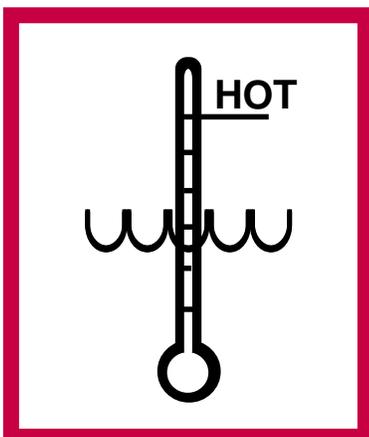


*Germs, your skin & your health*

# DO NOT SPREAD GERMS IN THE LAUNDRY



- Put dirty laundry in a container or bag that will not allow wet articles to drip
- Carry laundry away from your body
- After putting dirty laundry into the washer, wash your hands with soap and water or use an alcohol-based hand sanitizer
- Wash your hands before touching face, eyes, mouth, or nose
- Use a prewash or extra rinse cycle on clothes that have blood or pus on them
- Use detergent
- Use hot water
- Use the highest setting on the dryer
- Make sure the clothes are completely dry before you take them out of the dryer
- Carry cleaned laundry only in containers that have not been used for dirty laundry