ECI Library Matters

Parenting and Working with Families (updated)

This issue features updated library resources on parenting and working with families. Selected journal abstracts and journal table of contents as well as online resources on tele-early intervention are included. Visit the online library catalog for a complete listing of library materials texashealthlibrary.com.

Important News: Due to the COVID-19 pandemic, the DSHS Library is closed. Library staff are working remotely from home. Electronic library resources are available on any computer or mobile device with internet access. Please email any questions to avlibrary@dshs.texas.gov.

In This Issue

- Selected Journal Abstracts
- Selected Journal Table of Contents:
  - Infants and Young Children. Volume 34, Issue 1; January/March 2020.
- Selected Online Resources: Tele-Early Intervention
- New Books
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The “Agreed Upon Mission and Key Principles for Providing Early Intervention Services in Natural Environments,” developed by a working group of the U.S. Office of Special Education Programs, emphasizes the importance of promoting children’s learning in everyday routines.

The purpose of this article is to share strategies that support effective and efficient EI home visits via tele-intervention.

Telehealth during COVID-19: Advantages, challenges, and barriers across zero to three programs. Osofsky, J. D., Keyes, A. W., Trigg, A. B., Dickson, A. B. & Mamon, L. Y. (December 2020). Zero to Three, 41(2). The COVID-19 pandemic threw a spotlight on telehealth as a mechanism for programs and professionals who provide direct services to young children and families to be able to continue essential supports and services. Providers, agencies, and insurance companies had to rapidly evolve in order to reach families and other caregivers in new ways. This article describes how four different programs in Louisiana took action to ensure, as best as possible, the continuation of mental health services to children and families during an unprecedented global pandemic.

Information and tips from an early intervention practice offering speech-language, occupational, and physical therapy in Southern California. Like many early childhood service providers, they practice and understand the benefits of family coaching. They progress much more with clients when parents use tips and strategies daily, in addition to weekly sessions. With this philosophy in mind, they have been piloting this approach via telepractice to serve families in rural communities with limited or no access to in-person services.

To receive full-text copies of journal articles, please contact the library staff by email: avlibrary@dshs.texas.gov.


The effects of the Newborn Behavioral Observations (NBO) system in early intervention: A multisite randomized controlled trial. p. 757-769. McManus, B. M., Blanchard, Y., Murphy, N. J., & Nugent, J.

Post-discharge outcomes for mothers and the mother-infant relationship following admission to a psychiatric Mother-Baby Unit. p. 770-782. Wright, T., Stevens, S., Reed, P. W., & Wouldes, T. A.

The “EA brief”: A single session of parent feedback and coaching to improve emotional attachment and emotional availability (EA). p. 783-792. McConnell, M., Closson, L., Morse, B., Wurster, H., Flykt, M., Sarche, M., & Biringen, Z.


The risk of low risk: First time motherhood, prematurity and dyadic well-being. p. 826-849. Porter, L., Van Heugten, K., & Champion, P.


To receive full-text copies of articles listed in the journal table of contents, please contact the library staff by email: avlibrary@dshs.texas.gov.
Selected Journal Table of Contents (continued)

**Infants and Young Children.** Volume 34, Issue 1; January/March 2021.

Early intervention and newborn screening: Parallel roads or divergent highways? p. 3-16. Bailey, D. B.


Examining caregivers’ independence in early intervention home visit sessions. p. 338-358. Ciupe, A. & Salisbury, C.


Validation of the Chinese version of family-professional partnership scale in early intervention. p. 381-395.

To receive full-text copies of articles listed in the journal table of contents, please contact the library staff by email: avlibrary@dshs.texas.gov.
Here are 10 strategies for focusing on parent/caregiver learning during tele-intervention. You can do this!

Tele-Intervention is an effective strategy for delivering Early Intervention services during the COVID-19 public health emergency. This resources webpage also provides an overview of Tele-Intervention and tips to ensure quality practices using this mode of service delivery.

To support early intervention programs that are interested in implementing TI, three online introductory level courses are available - Tele-intervention 101 Families, Tele-intervention 101 Providers, and Tele-intervention 101 Administrators.

