Winterstein. SLACK Inc.
- *Arnheim's Principles of Athletic Training*, Prentice, McGraw-Hill Higher Education.
- *Athletic Taping and Bracing*, Perrin, Human Kinetics.
- *Athletic Training Management Concepts and Applications*, Rankin and Ingersall, McGraw-Hill.
- *Basic Biomechanics*, Hall, Mosby-Year Book, Inc.
- *Clinical Pathology for Athletic Trainers: Recognizing Systemic Illness*, O'Connor and Fincher, SLACK Inc.
- *Clinically Oriented Anatomy*, Moore and Dalley, Lippincott, Williams & Wilkins.
- *Counseling in Sports Medicine*, Ray and Wiese-Bjornstal, Human Kinetics.
- *Emergency Care in Athletic Training*, Gorse and Feld, F.A. Davis Company.
- *Evaluation of Orthopedic and Athletic Injuries*, Starkey and Ryan, F.A. Davis Company.
- *Exercise Physiology: Energy, Nutrition, and Human Performance*, McArdle, Katch and Katch, Lippincott, Williams & Wilkins.

- *Foundations of Athletic Training*, Anderson, Hall, Martin, Lippincott, Williams & Wilkins.
- *General Medical Conditions in the Athlete*, Cuppett and Walsh, Elsevier-Mosby, Inc.
- *Management Strategies in Athletic Training*, Ray, Human Kinetics.
- *Modalities for Therapeutic Intervention*, Michlovitz and Nolan, F.A. Davis Company.
- *Musculoskeletal Assessment: Joint Range of Motion and Manual Muscle Strength*, Clarkson, Lippincott, Williams & Wilkins.
- *National Athletic Trainers' Association Statements (Position, Official and Consensus Statements)*, National Athletic Trainers' Association. (<http://www.nata.org/statements>)
- *NCAA Sports Medicine Handbook*, NCAA Publications.
- *NSCA's Essentials of Strength Training and Conditioning*, Baechle and Earle, Human Kinetics.
- *Orthopedic Physical Assessment*, Magee, Saunders-Elsevier.
- *Pharmacology in Rehabilitation*, Ciccone, F.A. Davis Company.
- *Physical Rehabilitation of the Injured Athlete*, Andrews, Harrelson and Wilk, Saunders-Elsevier.
- *Principles of Human Anatomy*, Tortora, John Wiley & Sons.
- *Principles of Pharmacology for Athletic Trainers*, Houglum, Harrelson and Leaver-Dunn, SLACK Inc.
- *Rehabilitation Techniques in Sports Medicine*, Prentice, McGraw-Hill.
- *Special Tests for Orthopedic Examination*, Konin, Wikstein and Isear, SLACK Inc.
- *Sports Nutrition for Coaches*, Bonci, Human Kinetics.
- *Texas House Bill 2038: Concussion Management*, 2011.  
<http://www.capitol.state.tx.us/tlodocs/82R/billtext/pdf/HB02038F.pdf#navpanes=0>
- *Texas Senate Bill 7: Automated External Defibrillators in Schools*, 2007.  
<http://www.capitol.state.tx.us/tlodocs/80R/billtext/pdf/SB00007F.pdf#navpanes=0>
- *Texas Senate Bill 82: Athlete Education Safety Training*, 2009.  
<http://www.capitol.state.tx.us/tlodocs/80R/billtext/pdf/SB00082F.pdf#navpanes=0>
- *Therapeutic Exercise: Foundations and Techniques*, Kisner and Colby, F.A. Davis Company.
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- *Therapeutic Modalities for Sports Medicine and Athletic Training*, Prentice, McGraw-Hill.
- *Therapeutic Modalities: The Art and the Science*, Knight and Draper, Lippincott, Williams & Wilkins.
- *Therapeutic Modalities*, Starkey, F.A. Davis Company.
- *Therapeutic Exercise: From Theory to Practice*, Higgins, F.A. Davis Company.
- *Writing SOAP Notes with Patient/Client Management Formats*, Kettenbach, F.A. Davis Company.