The coordinating committee of the ASHA Special Interest Group 18 (SIG 18; Telepractice) helped to compile a list of resources which should be reviewed before engaging in telepractice services.


This book covers current and up-to-date information about auditory brain development, listening scenarios, auditory technologies, spoken language development, and intervention for young children with hearing loss whose parents have chosen to have them learn to listen and talk.

This book provides a step-by-step guide for families on how to navigate the early intervention process. The book also includes personal stories of families that have experienced the early intervention process with their own children.

Weaving the cradle: Facilitating groups to promote attunement and bonding between parents, their babies and toddlers. 2017. (WS 105.5 C3 W363 2017).
Contributors bring together a range of theoretical perspectives to show different ways to facilitate groups that combine mindfulness and psychological insight to promote bonding, attunement and mind-mindedness, and to prevent abuse and neglect. Case examples show a range of techniques that can be used, including baby massage, movement therapy, Video Interaction Guidance, Watch Wait Wonder and psychotherapeutic interventions.

This book helps those in the field of early childhood define, create, and promote a community of practice to foster collaborative problem solving and enhance professional learning experiences. It covers key strategies and techniques to help you develop a shared vision and structure; leverage tools to invite members and build a community; build member engagement and investment; and master facilitation and evaluation strategies for ongoing professional learning.
Parenting and Working with Families: Selected Audiovisuals


Finding the words finding the ways: Exploring reflective supervision and facilitation. DVD. 80 min. 2012. (DD0614).

How to raise emotionally healthy children: Volume 1 babies. DVD and Streaming. 24 min. 2013. (DD0682).


Learning happens. DVD. 29 min. 2010. (DD0411-DD0412).

Life with baby: Parenting from birth to 12 months. DVD. 24 min. 2019. (DD0824).

Magic of everyday moments. DVD. 23 min. 2014. (DD0685).

Multiples, more of everything: Volume 1: Prenatal and birth. DVD. 26 min. 2009. (DD0396).


Parenting basics library. DVD. 9-12 min. 2016. (DD0734-DD0741; DD0764-DD0770).


Parenting: Self-care for moms: 7 to 12 months. DVD. 9 min. 2016. (DD0765).

Preventing abusive head trauma: The crying connection. DVD. 16 min. 2013. (DV0779).
Reflective supervision for infant mental health practitioners. DVD. 136 min. 2012. (DD0613).

Routines-based interview. DVD. 120 min. 2012. (DD0560).

Rules, rituals, and routines. DVD. 55 min. 2010. (DD0500).


Softening: Loving a child with special needs. DVD. 39 min. 2012. (DD0818).

Stories from our hearts: Maternal mental health, abuse and domestic violence. DVD. 17 min. 2011. (DD0806).

Stories from our hearts: Teen parenting and grandparent custody. DVD. 17 min. 2011. (DD0805).


Welcome to Holland: Resiliency in families raising children with special health care needs. DVD. 48 min. 2010. (DD0464).


Parenting and Working with Families: Selected Books


Childhood speech and language disorders: Supporting children and families on the path to communication. Suzanne M. Ducharme, 2016. (WM 475 D826 2016 ECI).


The common sense guide to your child’s special needs: When to worry, when to wait, what to do. Louis Pellegrino, 2012. (LC 3969 P45 2012 ECI).
Parenting and Working with Families: Selected Books (continued)

The complete single mother: Reassuring answers to your most challenging concerns. Andrea Enberger, 2006. (WS 105.5 C3 E57c 2006 ECI).


Early childhood intervention: Shaping the future for children with special needs and their families. Christina Groark and Steven Eidelman, 2011. (LC 4019.3 G873e 2011 ECI volumes 1, 2, & 3).


Parenting and Working with Families: Selected Books (continued)


Family: Knowing families, tailoring practices, building capacity. 2017. (LC 4019.3 F198 2017 ECI).


The fourth trimester: Understanding, protecting and nurturing an infant through the first three months. Susan Brink, 2013. (WS 103 B858 2013 ECI).

Parenting and Working with Families: Selected Books (continued)


Just one of the kids: Raising a resilient family when one of your children has a physical disability. Kay Harris Kriegsman, 2013. (WS 105.5 F2 K89 2013 ECI).

Keeping your child in mind: Overcoming defiance, tantrums, and other everyday behavior problems by seeing the world through your child's eyes. Claudia Gold, 2011. (WS 105.5 C3 G618 ECI 2011).


Reflective supervision and leadership in infant and early childhood programs. Mary Claire Heffron, 2010. (LC 4109.3 H461r 2010 ECI).


Tackling the tough stuff: A home visitor’s guide to supporting families at risk. Angela M. Tomlin, 2016. (LC 4019.3 T659t 2016 ECI).


For or About Fathers: Selected Books


For Grandparents: Selected Books


For Siblings: Selected Books

Big sister now: A story about me and our new baby. Annette Sheldon, 2006. (805.1 S544b 2006 ECI).


Parenting and Working with Families: Selected eBooks

Find out how to tame a toddler tantrum, the right amount of screen time for kids, and how to encourage children’s independence. This expert guide answers real-life questions with problem-solving strategies.

This book provides a strength-based approach to guiding and managing young children’s behavior by helping them build and use essential life skills such as collaboration, self-regulation, and adaptability.

This book is intended as a reference for all mental health professionals and students who need to understand and treat this population. It offers a look at treatment options and programmatic interventions across the life span. The contributors include a range of experts who provide evidence-based clinical and programmatic strategies for working with children of alcohol and other substance-abusing parents of any age and in almost any practice setting.

This book describes the trauma that can be experienced by children in foster care and the effect of that trauma on their behavior. The author summarizes successful evidence-based strategies that develop the parent-child bond. Although the book was written for foster parents, it would be useful to anyone working with children who are or have been in foster care.

Greenspan explains how parents can nurture empathy, curiosity, emotional balance, and self-discipline.

Help! There’s a toddler in the house!: Proven strategies for parents of 2- to 6-year-olds to survive and thrive through the mischief, mayhem, and meltdowns. Thomas M. Reimers, 2011.
The naughty as well as challenging behaviors of young children can drive even the most patient parents to their wits’ end. In these pages, parents learn how to cope with and correct many of the most common behavioral problems that little ones demonstrate.
Letters to the home front: Positive thoughts and ideas for parents bringing up children with developmental disabilities, particularly those with an autism spectrum disorder. John Clements, 2013.
Bringing up a child with developmental disabilities, especially autism, presents many challenges for parents, and the focus of attention is almost invariably on the child. This practical and compassionate book looks at a range of issues from the parents’ point of view, from whether their child really loves them, to challenging received wisdom on matters such as sensory integration and boarding school.

How do you keep the whole family in mind when carrying out assessments? How do you balance the needs of adults and children? How do you ensure that children’s welfare and safety are everyone’s priority when families face complex difficulties? This book brings together what social workers in adult and children services need to know about assessment across both services.

There is a strong connection between culture and parenting. What is acceptable in one culture is frowned upon in another. This applies to behavior after birth, encouragement in early childhood, and regulation and freedom during adolescence. There are differences in affection and distance, harshness and repression, and acceptance and criticism. Some parents insist on obedience; others are concerned with individual development. This clearly differs from parent to parent, but there is just as clearly a connection to culture. This book includes chapters on China, Colombia, Jordan, Kenya, the Philippines, Thailand, Korea, Vietnam, Native Americans, Mexico, Pakistan, Nigeria and several other countries.

This book focuses on treatment models for parents, primarily pregnant and parenting women, including descriptions of treatments that focus on parental addiction and the parent-child relationship within a developmental framework.
Planning and observation of children under three. Helen Bradford, 2012. This book explains why the planning cycle is important when caring for and supporting young children. It looks at the links between observation, planning, and assessment. Taking a holistic approach to supporting children's learning, it shows how a range of observation strategies can provide insight into children's social, emotional, physical, and cognitive development and demonstrates how practitioners can develop appropriate planning and observation techniques for babies and toddlers.

Preemie primer: A complete guide for parents of premature babies from birth through the toddler years and beyond. Jennifer Gunter, 2010. Having a premature baby can be a crash course in both medicine and health economics, not just in parenting. Parents face complex information, difficult decisions, and overwhelming grief and worry. This book is a comprehensive resource, covering topics from delivery, hospitalization, and preemie development to parenting multiples, handling health issues, and finding special-needs programs.

Ready for air: A journey through premature motherhood. Kate Hopper, 2013. With candor, grace, and a healthy dose of humor, Hopper takes us into the final weeks of her pregnancy, the first weeks of her daughter Stella's life, and the isolated world she and her husband inhabited when they took their daughter home. She is down-to-earth and honest about the hard realities of having a baby, as well as the true joys of motherhood.

Retro baby: Cut back on all the gear and boost your baby’s development with more than 100 time-tested activities. Anne H. Zachary, 2014. Baby bouncers, carriers, electronic toys, and “educational” videos are intended to make our children smarter and our lives easier, but can their overuse negatively impact infant development? Absolutely. This book helps caregivers understand the potential dangers of extended equipment use and overexposure to technology.

Sleep: What every parent needs to know, 2nd ed. Rachel Y. Moon, 2013. Sooner or later, most parents face challenges at bedtime. From infants and toddlers, to school-age kids and adolescents, sleeptime problems can affect everyone in the family. No matter what your child’s difficulty may be, getting to sleep, staying asleep, bed-wetting, fears or nightmares, it’s never too late to take steps to correct it.
This book aims to raise the standard of services provided to families without homes through practices that are strengths-based and culturally competent. This book provides a contextual overview of family homelessness. An ecological and developmental framework for understanding the implications of homelessness from infancy through adulthood are presented with reference to existing research. The book also addresses innovative designs for providing collaboration between and among diverse services that interface with families experiencing homelessness.

Understanding families: Supportive approaches to diversity, disability, and risk, 2nd ed. Marci J. Hanson, Eleanor W. Lynch and Mary Poulsen, 2013.
This book helps readers work with a broad range of families who have diverse structures, backgrounds, and circumstances. Learn to communicate and collaborate effectively with every family they serve; support families of children with disabilities; advance strong parent–child attachment and interactions; address risk factors such as poverty, addiction, and violence; promote the mental health of young children; and more.

What makes children happy, confident and successful? This book provides a practical model for helping children flourish and achieve their personal potential in every area of their lives. Drawing on ideas from positive psychology and child development theory, the model explores the five key areas of wellbeing: personal strengths, emotional wellbeing, positive communication, learning strengths, and resilience.

Having a baby is a life-changing event for parents, and giving birth prematurely can bring a complex set of challenges and emotions to an already intense experience. In this book, Dr. Laurent guides parents through life with a premature baby, giving them the tools, they need to parent confidently.
American Academy of Pediatrics has created the website, Healthy Children, to assist parents with scientific information about raising healthy children. For more information, go to healthychildren.org.

Early Childhood Intervention (ECI) is a statewide program within the Texas Health and Human Services Commission for families with children birth up to age 3 with developmental delays, disabilities or certain medical diagnoses that may impact development. ECI services support families as they learn how to help their children grow and learn. For more information, go to https://hhs.texas.gov/services/disability/early-childhood-intervention-services.

Keep Connected provides resources for parents on how to strengthen relationships with their young children. For more information, go to keep-connected.searchinstitute.org/bringing-out-the-best-in-your-family/.

For Grandparents:

Supporting Grandparents Raising Grandchildren will assist, identify, promote, coordinate, and disseminate information, resources, and the best practices available to help grandparents and other older relatives both meet the needs of the children in their care and maintain their own physical and mental health and emotional well-being. For more information, go to https://acl.gov/programs/support-caregivers/supporting-grandparents-raising-grandchildren-0.

For Fathers:

National Center for Fathering provides practical, research-based training and resources that equip men in virtually every fathering situation to be the involved fathers their children need. For more information, go to fathers.com

For Siblings:

Sibling Support Project is a national effort dedicated to the life-long concerns of brothers and sisters of people who have special health, developmental, or mental health concerns. For more information, go to